

CURRICULUM VITAE

University of Idaho

NAME: Annie J. Roe

DATE: December 23, 2023

RANK OR TITLE: Extension Specialist, Assistant Professor, Director of Eat Smart Idaho

DEPARTMENT: Margaret Ritchie School of Family and Consumer Sciences

OFFICE LOCATION AND CAMPUS ZIP:

Mary Hall Niccolls Building 103C Zip 3183

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DATE OF FIRST EMPLOYMENT AT UI: June 6, 2006

DATE OF TENURE: untenured

DATE OF PRESENT RANK OR TITLE: March 21, 2016

EDUCATION BEYOND HIGH SCHOOL:

Degrees

PhD, Tufts University, Boston, MA, 2015, nutrition, specialization in nutritional cognitive neuroscience

BS, University of Idaho, Moscow, ID, 2007, food and nutrition, coordinated program in dietetics

MS, University of Montana, Missoula, MT, 2005, health and human performance, exercise science option

BS, University of Mary, Bismarck, ND, 2002, biology

Certificates and Licenses

Registered Dietitian, 2008

EXPERIENCE

Teaching, Extension and Research Appointments

2016-Present Extension Specialist, Assistant Professor, Director of Eat Smart Idaho, University of Idaho

2015-2016 Post-Doctoral Research Scientist in Food and Nutrition, University of Idaho

2010-2015 Research Assistant, Jean Mayer USDA Human Nutrition Research Center on Aging at Tufts University, Neuroscience and Aging Laboratory

2011 Research Assistant, Jean Mayer USDA Human Nutrition Research Center on Aging at Tufts University, Carotenoids and Health Laboratory

2008-2010 Lecturer/Temporary Faculty, University of Idaho

2006, 2007 (summer) Nutrition and Fitness Teacher/Mentor, Upward Bound, University of Idaho.

2004 Research Assistant and Laboratory Technician, University of Montana, Human Performance Laboratory

Non-Academic Employment

2007-2010 Registered Dietitian, Washington State University

2007 Fitness Center Tech, Coeur d'Alene Tribal Wellness Center, Plummer, ID

2005-2006 Dietary Aide, Latah Health Services. *Note: Latah Health Services closed in December 2006

2004-2005 Assistant Track and Field Coach, Missoula Co. Public Schools, Missoula, MT

2004-2005 Fitness Center Tech, Saint Patrick Hospital, Missoula, MT

2003 Head Boys and Girls Track and Field Coach, St. Maries School District, St. Maries, ID

TEACHING ACCOMPLISHMENTS

Areas of Specialization: Nutritional Cognitive Neuroscience, Community Nutrition Education, Program Evaluation

Courses Taught

Research in Nutrition Education and Behavior, University of Idaho, FCS 502, Spring 2023, Fall 2023
 Research in Nutrition and Cognition, University of Idaho, FCS 499 Spring 2022
 Nutrition and Myalgic Encephalomyelitis, University of Idaho, FCS 502, Spring 2022
 Food in Idaho Wilderness, University of Idaho, FCS 502, Spring 2021
 Research in Nutrition Education, University of Idaho, FCS 499, Spring 2021
 Applications of Social Marketing, University of Idaho, FCS 502, Spring 2020
 Nutrition and Behavior, University of Idaho, FCS 502, Fall 2019
 Helping Skills in Dietetics, University of Idaho, FCS 463, Fall 2015
 Nutrition and Behavior, Tufts University (co-taught with faculty mentor), PSY/NUTR 128, Fall 2013
 Research Methods in Food & Nutrition, University of Idaho, FCS 390, Spring 2010, 2009
 Introduction to Clinical Dietetics, University of Idaho, FCS 362, Spring 2010, 2009
 Advanced Nutrition, University of Idaho, FCS 361, Fall 2009, 2008
 Advanced Nutrition Lab, University of Idaho, FCS 365, Fall 2009, 2008
 Sports Nutrition, University of Idaho, FCS 305, Fall 2009, 2008

Teaching Assistant

Nutrition through the Life Cycle, Tufts University, NUTR 301, Spring 2014
 Nutrition Policy Doctoral Seminar, Tufts University, NUTR 404, Spring 2014, Fall 2013
 Sports Nutrition, University of Idaho, FCS 305, Summer 2006
 Exercise Physiology Lab, University of Montana, Fall 2003, 2004, Spring 2004, 2005

Students Advised

Graduate Students

Major advisor

Jolene Whiteley, MS-Nutritional Science, MS-Dietetics, current student
 Hanna Kindelshire, MS-Nutritional Science, MS-Dietetics, current student
 Jacqueline Davis, MS-Nutritional Science, MS-Dietetics, current student
 Heidi Holubetz, MS-Family & Consumer Sciences, MS-Dietetics, Spring 2023, *Utilizing focus groups to identify nutrition education needs and implementation strategies for the wildland firefighter.*
 Victoria Wilks, MS- Family & Consumer Sciences, Summer 2022, *Perceptions of beef and early cognitive development: infants' early dietary intake of beef and cognitive outcomes at 3-5 years of age.*
 Cassandra Partridge, MS- Family & Consumer Sciences, Spring 2020, *Investigating the relationships among self-reported carotenoid intakes, skin carotenoid concentrations and cognitive outcomes in early adolescents.*
 Meredith LaFrance, MS- Family & Consumer Sciences, Spring 2020, *Self-reported total vegetable intake, but not fruit, is associated with higher cognitive test scores among university students.*
 Morgan Pearson, MS- Family & Consumer Sciences, Fall 2019, *Effects of a 12-week dairy-based probiotic dietary intervention on cognitive outcomes in older adults.*
 Anuradha Parajuli, MS-FCS, Spring 2019, did not complete
 Jessica Brickly, MS- Family & Consumer Sciences, Spring 2018, *Plan, shop, and go – Eat Smart Idaho! an interactive online curriculum for Idaho SNAP-Ed.*

Served on graduate committee

Cassandra Partridge, PhD-Nutritional Sciences, current student
 Alex Gogel, PhD-Nutritional Sciences, current student
 Neal Ricks, PhD-Education, current student
 Raveen Rani, MS-Nutritional Sciences, current student
 Samantha Brooks, PhD-Movement Sciences, Spring 2021, *Nutrient intake, body composition, and performance measures of wildland firefighters: a longitudinal analysis.*
 Justin Holmes, MS-Movement Sciences, 2020, did not complete

Research assistants

Fall 2023: Charlene Stevens, Raveen Rani
 Summer 2023: Charlene Stevens, Raveen Rani
 Spring 2023: Jolene Whiteley, Hannah Kindelspire, Charlene Stevens, Raveen Rani
 Fall 2021: Samantha Brooks
 Spring 2020: Morgan Pearson
 Fall 2019: Cassandra Partridge

Student interns

Sophia Raasch, Applied Community Nutrition, UI Coordinated Program in Dietetics, Summer 2023
 Erika Butler, Applied Community Nutrition, UI Coordinated Program in Dietetics, Summer 2023
 Megan Follette, Applied Community Nutrition, UI Coordinated Program in Dietetics, Fall 2022
 Meredith LaFrance, Applied Community Nutrition, UI Coordinated Program in Dietetics, Fall 2019
 Cassandra Partridge, Extension Internship, Summer 2019

Undergraduate Students

Research assistants

Spring 2022: Breanna Harmon, Maxine Moulton, Carol Morrison, Miranda Collett, Destiny Whitmire, Jolene Whiteley, Abril Correa
 Summer 2021: Megan Follette
 Spring 2021: Peyton Goodman, Megan Follette
 Spring 2020: Anna Shaw, Devin Green, Elizabeth Johnson

Student interns

Jolene Whiteley, Eat Smart Idaho Community Nutrition Program Evaluation, Summer 2022
 Hannah Kindelspire, Extension Intern in Nutrition Education, Summer 2022
 Lynette Gannon, Applied Community Nutrition, UI Coordinated Program in Dietetics, Fall 2021
 Jenna Gardiner, Eat Smart Idaho Community Nutrition Program Evaluation, Summer 2021
 Bin Liang, Eat Smart Idaho Community Nutrition Program Evaluation, Summer 2021
 Ilse Moreno, Applied Community Nutrition, UI Coordinated Program in Dietetics, Fall 2020

Other

Katy Wicks, Extended Learning Internship (Moscow High School), Spring 2018

Materials Developed (non-scholarship activity)

* Mentored student

- Roe, A.,** *Butler, E., *Raasch, S. (2023). *Plant your plate: early childcare garden and nutrition education program*. [Lesson plan, sustainability plan, handouts].
- Roe, A.,** Richel, K., *Raasch, S. *Butler, E. (2023). *Taste of the Palouse: lunch and learn community nutrition education cooking demonstration*. [Survey, handouts].
- Roe, A.,** Hansen, K., Johnson, S., Peutz, J., Lee, S.G., Hickok, K. (2023). *Healthy retail needs assessment: grocery shopping survey for Idaho residents*. [Survey and electronic data collection].
- Roe, A.,** Richel, K., *Follett, M. (2022). *Taste of the Palouse: community nutrition education cooking demonstration*. [Survey, handouts].
- Roe, A.,** *Kindelspire, H. (2022). *Fish and family: cooking and eating trout with your child*. [Video series, survey].
- Roe, A.,** Peutz, J., Johnson, S., Lee, S., Hickok, K., Hansen, K., *Whiteley, J. (2022). *Long Live Idaho 3.0: social marketing campaign*. [Promotional items, survey, protocol].
- Roe, A.,** Johnson, S., Gardiner, K., Peutz, J., Lee, S.G., Hansen, K. (2022). *Handwashing/germ city-youth one-time lesson evaluation*. [Survey].
- Roe, A.,** Johnson, S., Gardiner, K., Peutz, J., Lee, S.G., Hansen, K. (2022). *Re-think your drink- youth one-time lesson evaluation*. [Survey].

- Roe, A., Johnson, S., Gardiner, K., Peutz, J., Lee, S.G., Hansen, K. (2022). *Color your plate- youth one-time lesson evaluation*. [Survey].
- Roe, A., Johnson, S., Gardiner, K., Peutz, J., Lee, S.G., Hansen, K. (2022). *Read it before you eat it: the nutrition facts label- youth one-time lesson evaluation*. [Survey].
- Roe, A., Johnson, S., Gardiner, K., Peutz, J., Lee, S.G., Hansen, K. (2022). *Make half your grains whole- youth one-time lesson evaluation*. [Survey].
- Roe, A., Johnson, S., Gardiner, K., Peutz, J., Lee, S.G., Hansen, K. (2022). *Power up your day- youth one-time lesson evaluation*. [Survey].
- Roe, A., Johnson, S., Gardiner, K., Peutz, J., Lee, S.G., Hansen, K. (2022). *Healthier foods-fast- youth one-time lesson evaluation*. [Survey].
- Roe, A., Johnson, S., Gardiner, K., Peutz, J., Lee, S.G., Hansen, K. (2022). *Physical activity and flexibility- youth one-time lesson evaluation*. [Survey].
- Roe, A., Johnson S., Peutz J., Lee S., Hansen K. (2022). *Eat Smart Idaho: School and Early Childcare Wellness project evaluation*. [Targeted interview questionnaire, protocol].
- Roe, A., Johnson S., Peutz J., Lee S., Hansen K. (2022). *Eat Smart Idaho: Healthy and Active Communities project evaluation*. [Targeted interview questionnaire, protocol].
- Roe, A. (2021). *Eat Smart Idaho: Smarter Lunchrooms Movement project evaluation*. [Targeted interview questionnaire, protocol].
- Roe, A., Johnson, S., Peutz, J., Lee, S., Foist, L., Hansen, K. (2021). *Long Live Idaho 2.0 project evaluation*. [Partner survey and electronic data collection form].
- Roe, A., Kim, J.H., Hoffman, K., Jensen, K., Verburg-Hamlett, J. (2021). *FCS Extension in-service pre-assessment*. [Survey].
- Roe, A., Johnson, S., Peutz, J., Lee, S., Foist, L., Hansen, K. (2021). *Smarter Lunchrooms Movement: evaluation of project and partner schools*. [Qualitative questionnaire and electronic data collection form].
- Roe, A. (2020). *Family and Consumer Sciences Extension virtual in-service pre-assessment*. [Survey].
- Roe, A., Johnson, S., Peutz, J., Lee, S., Foist, L., Hansen, K. (2020). *Idaho smarter lunchrooms movement collaborative assessment*. [Partner survey and electronic data collection form].
- Roe, A., Johnson, S., Peutz, J., Lee, S., Foist, L., Hansen, K. (2020). *Grow a healthy family spring break challenge*. [Virtual program and handout, protocol].
- Roe, A., *Partridge, C., Sol, J., Domitrovich, J. (2020). *Large fire food contract changes for 2020*. [Handout].
- Roe, A., Johnson S., Peutz J., Lee S., Foist L., Hansen K. (2019). *Eat Smart Idaho Healthy Pantry project partner evaluation*. [Pantry director interview questionnaire, protocol, and electronic data collection form].
- Roe, A., Hansen, K., Johnson, S., Peutz, J., Lee, S.G., Foist, L. (2019; updated annually). *Eat Smart Idaho partner sites and programs*. [Data collection form and protocol].
- Roe, A., Hansen, K., Johnson, S., Peutz, J., Lee, S.G., Foist, L. (2019). *Eat Smart Idaho Healthy Pantry project patron evaluation*. [Patron survey, protocol, and electronic data collection form].
- Roe, A., Hansen, K., Johnson, S., Peutz, J., Lee, S.G., Foist, L. (2019). *Long Live Idaho reach assessment*. [Survey and electronic data collection form].
- Roe, A., *LaFrance, M., Johnson, S., Peutz, J., Lee, S., Hansen, K. (2019). *Long Live Idaho 2.0 social marketing campaign*. [Promotional items, survey, protocol].
- Roe, A., Hansen, K., Johnson, S., Peutz, J., Lee, S.G., Foist, L. (2019). *Choose plan do – adult one-time lesson evaluation*. [Survey].
- Roe, A., Hansen, K., Johnson, S., Peutz, J., Lee, S.G., Foist, L. (2019). *Fruits and vegetables and smart drink choices – adult one-time lesson evaluation*. [Survey].
- Roe, A., Hansen, K., Johnson, S., Peutz, J., Lee, S.G., Foist, L. (2019). *Making smart drink choices – adult one-time lesson evaluation*. [Survey].
- Roe, A., Hansen, K., Johnson, S., Peutz, J., Lee, S.G., Foist, L. (2019). *MyPlate – adult one-time lesson evaluation*. [Survey].
- Roe, A., Hansen, K., Johnson, S., Peutz, J., Lee, S.G., Foist, L. (2019). *Plan: know what's for dinner – adult one-time lesson evaluation*. [Survey].
- Roe, A., Hansen, K., Johnson, S., Peutz, J., Lee, S.G., Foist, L. (2019). *Shop for value: check the facts – adult one-time lesson evaluation*. [Survey].
- Roe, A., Hansen, K., Johnson, S., Peutz, J., Lee, S.G., Foist, L. (2019). *Shop: get the best for less – adult one-time lesson evaluation*. [Survey].
- Roe, A., Hansen, K., Johnson, S., Peutz, J., Lee, S.G., Foist, L. (2019). *Smart choices when eating fast*

- food – adult one-time lesson evaluation.* [Survey].
- Roe, A.,** Hansen, K., Johnson, S., Peutz, J., Lee, S.G., Foist, L. (2019). *Smart size your portions – adult one-time lesson evaluation.* [Survey].
- Roe, A.,** Hansen, K., Johnson, S., Peutz, J., Lee, S.G., Foist, L. (2019). *Making smart breakfast choices – adult one-time lesson evaluation.* [Survey].
- Roe, A.,** Hansen, K., Johnson, S., Peutz, J., Lee, S.G., Foist, L. (2019). *Making smart lunch choices – adult one-time lesson evaluation.* [Survey].
- Roe, A.,** Hansen, K., Johnson, S., Peutz, J., Lee, S.G., Foist, L. (2019). *Fix it safe – adult one-time lesson evaluation.* [Survey].
- Roe, A.** (2018). *Eat Smart Idaho: healthy pantry/healthy food drive adoption and partnership assessment.* [Survey].
- Roe, A.** (2018). *Eat Smart Idaho: healthy pantry recipe pillar assessment.* [Survey].
- Roe, A.** (2018). *Smarter Lunchrooms Movement: scorecard and partnership assessment.* [Electronic data collection survey].
- Roe, A.** (2018). *Supplemental Nutrition Assistance Program Education and Administrative Reporting System (EARS) electronic data collection.* [Survey].
- Roe, A.,** *Bricky, J., Comer, E., Hansen, K. (2018). *Plan, Shop, and Go – Eat Smart Idaho!* [Online curriculum].
- Roe, A.,** Hansen, K., Johnson, S., Peutz, J., Lanting, R., Buck, J. (2017). *Physical activity needs assessment: Ada County.* [Survey].
- Roe, A.,** Hansen, K., Johnson, S., Peutz, J., Lanting, R., Buck, J. (2017). *Physical activity needs assessment: Bonneville County.* [Survey].
- Roe, A.,** Hansen, K., Johnson, S., Peutz, J., Lanting, R., Buck, J. (2017). *Physical activity needs assessment: Canyon County.* [Survey].
- Roe, A.,** Hansen, K., Johnson, S., Peutz, J., Lanting, R., Buck, J. (2017). *Physical activity needs assessment: Cassia County.* [Survey].
- Roe, A.,** Hansen, K., Johnson, S., Peutz, J., Lanting, R., Buck, J. (2017). *Physical activity needs assessment: Twin Falls County.* [Survey].
- Roe, A.,** Hansen, K., Johnson, S., Peutz, J., Lanting, R., Buck, J. (2017). *Physical activity needs assessment: Gem County.* [Survey].
- Roe, A.,** Hansen, K., Johnson, S., Peutz, J., Lanting, R., Buck, J. (2017). *Physical activity needs assessment: Jerome County.* [Survey].
- Roe, A.,** Hansen, K., Johnson, S., Peutz, J., Lanting, R., Buck, J. (2017). *Physical activity needs assessment: Kootenai County.* [Survey].
- Roe, A.,** Hansen, K., Johnson, S., Peutz, J., Lanting, R., Buck, J. (2017). *Physical activity needs assessment: Payette County.* [Survey].
- Roe, A.** (2017). *Physical Activity Needs Assessment.* [Survey dissemination protocol].
- Peutz, J., Morrisroe-Aman, B., **Roe, A.,** Hansen, K., Johnson, J., and Telford, N. (2016). *Long Live Idaho social marketing campaign.* [Promotional materials, protocol].

Non-credit Classes, Workshops, Seminars, Invited Lectures, etc.

*Mentored student

- Eat Smart Idaho.** (2022-2023). Eat Smart Idaho (paraprofessionals) taught 1997 classes to adults and youth.
- Roe, A.** (2023) *Eat Smart Idaho: A University of Idaho Extension Program.* [Invited lecture]. University of Idaho: FN 491 Community Nutrition, Moscow, ID.
- Roe, A.** (2023). *Nutritional components of behavioral health.* [Invited webinar]. Project ECHO (Extension for Community Health Outcomes) Behavioral Health in Primary Care series.
- Roe, A.** (2023). *Eat Smart Idaho 2022 highlights and teambuilding.* [Virtual workshop]. Eat Smart Idaho.
- *Butler, E., *Raasch, S., Richel, K., **Roe, A.** (2023). *Taste of the Palouse.* [Workshop]. University of Idaho Extension, Moscow, ID.
- *Raasch, S., *Butler, E., **Roe, A.** (2023). *Plant Your Plate.* [Workshop]. University of Idaho Extension, Moscow, ID.
- Roe, A.** (2022). *Eat Smart Idaho administrative team training: WebNEERS tutorial.* [Virtual workshop]. University of Idaho Extension.
- Roe, A.** (2022) *Eat Smart Idaho: A University of Idaho Extension Program.* [Invited lecture]. University of Idaho: FN 491 Community Nutrition, Moscow, ID.

- *Follette, M., Richel, K., **Roe, A.** (2022). *Taste of the Palouse*. [Workshop]. University of Idaho Extension, Moscow, ID.
- Roe, A.** (2022). *Eat Smart Idaho: overview and impacts*. [Invited presentation]. University of Idaho Extension Advisory Committee, Moscow, ID.
- Becker, H.**, Roe, A. (2022). *Promoting positive attitudes toward food in the classroom*. [Workshop]. Culinary Base Camp, Moscow, ID.
- Eat Smart Idaho.** (2021-2022). Eat Smart Idaho (paraprofessionals) taught 1975 classes to adults and youth.
- Roe, A.** (2021). *Eat Smart Idaho statewide training*. [Virtual workshop]. University of Idaho Extension.
- Eat Smart Idaho.** (2020-2021). Eat Smart Idaho (paraprofessionals) taught 1932 classes to adults and youth.
- Eat Smart Idaho.** (2019-2020). Eat Smart Idaho (paraprofessionals) taught 1448 classes to adults and youth.
- Roe, A.**, *Partridge, C. (2019). *What nutritional science teaches us about fueling the teenage brain*. [Workshop]. 4-H State Teen Association Convention, Moscow, ID.
- Roe, A.**, *Partridge, C., *LaFrance, M. (2019). *Fun with food*. [Workshop]. CALS Summer of Science at the Moscow Farmers' Market, Moscow, ID.
- Roe, A.**, *Partridge, C., Brute, M., Gratopp, E., Panarella, K., Stluka, S. (2019). *50th anniversary of EFNEP: a history that includes you*. [Presentation]. Society of Nutrition Education and Behavior annual meeting, Orlando, FL.
- Eat Smart Idaho.** (2018-2019). Eat Smart Idaho (paraprofessionals) taught 2039 classes to adults and youth.
- Roe, A.**, Auld, G. (2018). *Making sense of your data*. [Invited lecture]. Western Region Expanded Food and Nutrition Education Program Annual Meeting, Fort Collins, CO.
- Roe, A.**, Hansen, K, Morrisroe-Aman, B. (2018). *Long Live Idaho evaluation*. [Virtual presentation]. Idaho Healthy Eating Active Living (HEAL) Messaging Committee.
- Roe, A.** (2018). *What nutritional science teaches us about fueling the teenage brain*. [Workshop]. 4-H State Teen Association Convention, Moscow, ID.
- Roe, A.** (2018). *Eat Smart Idaho statewide training*. [Workshop]. Moscow, ID.
- Roe, A.** (2018). *Eat Smart Idaho: overview and impacts*. [Invited presentation]. Latah County League of Women Voters, Moscow, ID.
- Roe, A.** (2018). *Eat Smart Idaho: overview and impacts*. [Invited presentation]. University of Idaho Extension Advisory Committee, Moscow, ID.
- Roe, A.**, Hansen, K. (2018). *Eat Smart Idaho impacts and outcomes*. [Presentations]. Meetings with Idaho State Senators and Representatives, Washington, D.C.
- Eat Smart Idaho.** (2017-2018). Eat Smart Idaho (paraprofessionals) taught 2204 classes to adults and youth.
- Roe, A.** (2017). *Eat Smart Idaho statewide training*. [Workshop]. Boise, ID.
- Roe, A.** (2017). *Eat Smart Idaho curriculum training* [Workshop]. Caldwell, ID.
- Roe, A.** (2017). *Smarter Lunchrooms Idaho: success stories and strategies*. [Invited presentation]. National Smarter Lunchrooms Symposium, Ithaca, NY.
- Roe, A.** (2017). Dietary Guidelines for Americans: focus on fat. Presented as part of the Idaho Academy of Nutrition and Dietetics Annual Meeting. Boise, ID.
- Roe, A.**, Hansen, K. (2016). Smarter Lunchrooms Movement. Eat Smart Idaho statewide training. Boise, ID.
- Eat Smart Idaho.** (2016-2017). Eat Smart Idaho (paraprofessionals) taught 1756 classes to adults and youth.
- Roe, A.** (2016). Food Insecurity Workshop. University of Idaho Ag Days FCS workshop. Moscow, ID.

SCHOLARSHIP ACCOMPLISHMENTS

* Mentored graduate student

1 – corresponding (senior) author; 2 – designed study; 3 – obtained funding for study; 4 – oversaw conduct of study; 5 – contributing participant in associated workshop or activity; 6 – major role in manuscript preparation

Publications

Refereed/Adjudicated

- Roe, A.J.**, Sankavaram, K., Baker, S., Franck, K., Puglisi, M., Earnesty, D., Henson, T. (2023). 24-hour dietary recall in the expanded food and nutrition education program: perspective of the program coordinator. *Nutrients*, 15(19), 4147. <https://doi.org/10.3390/nu15194147>. (1, 2, 4, 6) Impact Factor 5.9
- Franck, K., Puglisi, M., **Roe, A.J.**, Baker, S., Henson, T., Earnesty, D., Sankavaram, K. (2023). Conducting 24-hour dietary recalls in group settings with adults having low-income: perspectives of EFNEP peer-educators. *Nutrients*, 15(18), 4020. <https://doi.org/10.3390/nu15184020> (2, 4, 6) Impact Factor 5.9
- *Holubetz, H., Brown, A.F., Domitrovich, J., **Roe, A.J.** (2023). Utilizing focus groups to identify nutrition education needs and implementation strategies for the wildland firefighter. *Journal of Occupational and Environmental Medicine*, 10.1097/JOM.0000000000002959. Advance online publication. <https://doi.org/10.1097/JOM.0000000000002959> (1, 2, 3, 4, 6) Impact Factor 3.2
- Brooks, S.J., Candow, D.G., **Roe, A.J.**, Fehrenkamp, B.D, *Wilk, V.C, Bailey, J.P., Krumpl, L., Brow, A.F. (2023). Creatine monohydrate supplementation changes total body water and DXA lean mass in female collegiate dancers. *Journal of the International Society of Sports Nutrition*, 20(1), 2193556. <https://doi.org/10.1080/15502783.2023.2193556> (2, 4, 6) Impact Factor 5.1
- Sankavaram, K., **Roe, A. J.**, *Whiteley, J., Price, W. J. (2022). Diet quality and nutrition behavior of Federal Nutrition Education Program participants before and during the COVID-19 pandemic. *Nutrients*, 15(1), 141. <https://doi.org/10.3390/nu15010141> (1, 2, 4, 6) Impact Factor 5.9
- *Wilk, V., McGuire, M.K., **Roe, A.J.** (2022). Early life beef consumption patterns are related to cognitive outcomes at 1-5 years of age: an exploratory study. *Nutrients*, 14(21), 4497. <https://doi.org/10.3390/nu14214497> (1, 2, 3, 4, 6) Impact Factor 5.9
- *Brooks, S. J., West, M. R., Domitrovich, J. W., Sol, J. A., Holubetz, H., Partridge, C., Ruby, B. C., Brown, A. F., & **Roe, A. J.** (2021). Nutrient intake of wildland firefighters during arduous wildfire suppression: macronutrient and micronutrient consumption. *Journal of Occupational and Environmental Medicine*, 63(12), e949–e956. <https://doi.org/10.1097/JOM.0000000000002413> (1, 6) Impact Factor 3.2
- Roe, A.J.**, Morrisroe-Aman, B., Foist, L., Lee, S.G., Johnson, S., Peutz, J., Hansen, K. (2021). Long Live Idaho!: lessons learned from a supplemental nutrition assistance program education social marketing campaign. *Journal of the National Extension Association of Family and Consumer Sciences*, <https://neafcs.memberclicks.net/assets/documents/journal/2021-jneafcs/Long%20Live%20Idaho%20-%20Lessons%20Learned.pdf> (1, 2, 3, 4, 6) No Impact Factor available
- Smith, B.M., Ramsay, S., **Roe, A.**, Forente, M., Brooks, S. (2019). Reducing visual differences in whole grain bread prepared with hard red and hard white wheat: application for sensory studies. *Journal of Food Science*, 84(8), 2325-2329. <https://doi.org/10.1111/1750-3841.14722> (6) Impact Factor 3.9
- Roe, A.J.**, Zhang, S., Bhadelia, R.A., Johnson, E.J., Lichtenstein, A.H., Rogers, G.T., Rosenberg, I.H., Smith, C.E., Zeisel, S.H., Scott, T.M. (2017). Choline and its metabolites are differently associated with cardiometabolic risk factors, history of cardiovascular disease, and MRI-documented cerebrovascular disease in older adults. *American Journal of Clinical Nutrition*, 105(6), 1283-1290. <https://doi.org/10.3945/ajcn116.137158> (2, 4, 6) Impact Factor 7.1
- Ramsay, S.A., **Roe, A.J.**, Davis J., Price, W.J., Johnson, S.L. (2017). Repeated exposures increases young children's consumption and liking of lentils. *Food Quality and Preference*, 62, 317-322. <https://doi.org/10.1016/j.foodqual.2017.03.002> (4, 5, 6) Impact Factor 5.3

Peer Reviewed/Evaluated (Extension Publications)

- Roe A.J.**, Johnson S., Gardiner K., Woodhouse B., Lee S.G., Hansen K., Hickok K., Peutz J., Jayo C., Whitehead H. (2023). Eat Smart Idaho's guide to hosting a healthy food drive. University of Idaho Extension, BUL (Accepted) (1, 5, 6)
- Roe, A.J.**, Hickok, K., Johnson, S., Gardiner, K., Woodhouse, B., Hansen, K., Whitehead, H. (2023). Healthy mealtimes in early childcare. *University of Idaho Extension*, BUL 1056 (Accepted) (1, 5, 6)
- Ginis, M., Johnson, S., **Roe, A.J.**, Gardiner, K., Hansen, K., Lee, S.G., Peutz, J., Hickok, K. (2023). Eat Smart Idaho presents: Long Live Idaho recipe book: 16 kid friendly recipes. *University of*

Idaho Extension, BUL (Accepted) (1, 5, 6).

- Roe, A.J.**, Johnson, S., Lee, S.G., Hickok, K., Peutz, J. (2023). Long Live Idaho bulletin series: Step away from the screen. *University of Idaho Extension*, BUL 1048. (Accepted) (1, 5, 6)
- Roe, A.J.**, Peutz, J., Johnson, S., Lee, S.G., Hickok, K. (2023). Long Live Idaho bulletin series: Power your day with produce. *University of Idaho Extension*, BUL1048. (Accepted) (1, 5, 6)
- Roe, A.J.**, Lee, S.G., Hickok, K., Peutz, J., Johnson, S. Long Live Idaho bulletin series: Make time to move. *University of Idaho Extension*, BUL 1048. (Accepted) (1, 5, 6)
- Roe, A.J.**, Hickok, K., Peutz, J., Johnson, S., Lee, S.G. (2023). Long Live Idaho bulletin series: Why not water. *University of Idaho Extension*, BUL 1048 (Accepted) (1, 5, 6)
- Roe, A.**, Agengroad, A., Elvira, J., Johnson, S., Peutz, J., Lee, S.G., Hansen, K., Whitehead, H. (2023). Market Fresh in a SNAP! *University of Idaho Extension*, BUL10125. Available at <https://www.uidaho.edu/extension/publications/publication-detail?id=bul1025>. (1, 5, 6)
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Other

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- Roe, A.** (2017, April). Eat Smart Idaho: spotlight on Long Live Idaho! *The Communicator.* University of Idaho.
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Refereed/Adjudicated (currently scheduled or submitted)

- Earnesty, D., Baker, S., Franck, K., **Roe, A.J.**, Puglisi, M. (submitted). Standardization of the 24-hour dietary recall form in the expanded food and nutrition education program. *Journal of Nutrition Education and Behavior.* (6)
- Leschewski, A., Pierce, S.J., Aragon, C., Baker, S., Duffy, N.O., Pybus, K., **Roe, A.J.**, Sankavaram, K., Sharma, D., Udahogora, M. (in revision). Research methods: a cost-benefit analysis of EFNEP utilizing biomarkers of chronic disease risk. (submitted, response to reviewers submitted) *the Journal of Nutrition Education and Behavior.* (2, 3, 4, 6)
- Partridge C, *LaFrance M, Brown K, McDunn B, **Roe A.J.** (submitted) Self-reported dietary carotenoid intake is related to cognitive outcomes in early adolescents. Scheduled to submit to *Food and Nutrition Research.* (1, 2, 3, 4, 6)
- Roe, A.J.**, Leschewski, A., Fitzgerald, N., Elvira, J., Hansen, K., Johnson, S., Lee, S.G., Peutz, J., (in progress). Using a validated food and physical activity questionnaire to determine optimal nutritional behaviors for assessing cost-benefit of federal nutrition education programs. Scheduled to submit to *Nutrients.* (1, 2, 3, 4, 6)
- Roe, A.J.**, *Pearson, M., Price, W.J., Buck, J.H., Yelland, E., Safaii-Waite, S. (in progress). Dairy-based probiotic consumption shows negligible effects on cognitive outcomes and emotional wellbeing in older adults. Scheduled to submit to *Nutrients* (special issue November 2023). (1, 2, 3, 4, 6)
- Roe, A.J.**, *Whiteley, J. (in progress). Physical Items Promote Behavior Change in a Social Marketing Campaign. Scheduled to submit to *Journal of Nutrition Education and Behavior.* (1, 2, 3, 4, 6)

Peer Reviewed/Evaluated (currently scheduled or submitted)

Other Creative Activities

Social Media Pages

- Eat Smart Idaho Facebook, <https://www.facebook.com/eatsmartidaho>. 1,152 followers (July 2023)
- Eat Smart Idaho Instagram, <https://www.instagram.com/eatsmartidaho/>. 651 followers (July 2023)
- Eat Smart Idaho in the Kitchen blog, <https://www.eatsmartidahointhekitchen.com>. 58 subscribers (July 2023)

Professional Meeting Presentations

*Mentored graduate/undergraduate student

†Presenting author

- †Leschewski A, Baker S, Pierce S, Pybus K, Udahogora M, Shelnut K, **Roe A**. A Cost-Benefit Analysis of EFNEP Utilizing Biomarkers of Chronic Disease Risk: Year One. *Journal of Nutrition Education and Behavior*. 2023 Jul 1;55(7):105.
- †Leschewski A, Pierce S, **Roe A**. Economic Evaluation of Nutrition Education Interventions – A Biomarker-Based Approach. Agricultural and Applied Economics Association 2023 Annual Meeting, Washington DC, July 23-25, 2023.
- *†Whiteley, J., Hansen, K., Johnson, S., Peutz, J., Lee, S.G., Hickok, K., **Roe, A.J.** (2023, April 24). *Long Live Idaho! Let's get healthy together 3.0* [Poster presentation]. University of Idaho Undergraduate Research Symposium, Moscow, ID.
- †Miner, K.R., **Roe, A.J.** (2022). Nutrition education teaching experience for college students through a partnership with Eat Smart Idaho to reach hidden hungry populations [Poster presentation]. *Journal of the Academy of Nutrition and Dietetics*, 122(10), A100. [https://www.jandonline.org/article/S2212-2672\(22\)00769-9/fulltext](https://www.jandonline.org/article/S2212-2672(22)00769-9/fulltext).
- *†Holubetz, H., **Roe, A.J.**, Brown, A., Domitrovich, J., Meyer, S., *Partridge, C., Brooks, S. (2022). *Utilizing focus groups to identify nutrition education needs and implementation strategies for the wildland firefighter* [Poster presentation]. Idaho Academy of Nutrition and Dietetics Annual Meeting, Boise, ID.
- *†Brooks, S. J., West, M. R., Domitrovich, J. W., Sol, J. A., *Holubetz, H., *Partridge, C., Ruby, B. C., Brown, A. F., **Roe, A. J.** (2021, November 30-December 3). *Nutrient intake of wildland firefighters during arduous wildfire suppression: macronutrient and micronutrient consumption* [Oral Presentation]. 9th International Fire Ecology and Management Congress, virtual meeting.
- *†Brooks, S., Bailey, J., **Roe, A.J.**, Richardson, C., Ruby, B., and Brown, A.F. (2020). Wildland firefighters' body composition, macronutrient and micronutrient intake pre and post wildfire season [Conference proceedings]. *International Journal of Exercise Science*, 8(8), 34. Available at: <https://digitalcommons.wku.edu/ijesab/vol8/iss8/34>.
- *†Partridge C, *LaFrance M, Brown K, McDunn B, **Roe A**. (2020). Self-reported dietary carotenoid intake is related to cognitive outcomes in early adolescents [Virtual conference presentation]. *Current Developments in Nutrition*, 4(Suppl 2):124. Available at https://doi.org/10.1093/cdn/nzaa041_028
- †Lee, S.G., **Roe, A.**, Jayo, C. (2020). Fruit and vegetable prescription program improves dietary intake and health benefits of at-risk pediatrics and caregivers [Poster presentation]. *Journal of Nutrition Education and Behavior*, 52(7), s46. Available at <https://doi.org/10.1016/j.jneb.2020.04.110>.
- †Ghimire, N., Hogge, J., Hines, S., Hansen, L., Ewers, T., Glaze, B., Buck, J., Dalton, N., De Haro Marti, M., Hart, K., Norell, R., Olsen, N., Ruth, A., **Roe, A.** (2020, February). *Program reporting in the Cooperative Extension: Focus, expectations, practices, and views*. [Oral presentation]. Extension Leadership Conference, San Antonio, TX.
- *†LaFrance, M., *Partridge, C., Brown, K., Haggerty, R., **Roe, A.** (2020). *Self-reported total vegetable intake, but not fruit, is associated with improved cognitive outcomes among university students*. Accepted to present at the 2020 Joint Educational Conference of the Idaho and Washington Academies of Nutrition and Dietetics. The conference was cancelled due to the 2020 coronavirus (COVID-19) pandemic.
- *†Pearson, M., **Roe, A.**, Safaii-Waite, S., Buck, J., Yelland, E., Price, W. (2020). *Effects of a 12-week dairy-based probiotic dietary intervention on cognitive outcomes in older adults*. Accepted to present at the 2020 Joint Educational Conference of the Idaho and Washington Academies of Nutrition and Dietetics. The conference was cancelled due to the 2020 coronavirus (COVID-19) pandemic.
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- the backbone for Smarter Lunchrooms success [Poster presentation]. *Journal of Nutrition Education and Behavior*, 50(7), s171. Available at [https://www.jneb.org/article/S1499-4046\(18\)30430-5/fulltext](https://www.jneb.org/article/S1499-4046(18)30430-5/fulltext).
- *†Bricky, J., Comer, E., Hansen, K., **Roe, A.** (2018). Eat, smart, plan, shop, save, and live: all the best words are already taken: creating an online nutrition education curriculum for Idaho [Poster presentation]. *Journal of Nutrition Education and Behavior*, 50(7), s156. Available at [https://www.jneb.org/article/S1499-4046\(18\)30398-1/fulltext](https://www.jneb.org/article/S1499-4046(18)30398-1/fulltext).
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- *Bricky, J., Comer, E., Hansen, K., †**Roe, A.** (2018). *Eat, smart, plan, shop, save, and live: all the best words are already taken: creating an online nutrition education curriculum for Idaho* [Poster presentation]. Annual Meeting of the Idaho Academy of Nutrition and Dietetics, Sun Valley, ID.
- †**Roe, A.**, Procter, S., Yerxa, K., Auld, G. (2018). *Quality of life – a transformational aspect of EFNEP* [Poster presentation]. National Expanded Food and Nutrition Education Coordinators' Conference, Washington, DC.
- †Morrisroe-Aman, B., Peutz, J., **Roe, A.**, Hansen, K., Comer, L., Telford, N., Johnson, S., Lanting, R., Buck, J. (2017). *Let's get healthy together* [Poster presentation]. National Health Outreach Conference, Annapolis, MD.
- †**Roe, A.J.**, Davis, J., Johnson, S., Ramsay, S. (2016). Use of repeated exposure and child centered nutrition phrases to influence children's intake of fiber from lentil [Poster presentation]. *Journal of the Academy of Nutrition and Dietetics*, 116(9), A61. Available at <https://doi.org/10.1016/j.jand.2016.06.214>.
- †**Roe, A.J.**, Davis, J.N., Johnson, S.J., Ramsay, S.A. (2016). The role of caregiver communication in children's liking and consumption of lentils [Poster presentation]. *The FASEB Journal*, 30(S1), 893.5. Available at https://faseb.onlinelibrary.wiley.com/doi/10.1096/fasebj.30.1_supplement.893.5.
- †**Roe, A.J.**, Lichtenstein, A.H., Rosenberg, I.H., Johnson, E.J., Scott, T.M. (2016). Choline and its metabolites are differentially associated with cardiometabolic risk and cardio and cerebrovascular disease [Poster presentation]. *The FASEB Journal*, 30(S1), 904:18. Available at https://doi.org/10.1096/fasebj.30.1_supplement.904.18.
- †**Roe, A.**, Egyir, B., Ellis, J., Millet, R., Tsao, L., Planck, S., Ramsay, S. (2015). *Preferences for hard white wheat and hard red wheat whole grain bread in children during scheduled snacks in group settings* [Poster presentation]. Whole Grain Summit, Portland, OR.
- †Poulose, S., Dielinski, D., Crott, J., **Roe, A.**, Thangthaeng, N., Shukitt-Hale, B. (2015). Effects of aging and walnut-rich diet on DNA methylation and expression of immediate-early genes in critical brain regions [Poster presentation]. *The FASEB Journal*, 29(S1), 749.7. Available at https://doi.org/10.1096/fasebj.29.1_supplement.749.7.
- †Scott, T., Chen, C.Y.O., Vishanathan, R., Mohn, E., **Roe, A.**, Johnson, E. (2015). Resistance of LDL against oxidation is related to macular pigment density and cognition in healthy older adults [Poster presentation]. *The FASEB Journal*, 29(S1), 900.7. Available at https://doi.org/10.1096/fasebj.29.1_supplement.900.7.
- †**Roe, A.**, Zhang, S., Crivello, N.A., Zhao, X., Johnson, E.J., Lichtenstein, A.H., Smith, C.E., Zeisel, S., Rosenberg, I.H., Scott, T.M. (2014). Choline and choline-related compounds are associated with cognitive performance and cerebrovascular pathology in older adults [Poster presentation]. *The FASEB Journal*, 28(S1), 135.5 Available at https://doi.org/10.1096/fasebj.28.1_supplement.135.5.
- †Crivello, N., Spires-Jones, T., Shukitt-Hale, B., Carey, A., **Roe, A.**, Smith, D., Blusztajn, J.K., Hyman, B., Rosenberg, I. (2013). Folate deficiency accelerates Alzheimer's disease related pathology in APP/PS1 mice [Poster presentation]. *The FASEB Journal*, 27(S1), 1077.8. Available at https://doi.org/10.1096/fasebj.27.1_supplement.1077.8.
- †**Roe, A.J.**, Scott, T.M., Chen, C.Y.O., Vishwanathan, R., Eggert, E.M.R., Schalch, W., Wittwer, J., Johnson, E.J. (2012). Carotenoids and lipid peroxidation in human brains with and without Alzheimer's disease [Oral presentation]. *The FASEB Journal*, 26(S1), 39.2 Available at https://doi.org/10.1096/fasebj.26.1_supplement.39.2.
- †**Goodson, A.**, Ruby, B. (2005). *Effects of supplemental carbohydrate on cognitive function during arduous wildfire suppression* [Poster presentation]. Regional American College of Sports

Medicine Conference, Seattle, WA.

Grants and Contracts Awarded

Active Grants and Contracts

- National Institute of Food & Agriculture/USDA, “Increasing trout consumption in young children and families for cognitive and mental health benefit.” PI: Annie Roe; Co-Investigators: Madison Powell, Carolyn Ross, Shelly Johnson, Siew Guan Lee, Jacob Bledsoe. Recommended for funding pending availability of FY2023 Congressional appropriations. August 2023-July 2028; \$1,115,500. (\$1,097,040 spending authority).
- Frozen Food Foundation, “Determining Frozen Produce Shopping Habits Unique to Low-Income, SNAP-Eligible Consumers. PI: Geb Bastain, Co-PI: Annie Roe. June 2023-May 2024; \$18,413. (No spending authority).
- Idaho Department of Health and Welfare (USDA, FNS), “FY2024 SNAP-Ed.” PI: Annie Roe; Co-Investigators: Kristin Hansen, Shelly Johnson, Joey Peutz, Siew Guan Lee, Katherine Hickok. 10/1/2023 – 9/30/2024. \$1,132,348.08. (complete spending authority).
- National Institute of Food & Agriculture/USDA, “FY24 Expanded Food and Nutrition Education Program.” PI: Annie Roe; Co-Investigators: Kristin Hansen, Shelly Johnson, Joey Peutz, Siew Guan Lee, Katherine Hickok. 10/01/2023 – 09/30/2024. \$395,975. (complete spending authority).
- National Institute of Health (INBRE Supplement), “Women’s health: Interplay of maternal diet and key demographics on neurological health in the rural frontier and remote west.” PI: Carolyn Bohach; Project Lead: Annie J. Roe. Requested funding: 10/2023 – 04/30/2024. \$260,792 (complete spending authority).
- UNLV (MW CTR-IN, Program, NIH), “Feasibility of egg-based diet interventions and assessing perinatal mental health.” PI: Annie Roe. 10/27/2022-10/26/2023. \$66,000. (Complete spending authority).
- National Institute of Food & Agriculture/USDA, “A Cost-Benefit Analysis of EFNEP Utilizing Biomarkers of Chronic Disease Risk.” PI: Andrea Leschewski; Co-Investigators: M Catalina Aragon, Kavitha Sankavaram, Susan Baker, Nicole Owens, Annie Roe, Dhruv Sharma. 01/01/2022 – 12/31/2026. \$963,334. (\$34,999 spending authority)
- National Institute of Food & Agriculture/USDA, “A Metacognition-Driven Professional Development Program for Educators of Farm to Early Care and Education in South Central Idaho.” PI: Shiyi Chen; Co-Investigators: Ariel Agengroad, Annie Roe, Ling-Ling Tsao. 01/01/2022 – 12/31/2024. \$499,999. (No spending authority)

Under Review

- National Science Foundation, “Using a metacognition-driven, inquiry-based, gardening-themed professional development program to enhance rural early childhood educators’ stem teaching capacity.” PI: Shiyi Chen; Co-Investigators: Seyedahmad Rahimi, Brant Miller, Iris Mayes, Annie Roe. 08/2024 – 07/30/2027. \$1,633,882. (No spending authority).

Completed Grants and Contracts

- Idaho Department of Health and Welfare (USDA, FNS), “FY2023 SNAP-Ed.” PI: Annie Roe; Co-Investigators: Kristin Hansen, Shelly Johnson, Joey Peutz, Siew Guan Lee, Katherine Hickok. 10/1/2022 – 9/30/2023. \$1,132,348.08 (complete spending authority).
- National Institute of Food & Agriculture/USDA, “FY23 Expanded Food and Nutrition Education Program.” PI: Annie Roe; Co-Investigators: Kristin Hansen, Shelly Johnson, Joey Peutz, Siew Guan Lee, Katherine Hickok. 10/01/2022 – 09/30/2023. \$397,104 (complete spending authority).
- University of Idaho Extension, “Fish and Family: Cooking and Eating Trout with your Child.” PI: **Annie Roe**; Collaborator: Madison Powell. 4/1/2022-6/30/2023. \$5,000 (complete spending authority).
- University of Idaho Extension, “Long Live Idaho! Let’s get healthy together. 3.0” PI: **Annie Roe**; Co-Investigators: Joey Peutz, Shelly Johnson, Siew Guan Lee, Kristin Hansen, Kali Gardiner, Heather Whitehead, Cammie Jayo, Becky Woodhouse, Christina Roe. 3/1/2022-6/30/2023. \$10,000 (complete spending authority)
- USDA Forest Service, “Wildland firefighter large fire food contract nutrition analysis and educational outreach.” PI: **Annie Roe**. Collaborators: Joseph Sol, Joseph Domitrovich, Brent Ruby, Ann Brown. 05/06/2019 – 12/31/2022. \$36,911 (complete spending authority).
- USDA Forest Service, “Eating attitudes and self-reported optimized shift food nutrient profile of wildland fire fighters.” PI: **Annie Roe**. Collaborators: Joseph Sol, Joseph Domitrovich, Brent Ruby, Ann Brown.

- 6/21/2018 – 12/31/2022. \$21,762 (complete spending authority).
- Idaho Beef Council, “Early Beef Consumption in Idaho: Perceptions, Practices, and Relationship to Child Cognition.” PI: **Annie Roe**; Co-Investigators: Michelle McGuire. 04/1/2021 – 06/30/2022. \$47,600 (complete spending authority).
- University of Idaho Extension, “Eat Smart Idaho – Targeting the Hidden Hungry.” PI: **Annie Roe**; Co-Investigators: Shelly Johnson, Kristin Hansen, Kali Gardiner, Joey Peutz, Siew Guan Lee, Cammie Jayo, Becky Woodhouse, Hydee Becker, Katie Miner. 10/1/2021 – 06/30/2022. \$9,997 (complete spending authority).
- Idaho Department of Health and Welfare (USDA, FNS), “FY2022 SNAP-Ed.” PI: **Annie Roe**; Co-Investigators: Kristin Hansen, Shelly Johnson, Joey Peutz, Siew Guan Lee, Marnie Spencer. 10/1/2021 – 9/30/2022. \$994,348 (complete spending authority).
- National Institute of Food & Agriculture/USDA, “FY22 Expanded Food and Nutrition Education Program.” PI: **Annie Roe**; Co-Investigators: Kristin Hansen, Shelly Johnson, Joey Peutz, Siew Guan Lee. 10/01/2021 – 09/30/2022. \$397,104 (complete spending authority).
- National 4-H Council and Wal-Mart Foundation, “4-H Healthy Habits.” PI: Maureen Toomey, Co-Investigators: **Annie Roe**, Laura Foist, Shelly Johnson, Siew Guan Lee, Joey Peutz. 09/01/2020 – 10/31/2021. \$37,420 (no spending authority).
- Idaho Department of Health and Welfare (USDA, FNS), “FY2021 SNAP-Ed.” PI: **Annie Roe**; Co-Investigators: Kristin Hansen, Shelly Johnson, Joey Peutz, Siew Guan Lee, Laura Foist. 10/1/2020 – 9/30/2021. \$994,348 (complete spending authority).
- National Institute of Food & Agriculture/USDA, “FY21 Expanded Food and Nutrition Education Program.” PI: **Annie Roe**; Co-Investigators: Kristin Hansen, Shelly Johnson, Joey Peutz, Siew Guan Lee, Laura Foist. 10/01/2020 – 09/30/2020. \$397,104 (complete spending authority).
- Dairy West, “Fueling center sports nutrition education.” PI: Ann Brown; Co-Investigators: C. Walsh, **A. Roe**, M. McGuire, M. Skeikh, J. Hall, J. Miller. 09/01/2020 – 08/30/2021. \$30,000 (no spending authority).
- National 4-H Council and Wal-Mart Foundation, “4-H Healthy Habits.” PI: Maureen Toomey, Co-Investigators: **Annie Roe**, Laura Foist, Shelly Johnson, Siew Guan Lee, Joey Peutz. September 2020-October 2021. \$37,420 (no spending authority).
- National 4-H Council and Wal-Mart Foundation, “4-H Healthy Habits, 2019-2020.” PI: Maureen Toomey, Co-Investigators: **Annie Roe**, Laura Foist, Shelly Johnson, Siew Guan Lee, Joey Peutz. 9/01/2019 – 8/31/2020. \$52,000. (no spending authority)
- Idaho Department of Health and Welfare (USDA, FNS), “FY2020 SNAP-Ed.” PI: **Annie Roe**; Co-Investigators: Kristin Hansen, Shelly Johnson, Joey Peutz, Siew Guan Lee, Laura Foist. 10/1/2019 – 9/30/2020. \$994,348. (complete spending authority).
- National Institute of Food & Agriculture/USDA, “FY20 Expanded Food and Nutrition Education Program.” PI: **Annie Roe**; Co-Investigators: Kristin Hansen, Shelly Johnson, Joey Peutz, Siew Guan Lee, Laura Foist. 10/01/2019 – 09/30/2020. \$388,341 (complete spending authority).
- University of Idaho Family and Consumer Sciences Small Grants Program, “Nutrition education strategies to increase trout consumption in parent-child dyads for inflammatory and cognitive benefit.” PI: **Annie Roe**. Co-Investigators: Chantel Vella, Madison Powell, Siew Guan Lee. 4/1/2019 – 3/31/2020. \$12,500 (complete spending authority).
- Mildred Haberly Fellowship in the School of Family and Consumer Sciences, professional development. 2019. \$1,476. (complete spending authority).
- University of Idaho Extension, “Cost efficiency and benefit analysis of Eat Smart Idaho’s SNAP-Ed program.” PI: **Annie Roe**. Co-Investigators: Steven Peterson, Kristin Hansen, Shelly Johnson, Joey Peutz, Siew Guan Lee, Laura Foist. 10/30/2018 – 6/30/2019. \$7,500 (complete spending authority).
- National Institute of Food & Agriculture/USDA, “FY19 Expanded Food and Nutrition Education Program.” PI: **Annie Roe**; Co-Investigators: Kristin Hansen, Shelly Johnson, Joey Peutz, Siew Guan Lee, Laura Foist. 10/01/2018 – 09/30/2019. \$388,341 (complete spending authority).
- Idaho Department of Health and Welfare (USDA, FNS), “FY19 SNAP-Ed.” PI: **Annie Roe**; Co-Investigators: Kristin Hansen, Shelly Johnson, Joey Peutz, Siew Guan Lee, Laura Foist. 10/01/2018 – 09/30/2019. \$994,348 (complete spending authority).
- Wholesome Wave/ Chobani Foundation, “Wholesome Wave: a fruit and vegetable prescription program.” PI: Siew Guan Lee; Co-Investigator: **Annie Roe**. 08/01/2018 – 02/28/2019. \$10,857 (no spending authority)
- National 4-H Council, “4-H Healthy Habits.” PI: Maureen Toomey; Co-Investigators: **Annie Roe**, Joey Peutz, Shelly Johnson, Laura Foist, Siew Guan Lee. 09/01/2018 – 08/31/2019. \$46,000 (no spending authority)

- Idaho Department of Health and Welfare (USDA, FNS), “FY18 SNAP-Ed.” PI: **Annie Roe**; Co-Investigators: Kristin Hansen, Shelly Johnson, Joey Peutz, Siew Guan Lee, Laura Foist. 10/01/2017 – 09/30/2018. \$994,348 (complete spending authority).
- National Institute of Food & Agriculture/USDA, “FY18 Expanded Food and Nutrition Education Program.” PI: **Annie Roe**; Co-Investigators: Kristin Hansen, Shelly Johnson, Joey Peutz, Siew Guan Lee, Laura Foist, Julie Buck. 10/01/2017 – 09/30/2018. \$388,341 (complete spending authority).
- Idaho Department of Health and Welfare (USDA, FNS), “FY17 SNAP-Ed.” PI: **Annie Roe**; Co-Investigators: Kristin Hansen, Shelly Johnson, Joey Peutz, Rhea Lanting, Julie Buck. 10/01/2016 – 09/30/2017. \$994,348 (complete spending authority).
- National Institute of Food & Agriculture/USDA, “FY17 Expanded Food and Nutrition Education Program.” PI: **Annie Roe**; Co-Investigators: Kristin Hansen, Shelly Johnson, Joey Peutz, Rhea Lanting, Julie Buck. 10/01/2016 – 09/30/2017. \$387,546 (complete spending authority).
- 2016- \$962,058 was awarded to Eat Smart Idaho (Supplemental Nutrition Assistance Program Education, PI- Paul McCawley) on 10/1/2015 – 09/30/2016. Took over as PI of this project upon hire on March 21, 2016.
- 2016- \$387,546 was awarded to Eat Smart Idaho (Expanded Food and Nutrition Education Program, PI-Paul McCawley) on 10/01/2015 – 09/30/2016. Took over as PI of this project upon hire on March 21, 2016.
- 2016- \$44,597 was awarded to Paul McCawley from Utah State University for the project, “Multi-Disciplinary Methods for Effective, Sustainable, and Scalable Evaluations of Nutrition Education Programs” on 10/01/2015 to end 08/31/2016. Took over as the PI for this project upon hire on March 21, 2016. Due to budget cuts from the parent funding agency, this project was not started as planned and the scope of work and award were revised on 09/01/2016 to end 08/31/2017, in a new amount of \$21,575.80.

Grants and Contracts Submitted/Not Funded

(PI on all submissions unless otherwise noted)

- American Heart Association, Rockefeller Foundation, “Heathy grocery benefit: digital pantry makeover.” PI: Annie Roe; Co-Investigators: Bridget Morrisroe-Aman, Clay Young, Brock Anderson. Requested funding: \$371,643 (2024-2025).
- Dairy Management, Inc., “Effects of a 12-week dairy intervention on fluid cognition, emotional wellbeing, and perceived immune function in adolescents.” Requested funding: \$352,424 (2023-2026)
- Dairy Management, Inc., “Dairy Consumption and Maternal Anxiety, Depression, Stress, and Cognition: A Prospective Observational Study of the Perinatal Period.” Requested funding: \$538,332 (2021)
- Egg Nutrition Center, “Effect of Maternal Egg Intake on Maternal Mental Health and Offspring Behavioral, Psychological, and Cognitive Outcomes.” Requested funding: \$335,000 (2021)
- University of Idaho Department of Undergraduate Research, Summer Undergraduate Research Fellowship, “Effectiveness of nutrition education materials provided to wildland firefighters on the fire line and in fire camp.” Student Researcher: Anna Shaw, Faculty Mentor: Annie Roe, Requested funding: \$5,000 (2020)
- USDA-NIFA-AFRI, “The role of financial stress and short-term changes in cognitive capacity on food expenditure and choice of low-income Americans.” PI: Annie Roe, Co-PIs: Richard Iles (FUA), Luke Erickson (UI), Catalina Aragon (WSU). Requested funding: \$499,992 (May 2020).
- The Gerber Foundation, “Prenatal maternal choline intake related to offspring and maternal postpartum mental health.” Requested funding: \$310,000 (May 2020).
- USDA-NIFA-AFRI, “A cost-benefit analysis of EFNEP utilizing biomarkers of chronic disease risk.” PI: Andrea Leschewski (SDSU), Co-PIs: Annie Roe, Dave Weatherspoon (MSU), Kavitha Sankavaram (UMD), Kelly Webber (UNR), Debbie Head (UAE), Catalina Aragon (WSU), Nicole Owens (UFL), Dhruv Sharma (MSU).” Requested funding: \$997,166 (March 2020).
- Egg Nutrition Center, “Prenatal maternal choline intake related to offspring and maternal mental health.” Requested funding: \$132,916 (February 2020).
- USA Dry Pea and Lentil Council, “12-week dietary intervention to improve cognition and emotional wellbeing in older adults through reduction of inflammation and oxidative stress. Requested Funding: \$36,111 (2019).
- USDA-NIFA-FASLP, “Farm to Fit: Community Food Systems.” PD/PI: Sarah Bush; Co-PIs: Kattlyn Wolf, Kasee Smith, Annie Roe. Requested Funding: \$210,817 (2019).
- Idaho Farmers Market Association, “Supplemental Nutrition Assistance Program Participants Increase Fruit

- and Vegetable Consumption through Idaho Double Up Food Bucks Expansion.” Co-PIs: Annie Roe, Ariel Agenbroad, Jennifer Werlin, Joey Peutz, Shelly Johnson. Cost Share Offered: \$24,000 (2018).
 UI Office of Research and Economic Development, “Extension Video Production.” PI: Rhonda Hirnyck, Co-Investigator: Annie Roe. Requested Funding: \$10,776 (2017).
 Walmart Foundation, “Family-Centered Cooking and Mealtimes.” PI: Annie Roe; Co-Investigator: Samantha Ramsay. Requested Funding: \$78,750 (2017).
 Robert Wood Johnson Foundation – Healthy Eating Research, “Bridging Legislator Understanding of Agriculture and Health for Community Disease Prevention: The Farm to Body Project.” PI: Samantha Ramsay; Co-Investigator: Annie Roe. Requested Funding: \$190,000 (2016).
 National Institute of Food and Agriculture/USDA, “Increasing trout consumption in young children and families and evidence of inflammatory and cognitive benefit.” PI: Samantha Ramsay; Co-Investigators: Annie Roe, Madison Powell, Chantal Vella. Requested Funding: \$499,293 (2017)
 Russell Sage Foundation, “Financial stress, cognition and food choices.” PI: Richard Iles (WSU); Co-Investigators: Randell Engle (GIT), George Davis (VIT), Pablo Monsivais (WSU), Karen Barale (WSU), Annie Roe. Requested Funding: \$113,595 (2017).
 California Table Grape Commission, “Effects of whole grape powder supplementation on oxidative stress, physical performance, cognitive, and emotional outcomes in college-aged males.” PI: Annie Roe; Co-Investigator: Ann Brown. Requested Funding: \$29,950 (2016).

Honors and Awards

- Margaret Ritchie School of Family and Consumer Sciences Outstanding Researcher Award, University of Idaho, 2023.
 Nominated: RC Heimsch Research Award, College of Agricultural and Life Sciences, University of Idaho, (2023).
 Extension Committee on Organization and Policy’s (ECOP) Inaugural National Excellence in Extension Team Award. AES NC3169 Multi-state Research Group. November 2022.
 Nominated: Excellence in Interdisciplinary and Collaborative Efforts, University of Idaho, (2019).
 Peutz, J., Morrisroe-Aman, B., **Roe, A.**, Hansen, K., Johnson, J., and Telford, N. Marketing Package Award, Long Live Idaho, Western Region Award Winner-1st Place, NEAFCS Annual Conference, San Antonio, TX, September 24-27, 2018.
 Peutz, J., Morrisroe-Aman, B., **Roe, A.**, Hansen, K., Johnson, J., and Telford, N. Marketing Package Award, Long Live Idaho, National Region Award Winner-2nd Place, NEAFCS Annual Conference, San Antonio, TX, September 24-27, 2018.
 Toomey, M., Wittman, G., Johnson, S., Peutz, J., Lanting, R., Buck, J., Gillespie, D., Greenway, S., Vega, L., Morrisroe-Aman, B., Hansen, K., **Roe, A.** National Association of Extension 4-H Agents (NAE4-HA) Excellence in Healthy Living Programming Award for Idaho 4-H Food Smart Families. State, Regional and National Winner. 2017.
 Wittman, G., Toomey, M., Johnson, S., Peutz, J., Lanting, R., Buck, J., Gillespie, D., Greenway, S., Vega, L., Morrisroe-Aman, B. and **Roe, A.** Florence Hall Award, 4-H Food Smart Families, National Extension Association of Family and Consumer Sciences (NEAFCS) 1st Place Western Region Winner, State Winner, 2017.
 Peutz, J., Morrisroe-Aman, B., **Roe, A.**, Hansen, K., Comer, E., Telford, N., Johnson, S., Buck, J., and Lanting, R. Marketing Package Award- Long Live Idaho!, National Extension Association of Family and Consumer Sciences (NEAFCS) 1st Place Western Region Winner, State Winner, 2017.
 American Society for Nutrition Emerging Leaders in Nutrition Science – Aging and Chronic Disease Research Interest Group Poster Competition Winner, 2016.

SERVICE

Major Committee Assignments

National

Expanded Food and Nutrition Education 50th Anniversary, interactive presentation committee (2019)

State

Idaho Healthy Eating and Active Living, steering committee member (2022-present)

University and College

University of Idaho Food Security Coalition, member (2022-present)
 University of Idaho Extension Health and Wellness Priority Extension Theme, **co-leader** (2018-present)
 University of Idaho Extension CALSPlan Revision Committee, member (2018-present)
 Eat Smart Idaho Media Specialist search committee, member (2023)
 Eat Smart Idaho Extension Educator, search committee member (2022)
 Eat Smart Idaho Program Coordinator, search committee member (2021)
 University of Idaho Commencement Committee, **chair** (2019-2020).
 Eat Smart Idaho Program Coordinator, search committee member (2018)
 Eat Smart Idaho Extension Educator, search committee member (2018)
 University of Idaho Commencement Committee, member (2017-2018)
 University of Idaho Extension Strategic Planning Committee, member (2018)
 Eat Smart Idaho Southern District Program Coordinator search committee, member (2018)
 Extension Faculty – Family and Consumer Sciences/Twin Falls County search committee, member (2017)
 Extension Faculty – Family and Consumer Sciences/Bannock County search committee, member (2017)
 Eat Smart Idaho Extension Educator, search committee member (2017)

Departmental (unit)

FCS Graduate Committee (2021-present)
 FCS Food and Nutrition Club, faculty **co-advisor** (2019-present)
 FCS Awards Committee (2020-2021)
 FCS Research Support Specialist search committee, member (2019)
 FCS Child Development Laboratory Director and Head Teacher search committee, member (2018)
 FCS Child Development Laboratory Manager search committee, member (2018)
 FCS Teaching/Research Nutrition Faculty search committee, member (2017)

Professional and Scholarly Organizations

Multi-state research project: NC3169 EFNEP Related Research, Program Evaluation and Outreach; Quality of Life Committee, **chair**, 2018-present
 Multi-state research project: NC2169 EFNEP Related Research, Program Evaluation and Outreach, member, 2017
 American Society for Nutrition, 2012-present
 Academy for Nutrition and Dietetics, 2007-2010; 2016- present
 Idaho Academy for Nutrition and Dietetics, 2007-2010; 2016- present
 Idaho Healthy Eating and Active Living (HEAL) Messaging Committee, 2016-present
 Idaho Smarter Lunchrooms Movement Collaborative, 2017-present
 Society for Nutrition Education and Behavior, 2019-2021
 American College of Sports Medicine, 2005

PROFESSIONAL DEVELOPMENT

Teaching

UI Doceo Center, Center for Excellence in Teaching and Learning. (2019). Active Learning Symposium. Workshop.

Scholarship

Institute for Natural Resources (2023). Nutritional Psychiatry and Brain Health. Webinar.
 Sound Bites (2023). Seafood: Nutrition, Sustainability and the Economy. Podcast.
 American Society for Nutrition (2022). Nutrition 2022 Live Online.
 Academy of Nutrition and Dietetics (2018). Ethical Considerations for Successful Navigating the Research Process.
 Associate Member Grant Writers' Seminars and Workshops, LLC. (2016). Seminar: Write Winning Grant Proposals. Workshop.

Outreach

Communication Across Barriers (2023). Beegle Poverty Coaching Institute. Virtual Training.

Communication Across Barriers (2023). Beegle Poverty Immersion Institute. Virtual Training.

National Collaborative on Childhood Obesity Research (2018). Connect & Explore: The Healthy Communities Study: How Community Programs and Policies are Related to Children's Health. Webinar.

USDA NIFA (2018). Communicating the Value of EFNEP. Webinar.

United States Forest Service (2018). Human Performance Optimization Training. Sacramento, CA.

Idaho Academy of Nutrition and Dietetics (2018). Magic Valley Farm to Table Tour. South-central Idaho.

National Cattlemen's Beef Association (2017). Nutrition Strategies for Feeding Infants and Toddlers. Webinar.

National Smarter Lunchrooms Movement (2017). Using the Smarter Lunchrooms Online Scorecard Tracker. Webinar.

Physical Activity Society (2017). Let the Tots Play: Adventures in Early Childhood Physical Activity. Webinar.

USDA FNS (2016). SNAP-Ed 101: Program Overview. Webinar.