

# CURRICULUM VITAE

University of Idaho

**NAME:** Matthew C. Smitley

**DATE:** January 11<sup>th</sup>, 2024

**RANK OR TITLE:** Clinical Assistant Professor

**DEPARTMENT:** Movement Sciences

**OFFICE LOCATION AND CAMPUS ZIP:** COE 204, 83844

**OFFICE PHONE:** (208) 885-0349

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**EMAIL:** [msmitley@uidaho.edu](mailto:msmitley@uidaho.edu)

**WEB:** Link [HERE](#)

**DATE OF FIRST EMPLOYMENT AT UI:** May 30<sup>th</sup>, 2017

**DATE OF TENURE:** Untenured

**DATE OF PRESENT RANK OR TITLE:** August 19<sup>th</sup>, 2019

## EDUCATION BEYOND HIGH SCHOOL:

### Degrees:

Doctor of Athletic Training, *University of Idaho, Moscow, ID, May 2019*

Emphasis: Athletic Training

M.S., Athletic Training, *California Baptist University, Riverside, CA, May 2014*

Specialization: Athletic Training

B.S., Kinesiology, *California Baptist University, Riverside, CA, May 2012*

Specialization: Exercise Science

A.A., *Allan Hancock College, Santa Maria, CA, June 2009*

Specialization: Transfer Studies

### Certificates and Licenses:

Licensed Athletic Trainer, *Idaho Board of Medicine #AT-642*

Certified Athletic Trainer, *Board of Certification for Athletic Trainers, Inc. # 2000016014*

National Provider Identifier, #1588075121

Basic Life Support for Healthcare Providers, American Heart Association

Mental Health First Aid, National Council for Behavioral Health

Athletic Training License, *North Carolina Board of Athletic Training Examiners # LAT-2518 (Expired)*

IRB Investigators and Student Researchers Basic Certification, *CITI Group*

Selective Functional Movement Assessment Level 1, *Functional Movement Systems*

Functional Movement Training Advanced Kinesiology Taping Certification, *RockTape, Inc.*

Functional Movement Training Basic Kinesiology Taping Certification, *RockTape, Inc*

Myokinesthetics Certified Advanced Practitioner, *Myokinesthetics*

Instrument-Assisted Soft Tissue Mobilization Certified Practitioner, *Técnica Gavilán*

COVID-19 Contact Tracing, Johns Hopkins University

ImPACT Trained Athletic Trainer, *ImPACT Applications Inc. (Expired)*

**EXPERIENCE:****Teaching, Extension and Research Appointments:**

Clinical Assistant Professor, *Department of Movement Sciences, University of Idaho, Moscow, ID*  
August 2019 to Present

*Appointed as Interim Director of Athletic Training Programs in September 2023*

*Appointed as Acting Director of Athletic Training Programs in June 2023*

*Appointed as Program Director of MS in Athletic Training in December 2019*

Instructor, *Department of Movement Sciences University of Idaho, Moscow, ID*  
May 2019 – August 2019

Doctoral Teaching Assistant, *Department of Movement Sciences, University of Idaho, Moscow, ID*  
May 2017- May 2019

Preceptor, *Athletic Training Program, Western Carolina University, Cullowhee, NC*  
January 2015- May 2017

**Non-Academic Employment:**

Athletic Trainer

*University of Idaho, Moscow, ID*

*August 2017 – Present*

*Providing patient care services as well as supervision/preceptorship for MSAT and DAT students in the Integrated Sports Medicine and Rehabilitative Therapy (ISMaRT) Clinic.*

Athletic Trainer

*Mission Sports Medicine, Asheville, NC*

*July 2014 – May 2017*

*Served as a full-time outreach Athletic Trainer to North Buncombe High School in Weaverville, NC. Rendered patient care and organized health care services for approximately 300 student-athletes across 28 teams, 16 sports year-round. Also contributed to service on departmental Education, Mentorship, and Policy and Procedure committees.*

**Awards and Honors**

National Athletic Trainers' Association Safe Sports School Award (First Team), 2015-2018

**TEACHING ACCOMPLISHMENTS:**

**Areas of Specialization:** Athletic Training, Injury Evaluation & Diagnosis, Research Methods

**Courses Taught:****University of Idaho, Moscow, ID**

*Clinical Assistant Professor*

Neuroscience for Athletic Trainers (AT 543)

Spring 2020 - 2024

Seminar in Athletic Training (AT 541)

Spring 2021, 2024

Scientific Writing for Publication in Patient Care (AT 625)

Fall 2023

Research Methods & Statistics II (AT 536)

Fall 2020 - 2023

Scientific Inquiry & Research Presentation (AT 542)

Spring 2021 - 2023

Research Methods & Statistics I (AT 512)

Fall 2019, 2020, 2022

Evaluation and Diagnosis of Injuries and Illnesses I (AT 508)

Summer 2020 - 2022

Evaluation and Diagnosis of Injuries and Illnesses II (AT 532)

Summer 2020 - 2022

Emergent Care and Prevention of Injuries and Illnesses (AT 507)

Summer 2021

Critical Issues in Athletic Training (AT 547)

Fall 2019 - 2021

Ethics and Administration in Athletic Training (AT 511)

Spring 2020

*Instructor*

Evaluation and Diagnosis of Injuries and Illnesses I (AT 508)

Summer 2019

Care and Prevention of Injuries and Illnesses (AT 507)

Summer 2019

Clinical Anatomy I, Lower Extremity (AT 506)

Summer 2019

*Teaching Assistantship*

|   |                   |
|---|-------------------|
| Neuroscience for the Athletic Trainer (AT 543)                | Spring 2018, 2019 |
| Research Methods and Statistics I (AT 512)                    | Fall 2017, 2018   |
| Clinical Anatomy I, Lower Extremity (AT 506)                  | Summer 2018       |
| Care and Prevention of Injuries and Illnesses (AT 507)        | Summer 2017, 2018 |
| Clinical Education II (AT 523)                                | Spring 2018, 2019 |
| Prevention and Health Promotion in Athletic Training (AT 587) | Fall 2018         |
| Clinical Education III (AT 550)                               | Fall 2018         |
| Clinical Anatomy II, Upper Extremity (AT 531)                 | Summer 2017       |

**Students Advised:**

## Graduate Students:

**Advised to Completion of Degree - Major Professor**

Evan Buckley, Master of Science in Athletic Training, May 2023  
 Katelyn Garfield, Master of Science in Athletic Training, May 2023  
 Rachel Hill, Master of Science in Athletic Training, May 2023  
 Makenna Leigh, Master of Science in Athletic Training, May 2023  
 Noël Scott, Master of Science in Athletic Training, May 2023  
 Marah Vogel, Master of Science in Athletic Training, May 2023  
 Bailey Allen, Master of Science in Athletic Training, May 2022  
 Laura Aronson, Master of Science in Athletic Training, May 2022  
 JadeLyn Eisele, Master of Science in Athletic Training, May 2022  
 Maya Gough, Master of Science in Athletic Training, May 2022  
 Matthew Iaria, Master of Science in Athletic Training, May 2022  
 Shelby Janes, Master of Science in Athletic Training, May 2022  
 Anna Lidinsky, Master of Science in Athletic Training, May 2022  
 Dalton Pitts, Master of Science in Athletic Training, May 2022  
 Ronald Roberts, Master of Science in Athletic Training, May 2022  
 Makenna Behrens, Master of Science in Athletic Training, May 2021  
 Caitlyn Hamilton, Master of Science in Athletic Training, May 2021  
 Samantha Kelley, Master of Science in Athletic Training, May 2021  
 Samantha Semerjian, Master of Science in Athletic Training, May 2021  
 Valerie Zwaanstra, Master of Science in Athletic Training, May 2021  
 Ryan Clark, Master of Science in Athletic Training, May 2021  
 Mitchell Collar, Master of Science in Athletic Training, May 2021  
 Grace “Ya” Davis, Master of Science in Athletic Training, May 2021  
 Cody Morris, Master of Science in Athletic Training, May 2021  
 Augusto Reynoso, Master of Science in Athletic Training, May 2021

**Advisor to Students with Degree Completion in Progress – Major Professor**

Hannah Alfaro, Master of Science in Athletic Training, Anticipated Graduation May 2024  
 Hunter Connolley, Master of Science in Athletic Training, Anticipated Graduation May 2024  
 Torie Dawson, Master of Science in Athletic Training, Anticipated Graduation May 2024  
 Brandon Duffy, Master of Science in Athletic Training, Anticipated Graduation May 2024  
 Jack Palo, Master of Science in Athletic Training, Anticipated Graduation May 2024  
 Brittney Trunnell, Master of Science in Athletic Training, Anticipated Graduation May 2024

**Other Advisory Commitments**

Non-Thesis Research Project Mentor to Hannah Alfaro, Brandon Duffy, and Brittney Trunnell, MSAT, UI, Fall 2023 – Spring 2024  
 Non-Thesis Research Project Mentor to Hunter Connolley and Torie Dawson, MSAT, UI, Fall 2023 – Spring 2024  
 Non-Thesis Research Project Mentor to Jack Palo, MSAT, UI, Fall 2023 – Spring 2024  
 Research Project Mentor to Evan Buckley, Katelyn Garfield, Rachel Hill, Makenna Leigh, Noël Scott, and Marah Vogel, MSAT, UI, Fall 2021  
 Culminating Research Project Mentor to Laura Aronson, JadeLyn Eisele, Shelby Janes, and Ronald

Roberts, MSAT, UI, Fall 2020 – Spring 2022  
 Culminating Research Project Mentor to Bailey Allen, Maya Gough, Matthew Iaria, Anna Lidinsky, and Dalton Pitts, MSAT, UI, Fall 2020 – Spring 2022  
 Attending Clinician to Kyle North, Doctor in Athletic Training, UI, 2020-2022  
 Attending Clinician to Dalton Greer, Doctor in Athletic Training, UI, 2019-2021  
 Attending Clinician to Christopher Renggli, Doctor in Athletic Training, UI, 2019-2021  
 Culminating Research Project Mentor to Makenna Behrens, Caitlyn Hamilton, Samantha Kelley, Samantha Semerjian, and Valerie Zwaanstra, MSAT, UI, Fall 2019 – Spring 2021  
 Culminating Research Project Mentor to Benjamin Johnson, Jonathan Ochoa, Houston Pepper, and Jonathan Stoneman, MS in Athletic Training, UI, Summer 2019 – Spring 2020

**Materials Developed:** (non-scholarship activity)

Research Methods II (AT 536) Course Re-Design, Moscow, ID, 2023  
 Master of Science in Athletic Training Program Non-Thesis Project Policy (In Progress)  
 Master of Science in Athletic Training Program Student Handbook Revision (In Progress)  
 Master of Science in Athletic Training Program Bylaws, Policy, and Procedure Handbook (In Progress)  
 Research Methods I (AT 512), Course Re-Design, Moscow, ID, 2022  
 Master of Science in Athletic Training Program Comprehensive COVID Policy & Procedure, 2020-2021  
 Master of Science in Athletic Training Program Summer Semester White Paper - Spring 2020  
 Neuroscience for Athletic Trainers (AT 543), Course Re-Design, Moscow, ID, 2019 – 2020  
 CAATE Degree Program Self-Study, Moscow, ID, (Contributor) Spring 2018 – Fall 2018  
 ISMaRT Clinic Policy and Procedure Manual, Moscow, ID, Summer 2017 – Fall 2018  
 Mission Sports Medicine Policy and Procedure Manual, Asheville, NC 2016 – 2017

**Non-credit Classes, Workshops, Seminars, Invited Lectures, etc.:**

1. **Smitley, MC, Unique Pathways into Health Professions**, Invited Guest Speaker for Student Athletic Training Club, Lewis Clark High School, Spokane, WA, December 2023
2. **Smitley, MC, Introduction to Athletic Training**, Invited Guest Speaker for Kinesiology Club, Lewis Clark State University, Lewiston, ID, November 2023
3. **Smitley, MC, Introduction to Athletic Training**, Invited Guest Instructor for Introduction to Exercise Science and Health University of Idaho, Moscow, ID, November 2022
4. **Smitley MC, Injury Prevention for Wildland Firefighting**, Invited Guest Speaker for Student Association for Fire Ecology (SAFE) Club, University of Idaho, ID, April 2022
5. **Smitley, MC, Introduction to Athletic Training**, Invited Guest Instructor for Introduction to Exercise Science and Health University of Idaho, Moscow, ID, November 2021
6. **Smitley, MC, Physical Examination of the Musculoskeletal System, Low Back**, Invited Guest Instructor for the WWAMI Medical Education Program, University of Idaho, Moscow, ID, November 2020
7. **Smitley, MC, Introduction to Athletic Training**, Invited Guest Instructor for Introduction to Exercise Science and Health University of Idaho, Moscow, ID, November 2020
8. **Smitley, MC, Introduction to Athletic Training**, Invited Guest Instructor for Introduction to Exercise Science and Health University of Idaho, Moscow, ID, October 2019
9. **Smitley, MC, Introduction to Athletic Training**, Invited Guest Instructor for Introduction to Health Professions, University of Idaho, Moscow, ID, September 2019
10. **Smitley, MC, Introduction to Athletic Training**, Invited Guest Instructor for Introduction to Health Professions, University of Idaho, Moscow, ID, September 2018
11. **Smitley, MC, Introduction to Athletic Training**, Invited Guest Instructor for Introduction to Health Professions, University of Idaho, Moscow, ID, September 2017
12. **Smitley, MC, Instrument Assisted Soft Tissue Mobilization Techniques**, Invited Guest Lecturer for Manual Therapy course, Western Carolina University, Cullowhee, NC, March 2017
13. **Smitley, MC, Alternative Approaches to Manual Therapy**, Invited Guest Lecturer for Manual Therapy course, Western Carolina University, Cullowhee, NC, March 2017
14. **Smitley, MC, The Concussion Discussion: Concussion Management and Return to Play**, Seminar Leader for Mission Sports Medicine Coaches Annual Education Event, Asheville, NC, June 2016
15. **Smitley, MC, Instrument Assisted Soft Tissue Mobilization Techniques**, Invited Guest Lecturer for Manual Therapy course, Western Carolina University, Cullowhee, NC, March 2016
16. **Smitley, MC, Alternative Approaches to Manual Therapy**, Invited Guest Lecturer for Manual Therapy

- course, Western Carolina University, Cullowhee, NC, March 2016
17. **Smitley, MC**, Spinal Motion Restriction for Coaches, Workshop Leader for Mission Sports Medicine Coaches Annual Education Event, Asheville, NC, June 2015

**SCHOLARSHIP ACCOMPLISHMENTS:** (Including scholarship of teaching and learning, artistic creativity, discovery, and application/integration)

**Publications, Exhibitions, Performances, Recitals:**

**Refereed/Adjudicated Manuscripts:**

1. Curran C, Baker JG, **Smitley MC**, Baker RT. A Descriptive Analysis of Patient Outcomes and Experiences at a Student Run Athletic Training Clinic. J Athl Train. 2022 May 27. doi: 10.4085/1062-6050-0051.22. PMID: 35622949.

**Refereed/Adjudicated Manuscripts (currently submitted):**

1. Harris N, Mulkey E, Rezazadeh S, **Smitley MC**, Montalvo A, Post-Pandemic Changes to Employment and Employment Satisfaction in Early Career and Career Advancing Athletic Trainers
2. Baker R, Martonick N, **Smitley MC**, Ludwig C, Reeves A, Instrument-Assisted Soft Tissue Mobilization Two-Handed Stroke Force Production Reliability: An Exploratory Study
3. Pettaway A, **Smitley MC**, Hanna SL, May J, Nasypany N, The Effects of Traditional Chinese Cupping on Patients with Chronic Lower Back Pain over a 24-Hour Time Period - A Case Series

**Refereed Manuscripts in Preparation:**

1. **Smitley MC**, Rossi A, May J, Examining Stress and Stress Management Strategies in Athletic Training Students
2. Rossi A, **Smitley MC**, May J, Examining the effects of the Mulligan Fibular Repositioning Mobilization with Movement
3. Rossi A, **Smitley MC**, May J, Treating Low Back Pain Utilizing Primal Reflex Release Technique and Breathing Restoration Exercises: A Case Series

**Peer Reviewed/Evaluated/Invited (Non-Blind External Peer Reviewed) Articles in Preparation**

1. **Smitley MC**, Ludwig C, Critical Appraisal for Athletic Trainers: Improving Research Literacy in the “Real World.”

**Peer Reviewed/Evaluated:**

**Professional Meeting Papers, Workshops, Showings, Recitals:**

**Refereed Professional Podium Presentations (Blind External Peer Reviewed)**

1. Pettaway AN, **Smitley MC**, Hanna SL, May JM, Nasypany AM, Effects of Traditional Chinese Cupping on Patients with Chronic Low Back Pain over a 24-Hour Time Period, Oral Communications Podium Presentation at the Northwest Athletic Trainers’ Association Symposium, Spokane, WA, March 2019
2. Fermin S, **Smitley MC**, P.R.O.viding Clinical Evidence in Athletic Training: Navigating the Patient Rated Outcomes Gauntlet, Podium Presentation at the Far West Athletic Trainers’ Association Clinical Symposium, Las Vegas, NV Symposium Presentation

**Refereed Professional Poster Presentations (Blind External Peer Reviewed)**

1. Canatsey TR, **Smitley MC**, Warren L, MacDonald N, Utilizing Total Motion Release to

Decrease Pain and Restore Function in Four College Athletes: A Case Series; Poster Presentation at the Far West Athletic Trainers' Association Annual Clinical Symposium, Las Vegas, NV April 2014

2. Canatsey TR, **Smitley MC**, Warren L, MacDonald N, Utilizing Total Motion Release to Decrease Pain and Restore Function in Four College Athletes: A Case Series; Poster Presentation at the Northwest Athletic Trainers' Association Clinical Symposium, Portland, OR, March 2014

**Evaluated/Invited (Non-Blind External Peer Reviewed) Conference Presentations, Workshops, Etc.:**

1. **Smitley MC**, Tell Me How You're REALLY Doing: How to Meaningfully Implement Patient Reported-Outcome Measures into Clinical Practice, Presenter at the National Athletic Trainers' Association, Indianapolis, IN, 2023
2. **Smitley MC**, Leverett S, Whaler D, Becoming a PRO – How to Meaningfully Collect, Interpret, and Implement Data in “Real World” Clinical Practice, Presenter at the Northwest Athletic Trainers' Association Clinical Symposium, Spokane, WA, 2023
3. **Smitley MC**, You're Hamstrings Probably Aren't Tight: Non-Traditional Interventions for Apparent Hamstring Tightness, Lecture/Lab Presenter at the Northwest Athletic Trainers' Association Clinical Symposium, Portland, OR, 2022
4. Larkins L, **Smitley MC**, Taking Matters into Your Own Hands: Self Support Funding Model for Program Delivery, Co-Lead Presenter at the Commission on Accreditation of Athletic Training Education Conference, Orlando, FL, October 2021
5. **Smitley MC**, Hanna SL, All Pain, No Gain: Pain-Free Interventions for Lower Extremity Injuries, Lead Presenter and Learning Lab Instructor at the Northwest Athletic Trainers' Association Clinical Virtual Symposium, March 2021
6. **Smitley MC**, Hanna SL, All Pain, No Gain: Pain-Free Interventions for Lower Extremity Injuries, Lead Presenter and Learning Lab Instructor at the Northwest Athletic Trainers' Association Clinical Symposium, Boise, ID, March 2020
7. **Smitley MC**, Hanna SL, Your Hamstrings (Probably) Aren't Tight: Applying Total Motion Release to Improve Lower Extremity Range of Motion, Lead Presenter and Learning Lab Instructor at the Northwest Athletic Trainers' Association Student Symposium, Boise, ID, March 2020
8. Baker RT, Larkins L, Zeigel A, Fermin SL, Reeves A, **Smitley MC**, Advancements in Manual Therapy: An Introduction to Contemporary Applications, Learning Lab Assistant at the Northwest Athletic Trainers' Association Clinical Symposium, Portland, OR, March 2018
9. Larkins L, Zeigel A, **Smitley MC**, Reeves A, Evidence Based Treatment of Meniscal Lesions & Knee Pain, Learning Lab Assistant at the Northwest Athletic Trainers' Association Clinical Symposium, Portland, OR, March 2018
10. Reeves A, Larkins L, **Smitley MC**, Balancing the Body Using Contralateral Movement: A Technique for Injury Prevention, Pain Reduction, and Increasing Range of Motion, Learning Lab Assistant at Idaho Dance Education Organization Annual Conference, Moscow, ID, November 2017
11. Vaughan A, **Smitley MC**, North Carolina Concussion Forms and Documentation, Learning Lab at Concussion Care: Management of TBI in School-age Children & Young Adults Conference, Asheville, NC, March 2016

12. Cantatsey TR, **Smitley MC**, Total Motion Release: Improve Pain and Range of Motion Without Going Near It, Invited Podium Presentation, Practical Applications in Sports Medicine Educational Conference, Palm Springs, CA, May 2014
13. **Smitley MC**, Canatsey TR, Archuleta JD, Bueti MV, Spinal Cord Rehabilitation: Optimism in Convalescence: A Systematic Literature Review. Poster Presentation at the California Baptist University College of Allied Health Student Research Open House, Riverside, CA, April 2014
14. Canatsey TR, **Smitley MC**, Warren L, MacDonald N, Utilizing Total Motion Release to Decrease Pain and Restore Function in Four College Athletes: A Case Series; Poster Presentation at the California Baptist University College of Allied Health Student Research Open House, Riverside, CA, April 2014

### Other Publications and Technical Reports

#### *Audio*

1. **Smitley, M**, Guest Speaker, “With a Leap of Faith – Profound Teaching Naturally Follows” It’s Not Just Business Talks with Sonja, Published October 14, 2021

#### *Print*

2. **Smitley MC**, Hanna S, CAATE Annual Report for the University of Idaho. Report prepared for the Commission on Accreditation of Athletic Training Education (CAATE) for maintaining post-baccalaureate degree accreditation. September 2023
3. **Smitley MC**, Hanna S, Ludwig C, CAATE Annual Report for the University of Idaho. Report prepared for the Commission on Accreditation of Athletic Training Education (CAATE) for maintaining post-baccalaureate degree accreditation. September 2022
4. **Smitley MC**, Larkins L, Ludwig C, CAATE Annual Report for the University of Idaho. Report prepared for the Commission on Accreditation of Athletic Training Education (CAATE) for maintaining post-baccalaureate degree accreditation. September 2021
5. **Smitley MC**, Larkins L, Ludwig C, CAATE Annual Report for the University of Idaho. Report prepared for the Commission on Accreditation of Athletic Training Education (CAATE) for maintaining post-baccalaureate degree accreditation. September 2020

### SERVICE:

#### **Major Committee Assignments:**

Interim Director of Athletic Training Programs, Fall 2023 - Present  
 Acting Director of Athletic Training Programs, Summer 2023 – Fall 2023  
 Master of Science in Athletic Training Program Director, 2019 – Present

#### **Departmental**

Program Coordinator’s Committee, 2020-Present  
 Bylaws Committee, 2023 – Present  
 Scholarship Committee, University of Idaho, 2019 – 2022  
 Athletic Training Program Student Interview Committee, University of Idaho, 2017 – Present  
 Chair, Search Committee for Program Clinical Faculty, University of Idaho, 2021  
 Movement Sciences 201 Course Proposal Committee, University of Idaho, 2021  
 Chair, Search Committee for Department Administrative Assistant, University of Idaho, 2021  
 Search Committee for Movement Sciences Interim Chair, University of Idaho, 2020  
 Third Year Review Committee for Professor Jayme Baker, University of Idaho, 2020  
 Promotion Committee for Professor Melanie Meenan, University of Idaho, 2019  
 Athletic Training Program CAATE Accreditation Site Visit Committee, University of Idaho, 2018  
 Doctor of Athletic Training Program Prospective Student Recruitment Committee, University of Idaho, 2018  
 Athletic Training Program CAATE Self Study Committee, University of Idaho, 2017-2018

**Scholarly**

Peer Reviewer, Athletic Training Education Journal, 2023

**Professional**

Chair, Northwest Athletic Trainers' Association, Symposium Site Committee, 2022-Present  
 Interim Chair, National Athletic Trainers' Association, Career Advancement Committee, 2022  
 Member, National Athletic Trainers' Association, Career Advancement Committee, 2021- Present  
 Chair, Northwest Athletic Trainers' Association, Career Advancement Committee, 2021 – Present  
 Director, National Athletic Trainers' Association CAC Honors & Awards Sub-committee, 2021-Present  
 Northwest Athletic Trainers' Association Athletic Training Ad Hoc Program Directors' Committee, 2020  
 Sports Medicine Policy and Procedure Committee, Mission Hospital, Asheville, NC, 2016-2017  
 Sports Medicine Education Committee, Mission Hospital, Asheville, NC, 2015-2017  
 Sports Medicine Mentorship Program Committee, Mission Hospital, Asheville, NC, 2014-2017

**Professional and Scholarly Organizations**

National Athletic Trainers' Association, *Member* (2013 – Present)  
 Northwest Athletic Trainers' Association, *Member* (2017 – Present)  
 Idaho Athletic Trainers' Association, *Member* (2017 – Present)  
 Mid-Atlantic Athletic Trainers' Association, *Member* (2014 – 2017)  
 North Carolina Athletic Trainers' Association, *Member* (2014 – 2017)  
 Far West Athletic Trainers' Association, *Member* (2013 – 2014)  
 California Athletic Trainers' Association, *Member* (2013 – 2014)  
 California Baptist University Athletic Training Student Organization, *President* (2013 – 2014)  
 California Baptist University Athletic Training Student Organization, *Student Representative* (2012 – 2013)  
 American Red Cross Professional Rescuer (2012-2014)

**Outreach Service:**

Interview, Not just ankle-tapers, Moscow-Pullman Daily News (2021)  
 Interview, Athletic trainers playing a critical role in getting sports back safely during the pandemic, KTVB Nightly Broadcast (2021)  
 Presenter, What is Athletic Training?, High School Student Tours, University of Idaho (2019)  
 Presenter, What is Sports Medicine?, STEM Day Event, Indian Trail Intermediate School (2017)  
 Interview, Mission Holds Clinic for Coaches, WLOS Nightly Broadcast (June 2016)  
 Organizer, Sports Medicine 101: Chalk Talk, Coaches Annual Education Event (2015-2016)  
 Interview, Team Practices Severe Football Injuries, WLOS Nightly Broadcast. (October 2014)  
 Interview, Training Highlights Safety Standards in HS Football, WSPA Nightly Broadcast (October 2014)  
 First Responder, Sandals Church Fit 5k (2014)  
 First Responder, Prime Time Polynesian Football Camp (2013)

**Community Service:**

Volunteer, Real Life Church, Moscow, ID (2018 – 2020)  
 Volunteer, Brookstone Church, Asheville, NC (2016 – 2017)  
 Volunteer, Merrimon Avenue Baptist Church, Asheville, NC (2014 – 2015)  
 Volunteer, First Baptist Church, Solvang, CA (2001 – 2014)

**Honors and Awards:**

|   |                         |
|---|-------------------------|
| Hoffman Award in Teaching Excellence, Nominee                   | 2022-2023               |
| Doctor of Athletic Training Program “Outstanding Student” Award | 2019                    |
| Outstanding Preceptor Award, Western Carolina University        | 2016                    |
| Provost’s Honor Roll, <i>California Baptist University</i>      | Fall 2009 – Spring 2014 |
| President’s Honor Roll, <i>California Baptist University</i>    | Spring 2010, Fall 2011  |



## **PROFESSIONAL DEVELOPMENT:**

### **Teaching Continuing Education**

Design Teach Online, Online Teaching Certificate, University of Wisconsin (2020)

### **Research Continuing Education**

IRB Investigators and Student Researchers Basic Certification, *CITI Group* (2017, 2021)

### **Clinical Continuing Education**

Mulligan Concept Courses, Mulligan Concept Teachers' Association

- Upper Quarter Course – Peripheral Joints, Cervical and Thoracic Spine (2018 & 2022)
- Lower Quarter Course – Peripheral Joints, Lumbar Spine, and Sacroiliac Joint (2017 & 2021)

Positional Release Therapy, The Positional Release Therapy Institute

- Spine and Pelvis Course (2017)
- Upper Quarter Course (2018)

Counterstrain, Jones' Institute (2021)

Movement and Postural Assessment & Treatment Courses

- Selective Functional Movement Assessment, Functional Movement Systems (2014)
- Total Motion Release, Total Motion Release Seminars
  - Level 1 Course (2017)
  - Level 2 Course (2018)
  - Level 3 Course (2018)
- The Myokinesthetic System, Myokinesthetics Inc.
  - Upper Body Course (2017)
  - Lower Body Course (2018)
  - Autonomic Nervous System and Certification Course (2019)

Reflex-Based Therapy Courses

- Primal Reflex Release, SuperSpine Inc. (2019)

Kinesiology Taping Courses

- Functional Movement Training Advanced Kinesiology Taping Certification, *RockTape, Inc.* (2021)
- Functional Movement Training Basic Kinesiology Taping Certification, *RockTape, Inc.* (2021)

Soft Tissue Mobilization

- Instrument-Assisted Soft Tissue Mobilization Course, Técnica Gavilán PTB (2019)

Alternative and Complementary Medicine

- Yuen Method Module I (2017)
- Yuen Method Module II (2017)

Concussion Evaluation, Diagnosis, and Management

- ImPACT Trained Athletic Trainer Certification Course (2015)
- ImPACT Trained Athletic Trainer Re-Certification Course (2021)

### **Student, Athlete, and Patient Health and Wellness**

QPR Suicide Prevention Training, QPR Institute (2021)

Mental Health First Aid, National Council for Behavioral Health (2020)

Green Dot Bystander Intervention Program, University of Idaho (2020)

Safe Zone and Transgender 101 Program, University of Idaho (2020)

### **Conferences and Seminars/Symposiums:**

2023, National Athletic Trainers' Association Annual Meeting & Clinical Symposium, Indianapolis, IN  
2023, Northwest Athletic Trainers' Association Annual Meeting & Clinical Symposium, Spokane, WA  
2022, National Athletic Trainers' Association Annual Meeting & Clinical Symposium, Philadelphia, PA  
2022, Northwest Athletic Trainers' Association Annual Meeting & Clinical Symposium, Portland, OR  
2021, Commission on Accreditation of Athletic Training Education Conference, Orlando, FL  
2021, Northwest Athletic Trainers' Association Annual Meeting & Clinical Symposium, Virtual  
2020, Northwest Athletic Trainers' Association Annual Meeting & Clinical Symposium, Boise, ID  
2020, Northwest Athletic Trainers' Association Annual Student Symposium, Boise, ID  
2019, Commission on Accreditation of Athletic Training Education Conference, Atlanta, GA  
2019, Northwest Athletic Trainers' Association Annual Meeting & Clinical Symposium, Spokane, WA

2019, Athletic Training Educators' Conference, Dallas, TX  
2018, Commission on Accreditation of Athletic Training Education Conference, Tampa FL  
2018, National Athletic Trainers' Association Annual Meeting & Clinical Symposium, New Orleans, LA  
2018, Far West Athletic Trainers' Association Annual Meeting & Clinical Symposium, Las Vegas, NV  
2018, Northwest Athletic Trainers' Association Annual Meeting & Clinical Symposium, Portland, OR  
2017, North Carolina Athletic Trainers' Association Annual Meeting & Clinical Symposium, Charlotte, NC  
2016, Concussion Care: Management of TBI in School-age Children & Young Adults Conference, Asheville, NC  
2015, Mid-Atlantic Athletic Trainers' Association Annual Meeting & Clinical Symposium, Virginia Beach, VA  
2014, National Athletic Trainers' Association Annual Meeting & Clinical Symposium, Indianapolis, IN  
2014, Practical Applications in Sports Medicine Clinical Symposium, Palm Springs, CA  
2014, Far West Athletic Trainers' Association Annual Meeting & Clinical Symposium, Las Vegas, NV