



## **My Vision: Active Play for Children in Group Settings**

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Use the worksheet to think about your vision of healthy physical play environments for young children. Think about what you would LIKE to have, not what you currently have.

Write a vision statement for how you will set up environments for active physical play, including how you will support children's active physical play. Think about your indoor and outdoor environments. Think about adult roles and child-to-child relationships.

### **PLAN YOUR VISION**

**Use what you already know about active physical play for children.  
Imagine your ideal environment. As you plan, think about the concepts below:**

1. Physical environments
  - the way the playground, gym, or classroom is arranged
  - what equipment and props are available
  - how structured and unstructured time is used for active physical play
  - how safety is maintained
2. Social environments and relationships
  - how children and their peers and teachers interact during active physical play
  - child-to-child play
  - teacher and child discussions
  - turn-taking
  - social play styles including, onlooker, solitary, parallel (side by side), associative (playing with each other, though not with a goal), and cooperative play (playing toward a common goal)
3. Language environments
  - talking about and during active physical play
  - children's conversation skills to create active physical play
  - listening to others' ideas or directions
  - teacher support for mastery of basic physical skills and creation of physical play
4. Emotional environment
  - how children and adults FEEL about what is happening in active physical play
  - helping children maintain respect for the separation of high intensity and lower intensity play areas
  - helping children feel safe to take appropriate risks
  - planning and maintaining routines to ease safe, emotionally satisfying active play
5. Enlisting partners to guarantee children have opportunity for active physical play
  - parents
  - staff
  - administrators/managers
  - early childhood personnel preparation trainers
  - community resources
  - policy makers, including professional organizations and public agencies

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## **MY ACTION PLAN FOR ACTIVE PHYSICAL PLAY MAKING MY VISION REALITY**

**I will do these three things.**

**1.**

**2.**

**3.**

### **Overcoming Barriers and Using Supports to Reach My Vision**

I will lift these barriers:

I need to do these things to lift the barriers:

I will overcome these barriers by this date:

These people will support and help me:



## My Vision for Active Physical Play