

Crystal Wilson

Silver and Gold Bio 2019

Crystal Wilson '97, '04, '09 received a bachelor of Food and Nutrition, Master's degree in Adult Education and specialist degree in Adult/Organizational Learning and Leadership from the University of Idaho. Prior to working for Dairy West as VP of Employee Development and Engagement, she worked in nutrition and wellness roles for 20 years. In her current role, she is responsible for the strategic planning, development and execution of programs for health professionals and educators in Idaho.

Wilson uses her breadth of knowledge to inform Idaho communities of child nutrition for healthier lifestyles. She is a CALS Advisory Board member and has served as a mentor for students statewide in their higher education and career options. She has been recognized in her field by receiving the outstanding Dietitian of the year award in 2013 and the Young dietitian of the year award in 2002.

With the goal of improving the health of students in Idaho, Wilson is quick to partner on projects linking physical activity and improved academic behaviors. Fuel Up to Play 60 partnership focused on increasing healthy food options and physical activity during the school day, and was the lead for the Wellness Advisory Committee of the Healthy Eating, Active Living network in the state.

Her nominators write "With a willingness to go above and beyond, Crystal has truly impacted children and families across Idaho," and "as a leader, she is well respected in the field for health and wellness and probably one of my favorite partners to work alongside."

The Silver and Gold award recognizes alumni who have distinguished record of achievement and service in his/her specialized area of endeavor, thus bringing honor and recognition to the university. In consideration of this, and the effort to improve the cultural and social well-being of society Crystal Wilson is the 2018 awardee.