

EXTENSION NEWS ■ FCS ■ MASTER GARDENER ■ 4-H

~ KEEPING OUR COMMUNITY CONNECTED ~

EXTENSION CONNECTIONS



Welcome Cody Beus!

Cody Beus is our new University of Idaho Extension educator for Boundary County focused on agronomy, small farms, and horticulture. Beus provides classes and workshops focused on local agriculture needs, including the Master Gardener program. Cody joins us from Palmer, Alaska where he worked as an FFA Advisor and consultant for the Knik Tribal conservation district. Cody grew up on a dairy farm and feed store in south-central Alaska. He has been a wild-land firefighter, owner of a small nursery, and a reindeer agritourism operation. His professional background includes a certificate in Agribusiness, a B.S. in Agricultural Education from the University of Idaho with a minor in Horticulture, and a M.S. in Natural Resources: Agroforestry from the University of Missouri. He has served as the Secretary for the Alaska State Fair, president of the Mat-Su Chapter of the Alaska Farm Bureau, and member of the Agriculture Advisory Council for the Mat-Su Borough. Cody enjoys all things plants, making community connections, and enjoying the outdoors. He looks forward to serving this community and the unique agricultural opportunities of the area.

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**The Extension Office
will be closed
Nov. 23 & 24 &
Dec. 25 through
January 1 for the
Holidays.**



University of Idaho
Boundary County
Extension Service
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Bonners Ferry ID 83805
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Master Gardener Column



What are Holiday Cacti?

Holiday cacti are indeed true cacti, in the same plant family as the giant saguaros of Arizona and native Wisconsin prickly pears.

The origins of holiday cacti are found in the mountainous jungles of Brazil, where they grow as epiphytic plants, with their roots anchoring them to branches high up in forest trees or sometimes growing in shady areas of cliffs or rock outcrops. Because of their rounded and flattened appearance, the stems are often confused for leaves, but like most cactus, there are no true leaves. In nature, the plants are pendant, hanging from their perches on trees or cliffs. Although young plants have an upright form, as they age the ends of the branches tend to sag, giving a very graceful appearance. In age, the basal stems get thickened and woody, helping support the weight of the younger stems, and seasonally, the great profusion of flowers.

Caring for Holiday Cactus

When planning the care of your holiday cactus plant, think a bit about the conditions in which the plants grow.

- **Temperature.** First, they grow in mountain forests of Brazil, at elevations of 3000-5000 ft. That means they get cool, especially at night in the winter, but never cold. Therefore, consider minimum temperatures to be around 55-60°F; they cannot tolerate frost. Living at higher elevations and in the forest shade, they are not exposed to the high temperatures we often think of in relation to the desert habitats of other types of cactus. In general, they thrive at daytime temperatures of 75-80°F.
- **Sunlight.** Similarly, they do not well tolerate prolonged periods of strong, direct sunlight. They prefer bright indirect light, or the light shade of a lath house or shade house. Some people have great success by putting them outdoors in the frost-free period, such as hanging them in their pots in the branches of a shade tree, but avoid the deep shade found under large mature trees such as Norway maple. A shaded porch is another ideal location; south exposure is best as long as they are not in direct sun for more than a few hours in the morning. Indoors, they grow wonderfully well in a bright window but fresh air movement helps keep plants healthy.
- **Water.** Another consideration is water. Again, in nature, they are growing in locations of perfect drainage, hanging from tree branches or rocky cliffs. In the rain forest, they receive frequent rains during the wet season but the water runs off rapidly and the roots do not persist in waterlogged soil. Even in the dry season, they may get 2-3 inches of rainfall monthly. Frequent waterings are good if your soil mix is very well drained. If you have a heavier soil that tends to retain moisture, allow the soil to dry somewhat between watering. Some growers recommend slightly reducing the watering

regimen in August and September to harden the stems that will be bearing the flowers, and then resuming normal watering once the flower buds start to swell noticeably.

- **Soil.** Ideally, soil will be humusy, slightly acidic, and well drained. A famous commercial grower in southern California recommends a mix consisting of 40% perlite and 60% peat moss. Keep in mind that peat moss tends to lose its structural integrity after a few years, resulting in poor drainage and suffocation of the roots; periodic repotting into fresh soil resolves this situation.
- **Fertilizer.** In nature *Schlumbergeras* receive a constant supply of nutrients from decaying tree foliage, bird droppings, and other natural fertilizer. They normally grow more rapidly than desert-dwelling cacti and therefore can be fertilized more like a conventional houseplant. Use a good-quality, balanced, soluble or granular fertilizer, such as a 10-10-10. If using full strength according to label directions, fertilize monthly. Otherwise, cut the fertilizer rate to about 25% of what is recommended on the label and fertilize with each watering. Stop fertilizing in September to reduce vegetative growth and help stimulate bud formation on strong stems; resume fertilizing after the blossom period. Occasional use of micronutrients may be helpful.
- **Pests.** Holiday cactus are fairly immune from pests but scale insects, mealybugs, and spider mites can occasionally be problems. Use an approved houseplant insecticide according to label directions. Slugs and snails love holiday cacti, so if growing your plants outdoors, keep the pots off the ground. Holiday cacti have relatively few disease problems but constant moisture in a poorly drained soil will promote the development of root-rotting fungi. If the plants are sagging and not growing even though the soil is moist, you should check to see if it has a healthy root system. If not, take some cuttings to start a new plant and use a better-draining soil mix.
- **Propagation.** Plants are easily propagated from stem cuttings. Individual "joints" can be used, or cuttings up to 2-3 joints long. Let the cuttings dry in a shady location 2-3 days and then put in a rooting medium such as perlite, or into a good soil mix. Keep the medium moist but not saturated. Rooting should take place in 2-3 weeks and new growth should start. New plants can be started any time of the year, but you may get better results in late spring through summer. After the new plants have started growth, pinch them back to encourage branching. Often, three new plants are potted together to create an instant pot full.

Source: Adapted from <https://hort.extension.wisc.edu/articles/holiday-cactus/>



The holidays will soon be upon us and it's time to start planning. Have you considered making homemade gifts in your kitchen? Homemade food gifts can have many benefits. Not only can they save you money, but they can allow you to create something not available in stores and show the recipient you put thought and effort into their gift. This can also be a great opportunity to show off your creative talents!



Food safety is important when giving and receiving homemade food gifts. In most cases, I would recommend creating a gift that is shelf-stable and does not require refrigeration. Some great examples of this include soup mixes, baking mixes (cookies, breads, muffins, etc.) or spice mixes/rubs. You can also create non-edible gifts such as bath salts or candles. You could also give the gift of home-canned food, provided you used an up-to-date tested recipe and followed all directions precisely.

When planning to gift a food item, please remember not everything that can be commercially canned can be safely processed in our home kitchens. Examples of these unsafe items include:

- Pesto
- Pumpkin butter or other vegetable-based butters
- Cream soups
- Hot fudge sauce
- Canned breads and cakes
- Herbs or vegetables in oil
- Gifts canned in decorative untested jars

When it comes to decorating your homemade gifts, channel your inner creativity! Take advantage of what you have on hand such as small remnants of fabric, ribbons, yarn, buttons, or beads. You can also take a quick trip to a thrift shop or second-hand store where you can find an abundance of inexpensive items to embellish your presents. You can also take advantage of nature and use things such as pinecones, greens, or flowers to complement the current season. When decorating your items, make sure to include an attractive label so the recipient knows what you have given them as well as any useful instructions.

If you want to try making gifts from the kitchen but don't know where to start, please feel free to reach out to me at amrobertson@uidaho.edu and I can help you find some resources to get started. You could also attend the *Gifts in a Jar* class coming up in December and take advantage of that opportunity to make 2 gifts for the upcoming holidays.

Good luck with your holiday gift creations!

Amy Robertson
Extension Educator



Shopping Online? Know Your Retailer and Your Rights

When you shop online, sellers are supposed to ship your order within the time stated in their ads, or within 30 days if the ads don't give a time. If a seller can't ship within the promised time, it has to give you a revised shipping date, with the chance to either cancel your order for a full refund or accept the new shipping date.

So before you shop online, especially from an unfamiliar retailer, remember these three things:

1. Check out the company or product. Search online for

the name plus terms like "review", "complaint", or "scam". See what other people say about it. Read the seller's description of the product carefully. If the seller has name-brand goods at steeply discounted prices, they might be fakes.

2. Look at the terms of the sale. Make note of the total price, including taxes, shipping, and if there is a restocking fee.
3. Pay by credit card. You'll get protections under federal law, so you don't have to pay for things you ordered but didn't get.

Remember, if you see a scam, or want to report a problem about online shopping, tell the FTC at ReportFraud.ftc.gov.

Source: <https://consumer.ftc.gov/consumer-alerts/2021/06/shopping-online-know-your-retailer-your-rights>



Holiday Turkey Safety Tips

Thawing your turkey in the refrigerator is the preferred method for safety reasons, but you can also thaw it in cold water. The thing to remember about both methods is that they keep your turkey *cold* while thawing—the key to preventing excessive bacterial growth.

Thawing in the Refrigerator

Simply place the turkey in its original wrap on a tray or in a pan to catch moisture that accumulates as it thaws. A thawed turkey may remain in the refrigerator for 1-2 days.

Approximately 24 hours per 5 pounds (whole turkey)	
4-12 pounds	1-3 days
12-16 pounds	3-4 days
16-20 pounds	4-5 days
20-24 pounds	5-6 days

Thawing in the Microwave

Follow the microwave oven manufacturer's instruction when defrosting a turkey. Plan to cook it immediately after thawing because some areas of the food may become warm and begin to cook during microwaving. Holding partially cooked food is not recommended because any bacteria present wouldn't have been destroyed.

Roasting Your Turkey

Set your oven to no lower than 325°F. Place the turkey on a rack in a shallow roasting pan. For more even cooking, cook your stuffing outside the bird in a casserole and use a food thermometer to insure stuffing reaches an internal temperature of 165°F.

If you stuff your turkey, ingredients can be prepared ahead of time; keep wet and dry ingredients separate. Keep the wet ingredients chilled (butter/cooked celery/ onions, broth etc.) Mix the wet and dry ingredients just before filling turkey. Fill cavity loosely. Cook the turkey immediately. Use a food thermometer to insure the center of the stuffing has reached an internal temperature of 165°F.

A whole turkey is safe when cooked to a minimum internal temperature of 165°F. Check the internal temperature in the innermost part of the thigh and wing and thickest part of the breast. If the turkey has a "pop-up" temperature indicator, also check the internal temperature with a food thermometer.

Let the turkey stand for 20 minutes before carving to allow juices to set. The turkey will carve easier. Finally remove all of the dressing from the turkey cavity.

Oven Bag Roasting (Easy)

If you want to cook your turkey the easy way, but a little faster, use an oven bag. The oven bag will save cooking and cleanup time. Follow the cooking directions on the box; add 30 minutes to the recommended cooking time if you choose to stuff your turkey. Your turkey is safe to eat when the thermometer registers 165°F in the innermost part of the thigh, the innermost part of the wing, the thickest part of the breast and the center of the stuffing.

Thawing in Cold Water

Check the wrapping to make sure there are no tears, and place the bird in its unopened bag in the sink or in a large container and cover it with cold water. If the wrapping is torn, place the turkey in another plastic bag, close securely, and then place in water. You will need to change the water every ½ hour as a rule of thumb. Cook the turkey immediately after it is thawed.

Approximately 30 minutes per pound (whole turkey) Change water every ½ hour	
4-12 pounds	2-6 hours
12-16 pounds	6-8 hours
16-20 pounds	8-10 hours
20-24 pounds	10-12 hours

Remember! Always wash hands, utensils, sink and anything else that comes in contact with raw turkey and it's juices with soap & water.

Times tables for Roasting-(325°F oven) Unstuffed	
8-12 pounds	2¾-3 hours
12-14 pounds	3-3¾ hours
14-18 pounds	3¾-4¼ hours
18-20 pounds	4¼-4½ hours
20-24 pounds	4½-5 hours
Stuffed	
8-12 pounds	3-3½ hours
12-14 pounds	3½-4 hours
14-18 pounds	4-4¼ hours
18-20 pounds	4¼-4¾ hours
20-24 pounds	4¾-5¼ hours

Continued from page 4

Times table for Roasting Chicken Parts-(325°F)	
2-3 pounds Breast, half	50 to 60 minutes
4-6 pounds Breast, whole	1½-2¼ hours
6-8 pounds Breast, whole	2¼-3¼ hours
Drumsticks-¾-1 pound	2-2¼ hours
Thighs-¾-1 pound	1¾-2 hours
Wings, wing drumettes 6-8 ounces each	1¾-2¼ hours

For more information about food safety call:

USDA Meat and Poultry Hotline, 1-888-674-6854 or TTY: 1-800-256-7072, Monday-Friday, 10:00am-4:00pm, Eastern Time
E-mail: mph hotline.fsis@usda.gov



The hotline is open on Thanksgiving Day from 8:00am-2:00pm, Eastern Time.

TWO HOLIDAY MYTHS

Canned pumpkin is not as nutritious as fresh:

They are pretty equivalent. Whether fresh or canned, you really can't go wrong with this flavorful and nutrient-dense winter squash. A single half-cup serving of either fresh or canned pumpkin packs more than 100 percent of the recommended daily value of vitamin A and is a good source of several other vitamins and minerals, including fiber, vitamin C, iron, and potassium. Choose 100 percent pumpkin, not cans of pumpkin pie mix, which contain a lot of added sugar, salt, and spices. Using canned pumpkin puree saves time, energy, and even money and might help boost intake of this nutritious food. One definite perk to using fresh pumpkin is the pumpkin seeds, which can be roasted and used in various dishes. Be aware that the flavor of fresh pumpkin might be slightly different than canned, depending on the type of pumpkin used.



Try this: Use 100% pumpkin puree in muffins, pancakes, and savory dishes like soups, overnight oats, casseroles, and pasta sauce. Try making this year's home-made pumpkin pie taste a little more like pumpkin and a little less like sugar.

Cranberry sauce is great for health:



Not with all that added sugar! For many, a Thanksgiving meal is not complete without cranberry sauce. This celebrated staple might seem to be among the healthiest dishes on the table. It could be—if it weren't for all the added sugar. Whole cranberries, fresh or frozen, are naturally low in sugar, but it takes a lot of added sugar to counter their tartness. Cranberries' distinct flavor, along with their deep crimson color, indicate the presence of many healthful plant compounds. They are also rich in fiber and vitamin C.

Try this: Consider making your own sauce or relish with less sugar. Experiment with ingredients like fresh or dried fruit, citrus zest, unsweetened fruit preserves, vanilla or almond extract, and cinnamon to help cut the sugar when making this year's cranberry side-dish.

Source: Tufts University Health & Nutrition Letter November 2021, Vol. 39, No. 9

Dial Pressure Gauge Testing



- ❖ Please plan on bringing your canner lid in to the office the day before and leaving for 24 hours.
- ❖ A \$2.00 fee is charged for testing.

If your pressure canner only has a weighted jiggle, it does not need to be tested.

IF YOU ARE MOVING/HAVE A CHANGE OF ADDRESS, OR WOULD PREFER TO HAVE THE NEWSLETTER EMAILED TO YOU-

PLEASE CALL US AT 208-267-3235 OR EMAIL boundary@uidaho.edu



Workshops, Programs, Bulletins & Classes

Due to space restrictions, proper planning of handouts and trying to ensure an effective learning environment, all Extension sponsored workshops, programs and classes require **pre-registration**. Please contact the Extension office listed for the workshop, program or class you wish to attend.

The University of Idaho Boundary County Extension Office does not want anyone denied access to educational classes based on inability to pay. To inquire about scholarship availability, contact the Boundary County Extension Office at 208-267-3235.

DreamBuilder

DreamBuilder provides free online entrepreneurial training in English and Spanish for **future women business owners**.



If you're thinking of **starting your own business** but don't know where to start, this course can **teach you the skills and concepts you need**. Topics such as marketing, bookkeeping and sales. You'll learn about how much it costs to start a business and about the laws and regulations you'll need to follow. By the end of the course, **you'll have a draft business plan**.

Work at your own pace to complete 15 online modules.

Sign up at www.dreambuilder.org/uidaho **REGISTER TODAY!**

Contact Paul Lewin with questions at dreambuilder@uidaho.edu.

Cooking Under Pressure

Monday, November 13, 2023

11:00 AM-1:00 PM

**Boundary County Extension Office
6791 B Main Street**

Cost: \$10



Have an electric pressure cooker or thinking about buying one? Come join us to learn how to make quick and easy meals for your family. This is a hands-on class, so don't forget your apron. We will also be comparing various brands of electric pressure cookers and seeing how each one operates in order to help you decide which type of electric pressure cooker best meets your needs. Class size limited to 12 people.

To **Register**: Contact the Extension Office; 208-267-3235.

UI Extension Sheep and Goat Monthly Webinar:

UI Extension offers webinars on sheep and goat topics. Follow them on Facebook @UISheepandGoats for the current schedule of topics.



Get the Dish!

A Virtual Cooking Series

Tuesdays, September 19-November 14, 2023

11:00 AM-Noon PT

Noon-1:00 PM MT

Online via Zoom

FREE



Join us and learn exciting culinary skills! To see the full schedule and to register go to bit.ly/Dish.

Holiday Food Hacks

Thursday, November 9, 2023

11:00 AM-12:00 PM

FREE

Online via Zoom



Learn the tips and tricks to planning holiday dishes that will make it a breeze. After attending this class you will be ready to enjoy time with family and friends when the holiday is finally here, thanks to your advanced preparation to reduce stress and increase time constraints.

Register at bit.ly/Holiday23.



Follow UI Extension, Boundary County on Facebook:
www.facebook.com/UIExtensionBoundary

**Visit Us On
The Web @
uidaho.edu/boundary**

Workshops, Programs, Bulletins & Classes

Pressure Canning Basics

Tuesday, November 28, 2023

1:00 PM-4:00 PM

Boundary County Extension Office

6791 B Main Street

COST: \$10



Learn how to safely make and preserve low-acid foods at home such as vegetables, meats, dried beans, and mixed foods. This hands-on class will also teach participants the basics of pressure canning and proper care for your canner. Each participant will make their own jar of product which they can pick up the day after the class. Class size is limited to 12 people.

Contact the Boundary County Extension Office to **register**, 208-267-3235.

QPR Suicide Prevention Class

Friday, December 8, 2023

12:00 PM-1:00 PM

Boundary County Extension Office

6791 B Main Street

FREE

We invite you to attend the next QPR suicide prevention gatekeeper training course offered by Amy Robertson, U of I Extension. To **join the in-person training** please register by emailing amrobertson@uidaho.edu or calling the Boundary County Extension office at 208-267-3235.

The need for suicide prevention efforts is increasing given the challenges of the last few months. Make a difference and help prevent suicide by becoming a trained suicide prevention gatekeeper.

For more information on QPR, visit qprinstitute.com. QPR training is brought to you by the Idaho FORM Project (IdahoFORMProject.com), funded by the Idaho Community Foundation North Idaho Action Fund.

Wreath Making Workshop

Tuesday, December 5, 2023

1:00 PM-3:00 PM

Paradise Valley Grange

3661 Kootenai Trail Road

Cost:\$15



Learn how to make a fresh wreath while learning about the native evergreen species that grow in our region.

To **register** contact the Boundary County Extension Office at 208-267-3235. Class size is limited.

Wreath frame, wire, and greenery will be provided. Bring your own pruners, wire cutters, scissors and any wreath embellishments you would like to use.

Pesticide Recertification Class

Wednesday, December 6, 2023

1:00 PM-4:30 PM

Boundary County Extension Office

6791 B Main Street

Cost: \$5



This class gives you the opportunity to obtain pesticide recertification credits before the end of the year! We anticipate 3 credits available. The course will cover sprayer calibration and herbicide resistance among other topics. Registration is required as space is limited.

To Register: Contact the Boundary County Extension Office @ 208-267-3235.

Safe Gifts from the Kitchen

Thursday, December 7, 2023

11:00 AM-12:00 PM

FREE

Online via Zoom



Learn fun and easy ways to prepare gifts for the holidays that come straight from your kitchen. This class will cover ways to know what are some safe practices, and what recipes should be avoided from making, based on food safety practices.

Register at bit.ly/safegifts23.

Gifts in a Jar

Wednesday, December 13, 2023

2:00 PM-3:30 PM or 5:30 PM-7:00 PM

Boundary County Extension Office

6791 B Main Street

Cost:\$10



In this class you will learn many different ways to create a unique gift in a jar. You'll go home with some of your Christmas gifts already made, and recipes for creating more at home.

Class size is limited to 10 people. Contact the Extension office to **register**, 208-267-3235.

Workshops, Programs, Bulletins & Classes

Mental Health First Aid

Friday, January 19, 2024

8:30 PM-5:00 PM

Boundary County Extension Office

6791 B Main Street

FREE



Mental Health First Aid is a course that teaches you how to help someone who may be experiencing a mental health or substance use challenge. The training helps you identify, understand and respond to signs of addictions and mental illnesses.

To join the in-person training please **register** by emailing amrobertson@uidaho.edu or calling the Boundary County Extension Office at 208-267-3235.

Water Bath Canning

Tuesday, January 23, 2024

1:00 PM-4:00 PM

Boundary County Extension Office

6791 B Main Street

COST: \$10



Learn how to safely make and preserve your own high-acid foods including jams, jellies, tomato products, pickled vegetables, and fruits. This hands-on class will also teach participants about canning basics as well as proper storage and handling of home canned foods. Each participant will make their own jar of product which they can pick up the day after the class. Class size is limited to 9 people.

Contact the Boundary County Extension Office to **register**, 208-267-3235.

FORESTRY SHORTCOURSE

Post Falls

6:30 PM-9:30 PM

Oct. 19, Nov. 2, 9, 16, 30 & Dec. 14, 2023

UI Extension-Kootenai County Office

University of Idaho Research Park

958 S. Lochsa Street, Room 302

(208) 292-2525



St. Maries

9:00 AM-12:00 PM

June 12, 20, 26 & July 3, 10, 17,

2024

Federal Building Meeting Room

Corner of 7th Street & College Avenue

208-245-2422

Many Idaho forest landowners desire a better understanding of "what makes their forest tick" and how they can better manage their forest property. The Forestry Shortcourse will help you:

- Understand basic principles of forest ecology and silviculture,
- Apply that knowledge to your forest to meet your goals, and
- Develop a written forest management plan for your property.

To ensure an effective learning environment, each session is limited to 25 people. A \$38 registration fee (\$120 for UI credit) includes a binder, USB drive of forest management resource materials, and refreshments.

For **registration** questions, contact the University of Idaho Extension office in the county in which the program will be held.

LIFTING WOMEN TO BETTER HEALTH



STRONG WOMEN PROGRAM

Please join us for new strength training sessions Jan. 9-Mar. 14, 2024

STRONGWOMEN

The objective of the Strong Women Program is to improve the health of women by increasing access to safe, structured and effective strength training exercises and nutrition programs.

All Equipment Provided

Location: UI Extension Conference Room

Time Choices:

8:30 a.m. Tuesday, Thursday

Strong Women Stay Young — 2X/wk

10:30 a.m. Tuesday, Thursday

Strong Women Strong Bones — 2X/wk

Cost: \$30 * for 10 week session

Your place is reserved when payment is received

*Scholarships available contact Angela at 208-267-3235

Register @ UI Extension Office, 6791 B Main St.
(208)267-3235

Workshops, Programs, Bulletins & Classes



Living on the Land

January/February, 2024
Thursdays, 6:00 PM-8:00 PM
COST: \$100

Two locations:

**Boundary County Extension Office,
6791 B Main Street**

**Contact Amy Roberson 208-267-3235 if interested
in attending the Boundary County sessions.**

**Bonner County, Sandpoint Organic Center,
N. 10881 Boyer Rd. Contact Jennifer Jensen
208-263-8511 if interested in attending the Bonner
County sessions.**

This course consists of a series of classes designed to meet the needs of participants in the region where it is offered. Topics include: Choosing farm equipment, What to do about weeds, Market and organic gardening, Pasture establishment and renovation, Caring for animals, Water quality, Feeds and feeding, Your living soil, Grazing management.

Turning Idaho Trees into Wreaths

Saturday, December 2, 2023
1:00 PM-3:00 PM
University of Idaho Sandpoint
Organic Agriculture Center
10881 N Boyer Road



Wreaths provide a beautiful decoration for the winter season. Learn to make a fresh wreath using native evergreen boughs. Many of Idaho's native evergreen trees provide the perfect material for creating evergreen wreaths. Jennifer Jensen, UI Extension Educator, will discuss several methods of making wreaths. She will demonstrate how to create a wreath using a box wreath frame and then assist you in making your own wreath.

Supplies provided include a 14-inch wreath frame, wire, and a selection of native evergreen boughs.

Plan to bring any special bows or ornaments you wish to add. Please also bring pruning shears and gloves.

A \$10 registration fee covers handouts and refreshments. Class size is limited. For **registration** questions, contact the Bonner County Extension Office, 208-263-8511.

Identifying Idaho's Tree

Saturday, December 2, 2023
9:00 AM-12:00 PM
University of Idaho Sandpoint
Organic Agriculture Center
10881 N Boyer Road



Because we have such a varied range of geography, soils, and precipitation patterns, Idaho has a wider variety of native trees than most other Rocky Mountain states. The first step in caring for these trees, whether they be in a landscape or in a forest, is correct species identification.

Identifying Idaho's Trees will help participants quickly identify Idaho's most common native trees, including:

- lodgepole pine
- Ponderosa pine
- Western white pine
- Douglas-fir
- Engelmann spruce

A \$10 registration fee covers handouts and refreshments. Class size is limited. For **registration** questions, contact the Bonner County Extension Office, 208-263-8511.

Current Topics in Forest Health 2023

Friday, December 15, 2023
North Idaho College
Meyer Health and Science
Building, Room 106
(For a map go to
[www.nic.edu/about/maps/
campus.aspx](http://www.nic.edu/about/maps/campus.aspx))



Animals, plants, insects, and diseases can sometimes impede reforestation, wildlife habitat, or other forest stewardship goals. Current *Topics in Forest Health* is an annual program that updates forest owners, operators, and natural resource professionals on methods to improve forest health.

A \$26 **registration** fee covers handouts and refreshments. For registration questions, contact the University of Idaho Extension office in Kootenai County (208) 292-2525. For program questions, contact *Chris Schnepf* at the same



University of Idaho
Extension
Boundary County

4-H CLOVER TALK NOVEMBER/DECEMBER 2023




Debbie Higgins
4-H Program Coordinator

November

November 1-30-Registration For National 4-H Conference Open At <https://4h.zuities.org>

November 5-Daylight Saving Time Ends

November 10-Veteran's Day Observed Ext. Office Closed 

November 14-Livestock & Leaders Meeting 6:30 p.m. Ext. Office

November 23-24-Thanksgiving Ext. Office Closed

December

December 5-KYG Registration Opens Up At <https://4h.zuities.org>

December TBA-Executive Livestock & Leaders Meeting

December 15-College Scholarships Deadline

December 24-Christmas Eve

December 25-Christmas Day

December 25-January 1-Christmas Holiday Ext. office Closed

December 31-New Year's Eve

January

January 1-New Year's Day

January 10-Signup Deadline For Fair Participation

January 9-Livestock & Leaders Meeting 6:30 p.m. Ext. Office



Follow Boundary County 4-H on Facebook:

www.facebook.com/boundarycounty4h

Welcome to fall! 4-H enrollment is open, and members and volunteers are signing up. To check out a list of the projects we are offering this year, visit our Facebook page, Boundary County 4-H. Go to 4h.zsuite.org to enroll. If you have any questions, give me a call 208.267.3235 or email deborahh@uidaho.edu. The cost to enroll is \$25.00 per member, for up to three projects, each additional project is \$3.00 extra. Dirt Bike & Horse are \$27.00 per member. Some projects also have additional fees attached for materials. Please note all 4-H fees collected are nonrefundable. Enrollment deadline to exhibit at fair is **January 10, 2024!** Once you have enrolled, fees can be paid at the Extension Office located 6791 Main Street Suite B, cash or check only, we do not take cards. After you enroll and choose your projects you can start your Record Book. Get those goals written, and start inputting any expenses you may have already have for your project (s).

October was busy with an incredibly fun Leader's Banquet. We had a good turn out and everyone went home with some 4-H swag. I really appreciate all the hard work and dedication the volunteer leaders put in to make the 4-H program so successful. We also had the return of the Carnival and Dinner with the Awards Ceremony. We had more games and prizes than ever before and great participation from our 4-H families. 4-H members were honored for all their hard work. If your child won an award but was unable to attend the awards ceremony, please stop by the Extension Office and pick it up as soon as possible. Any member winning an award needs to make sure they write a thank you card to the business or individual that sponsored

their award.

We are bringing back a contest that has not been around since the 1980's! Enrolled 4-H members can enter to win a Market Lamb! There is an application process with a deadline of January 10, 2024. Flyers are on our 4-H Facebook page or at the office. This is super exciting for me, when I was a teenager, we had a similar contest where I won a breeding ewe that had 2 lambs. I would have never taken the market lamb project if it had not been for this program. I'm really excited to see who our winner is. Good luck to all that apply!

Boundary County 4-H has a few openings for leaders this coming year. This is a fantastic opportunity to share your skills with our youth. If you are interested in becoming a leader or have more questions let me know. 4-H is the largest youth organization in the world and we want to keep it going strong locally. Please join us on the second Tuesday of each month at 6:30 pm at the Extension Office for our meetings where we discuss plans, ideas and potential changes.

A shout out to Myia Anderson who is competing at the Eastern National 4-H Round-up presenting her speech to a panel of judges. Myia won the Boundary County Oral Presentation Contest and the Idaho State contest as well. Way to go Myia! Good luck at Nationals, we are rooting for you!

Happy Holidays!

Persons with disabilities have the right to request and receive reasonable accommodations. Please complete the form found at [reasonable-accommodation-for-4-h-parent-complete.pdf \(uidaho.edu\)](https://www.uidaho.edu/extension/4h/parent-completion-form) to assist in evaluating the reasonable accommodation request at least two week prior to the event. Accommodation applications cannot be approved without supporting documentation. Submit the request form found in the link above along with supporting documentation to Center for Disability Access and Resources 875 Perimeter Drive Moscow, ID 83844-4257 cdar@uidaho.edu Phone 208-885-6307, Fax 208-885-9404



ATTENTION ALL 4-H LEADERS—Please mark

November 14 on your calendar! Decembers meetings are Executive Sessions.

Come to the meetings to stay on top of what is going on in 4-H. Livestock committee meets first at 6:30 p.m. followed by Leaders' council starting at 7:00 p.m. at the Extension Office. All parents, members, and community members are welcome to attend meetings.



Congratulations to Joan Poppino for being selected as the 2023 Boundary County 4-H Distinguished Service Award recipient. Joan has dedicated 45 years of service to 4-H. The University of Idaho Boundary County Extension and Boundary County 4-H would like to thank Joan for being instrumental in leading and teaching generations of Boundary County youth.

4-H Friday Friends

Fridays with 4-H Friday Friends have begun! You can find us at the Middle School every Friday during the school calendar year. At \$15 per child (a sliding fee scale is available) we are a great option for youth development programming or just to give your kiddos an extra day of exciting hands-on educational activities. With open enrollment, you can join us for one, all, or anywhere in between during the school year. You may drop off your K-5th graders as early as 7:30 am and pick up any time before or at 5:30 pm. We spend our days making season themed crafts, fun science experiments, physical activities in the gym or out on a hike, TMC (Think, Make, Create) projects, and learning from guest speakers. So far this year we have had a creative visit from Hannah at Teascarlet Fine Arts, Maggie the Cow on Farmers Day, and a great time learning about Robotics from the 4-H Robotics Instructor. We are working with Dr. Willis and the Sherriff's department to set up some fun learning opportunities coming up. We will also offer virtual and in person field trips during programming time. We have enjoyed a virtual tour of a Dinosaur Museum in Washington DC and will be doing another virtual tour in November. These are just a few of the fun learning activities coming up as we have lots in store for the 2023/2024 school year. Please phone the Boundary Extension Office at (208) 267-3235 for more information, or to register your student for Friday programming. We hope to see your students there!

<u>Dates: First Semester</u>	<u>Dates: Second Semester</u>
September: 8, 15, 22, 29	February: 2, 9, 16, 23
October: 6, 13, 20, 27	March: 1, 8, 15, 22
November: 3, 10, 17	April: 5, 12, 19, 26
December: 1, 8, 15, 22	May: 3, 10, 17, 24, 31
January: 12, 19, 26	June: 7





BOUNDARY COUNTY 4-H

Welcome New and Returning 4-H Families

4-H enrollment period is October 10, 2023-January 10, 2024.

All of us with Boundary County 4-H are excited for the beginning of a new 4-H year. We look forward to seeing all of our returning members and meeting our new members.

All enrollments for new and returning members and leaders need to be done online @ <https://4h.zsuite.org>. This is also the platform that is used for record books with the exception of Cloverbuds. Returning families will log-in and new families will create a log-in when enrollment opens after October 10, 2023. After that date, when you log in there will now be an enrollment tab on the left hand side of the screen. Zsuites is accessible by Smartphone, or if using a computer, you must use Firefox or Google Chrome, as Internet Explorer is not compatible. For any families without internet access we will have a computer available at the Extension Office for enrollment use.

The program costs are listed to the right.

All program fees still need to be paid in cash or check at the Boundary County Extension Office, 6791 B Main Street or mailed to PO Box 267, Bonners Ferry. Unpaid enrollments will remain in pending status until program fees have been paid.

The Participation Deadline for 2023/2024 is January 10, 2024 for 4-H projects to be part of the 2024 Boundary County Fair. There is a special date for beef projects of November 1, 2023.

If you have any questions, comments or concerns, please feel free to contact Debbie Higgins or Amy Robertson at the Boundary County Extension Office: 208-267-3235.

CLOVERBUD \$25
MEMBER \$25
HORSE \$27
Dirt Bike \$27
Jewelry Extra \$5 to cover cost of materials
Dutch Oven Extra \$5 to cover cost of materials
4 or More Projects add \$3.00 per project

Leader's Recognition Banquet

The annual 4-H Leader's Recognition Banquet was held on Tuesday, October 4th at the Chic n' Chop Restaurant to recognize all the efforts of the 4-H Volunteer Leaders. The evening included a delicious buffet dinner, awards presentation, and election of the Leader's Council President and Secretary. Congratulations to Maureen Mai who agreed to stay on as President and was duly re-elected and Amy Tye accepted to stay in the Secretary position and also was elected into office. A very special thank-you to all the volunteers who helped make this program year a huge success through their support and dedication to Boundary County 4-H.



Did you miss the opportunity to advertise in this year's Fair Book? Do you know someone who has a business or is new to town that would benefit by advertising in the Fair Book?

Please call Boundary County Extension Office to get advertising information for the 2023 Fair Book. If you have questions, would like to sell ads, or advertise please contact the Extension Office at 208-267-3235 and ask for Debbie.



Bill of Sale vs. Receipt

When we sell items which can range from livestock to a piece of farm equipment it is important that the sale of those items is recorded properly. In 4-H we refer to a **bill of sale** in a livestock project. It is extremely important that you have a bill of sale to show ownership of an animal. A bill of sale is a legal document made by a "seller" to a purchaser, reporting that on a specific date, at a specific locality, and for a particular sum of money or other "value received", the seller sold to the purchaser a specific item of personal, or parcel of real, property of which he had lawful possession.

Is a bill of sale a legal document for a livestock transaction? Yes, if the bill of sale is valid and current.

Note: A brand inspection must be done within 10 days after the date of the sale. A bill of sale does not replace a brand inspection for Cattle & Horses **only**.

A valid bill of sale must include:

- Date of the sale.
- Complete description of livestock sold.
- Name of the purchaser.

- Signature of the seller.



A **receipt** is a written acknowledgement that a specified article or sum of money has been received as an exchange. An example, a receipt from a grocery store lists the items that were purchased and has the date, store information, and amount of money paid. A receipt is not sufficient documentation to establish livestock ownership.

So what do I need in 4-H?

You need to make sure you obtain a bill of sale, this information must be brought with you to initial weigh-ins and needs to be kept in your record book. Given the C.O.O.L. regulations (Country of Origin Labeling) it is really important that you are getting adequate information from the producers. On page 18 is an example of the information that needs to be captured. If you have questions regarding Bill of Sale please do not hesitate to contact the Extension Office at 208-267-3235.

C.O.O.L.

Important Information for all Market Animal Members and Leaders!

As part of the Farm Bill, effective September 30, 2008; individuals who are selling whole muscle retail cuts of meat are required to identify where that animal was born and raised. This labeling is known as Country of Origin Labeling or C.O.O.L.

So what does this mean to you as a livestock member? As a producer of meat animal you will be required to keep records regarding the country the animals you sell were born and raised in. If you are purchasing animals for your 4-H projects you will need this information at the time of purchase. This information must be kept in your records for 1 year after the sale of the animal.

We will utilize the same Quality Assurance form from last year. The form covers the C.O.O.L. requirements for our market animal sale. However, it is important that you can provide the information on your animal (s). It is important you use a good bill of sale and ask the producer questions when you go to purchase your animal(s). If you have any questions regarding C.O.O.L. please contact Debbie at the Extension Office.

Don't forget! November 1st is the 4-H/ FFA Beef Market & Breeding Project Sign-up deadline for the 2024 Fair. Call the Extension Office @208-267-3235 to register.



Market Lamb Essay Contest



for all Boundary County 4-H Members

The Boundary County 4-H program has revived a contest to win a Market Lamb. If you are looking to start the lamb project, this may be the contest for you.

Submit an application with an essay by 5 PM on January 10th, 2024 to the Extension Office located at 6791 Suite B, Main St. Bonners Ferry.

Applications can be picked up at the Extension office or emailed to members.

Application Guidelines:

- Fill out the application & turn in by January 10, 2024.
- You must be enrolled in Market Lamb & have fees paid by January 10, 2024 to be eligible.



Feel free to email your application & essay to deborahh@uidaho.edu



Winner will be selected by the donor & a panel of community members. Winner will be notified by February 15, 2024

Persons with disabilities have the right to request and receive reasonable accommodations. Please complete the form found at [reasonable-accommodation-for-4-h-parent-complete.pdf \(uidaho.edu\)](https://www.uidaho.edu/4h/parent-complete.pdf), to assist in evaluating the reasonable accommodation request at least two week prior to the event. Accommodation applications cannot be approved without supporting documentation. Submit the request form found in the link above along with supporting documentation to Center for Disability Access and Resources 875 Penimeter Drive Moscow, ID 83844-4257 cdar@uidaho.edu Phone 208-865-6307, Fax 208-865-9404

Know Your Government—February 17-29, 2024

Boise

The Know Your Government (KYG) program mission—Empowering youth to be well-informed citizens who are actively engaged in their communities and the world.

KYG is held each Presidents Day weekend in Boise while the legislature is in session.

The conference is designed for youth in **grades eight to ten** to:

- Learn how state government decision-making works.
- Influence state government.
- Learn how the state judicial system works.
- Find out how cases are brought to court.
- Observe the legislative process in action.
- Share ideas with legislators, judges, and other elected officials.
- Have breakfast with legislators and judges.
- Meet teens from across the state.

The 2024 KYG conference will be held at the University of Idaho College of Law, the Boise Centre, Ada County Courthouse and the Capitol.

The registration fee is \$225 for delegates and \$175 for steering committee members and chaperones. Attendees register through Zsuite and must be enrolled in 4-H for the current year.

Details about the conference will be made available after registration closes Feb. 5, 2024. If you have questions regarding the KYG conference, please contact Mike Knutz at mknutz@uidaho.edu.

Leaders Needed

Join the 4-H Community as a member or volunteer leader today!

The start of a new 4-H year is just around the corner and leaders are needed in many different areas.

If you are interested in joining as a leader or Volunteer contact the Extension Office at 208-267-3235.

Project Requirements

As planning is underway for the 2023/2024 4-H year, please remember that project requirements and exhibit standards are fully described in project materials. All leaders will receive copies of these requirements. If you take the time to review the project and exhibit requirements at the beginning of a project that helps eliminate a lot of problems when a project is submitted for the Fair.

Remember:

- All projects have a record book
- All record books must include a story-(project focused)
- Photographs are required in Boundary County
- All projects require a demonstration
- All projects have an exhibit standard

Leaders -if you have questions about the exhibit standards or project requirements please contact Debbie at the Extension Office, 208-267-3235.

If you are moving or have a change of address-please let us know. 208-267-3235



Scholarships

The FAFSA application opened on October 1, 2023.

Those who are interested in attending a college or university and would like to apply for a 4-H college scholarship will need to complete their online FAFSA and submit an application through the University of Idaho. All applications must be received by the **Dec. 15, 2023 deadline**. This means, students will need to submit an application and all applicable documents (e.g. unofficial transcripts) to UI prior to the December 15th deadline as well. Applications and materials received after December 15th will not make it in the application selection pool. Applying for a 4-H College Scholarship **does not** mean that you have to accept the University of Idaho as your institution for higher education to receive the 4-H scholarship, unless specified with the scholarship requirements.

You can find useful information in the APPLYING FOR 4-H COLLEGE SCHOLARSHIPS, *A Guide for Idaho 4-H Scholarship Applicants* manual located at www.uidaho.edu/extension/4h/programs/scholarships.

Visit https://uidaho.co1.qualtrics.com/jfe/form/SV_ELPI5RZlnK4rZzS to access the application.

Please be prepared and apply EARLY! Contact the University of Idaho Extension, 4-H Youth Development Office if you are unsure or have any questions: fourh@uidaho.edu or 208-885-6321.



O.M. Plummer Memorial Scholarship

The Oregon Community Foundation offers an annual scholarship to an Idaho 4-H member who has participated in livestock showing or judging beyond the county level. Applicants must be a senior in high school, a member of a 4-H livestock club and have taken livestock projects for at least three years. The amount of the scholarship has varied from \$300-\$570 in recent years. Completed applications must include an achievement story, a transcript and a photo. Applicants must apply through the 4-H College Scholarship application process by the **December 15** deadline. For instructions on how to apply, please follow *the Applying to the University of Idaho Guide* (PDF) instructions

Idaho Friends of 4-H College Scholarship

The Idaho Friends of 4-H offers \$1,000 college scholarships to Idaho 4-H members attending post-secondary schools in Idaho. Scholarships will be offered for first year students at Idaho universities, colleges, technology or trade schools. Applicants must be between the ages of 16 to 20 and have been a 4-H member for four years, with at least two of those years during high school. Applicants must apply through the 4-H College Scholarship application process by the **December 15** deadline. For instructions on how to apply, please follow *the Applying to the University of Idaho Guide* (PDF) instructions.

Roy and Mamie Jones

A \$1000 college scholarship is available to graduating 4-H members from the Northern District (Benewah, Bonner, Boundary, Clearwater, Idaho, Kootenai/Shoshone, Latah, Lewis, and Nez Perce Counties), who have been in 4-H at least 5 years. Leadership and 4-H achievement in projects other than livestock shall be the primary consideration.

Community involvement and academic achievement are secondary considerations. The award is not based on financial need. Applicants must apply through the 4-H College Scholarship application process by the **December 15** deadline. For instructions on how to apply, please follow *the Applying to the University of Idaho Guide* (PDF) instructions.

Johannesen Leadership Scholarship

A \$1,000 college scholarship is available to graduating Idaho 4-H members who have been in 4-H at least four years and are currently enrolled in 4-H. Overall leadership and 4-H achievement shall be the primary considerations. Community involvement, academic achievement and financial need are secondary considerations Applicants must have a high school GPA of 2.8 or higher. Preference will be given to students attending the University of Idaho. Applicants must apply through the 4-H College Scholarship application process by the **December 15** deadline. For instructions on how to apply, please follow *the Applying to the University of Idaho Guide* (PDF) instructions.

Ruth Shane Memorial Scholarship

A \$1000 scholarship is available to any Idaho graduating high school senior, who has been in 4-H at least 4 years and is currently enrolled in 4-H. Applicant must attend the University of Idaho and have a minimum cumulative GPA of 2.5. Primary consideration will be given to applicants based on their Family and Consumer Sciences project achievement and leadership experience in 4-H and their community. Applicants must apply through the 4-H College Scholarship application process by the **December 15** deadline. For instructions on how to apply, please follow *the Applying to the University of Idaho Guide* (PDF) instructions.

Scholarships Continued

Scholarships Cont. From Page 15

Lillian Jeanette Craig Memorial Scholarship

A \$1000 college scholarship is available to a graduating high school senior, or someone currently enrolled in an institution of higher education, who has been involved in 4-H in Idaho and is a childhood cancer survivor or the sibling of someone who has had childhood cancer. If a sibling, the applicant must have lived in the same household and been between the ages of 4 and 18 when his/her sibling was diagnosed and treated. The scholarship may be used at any college, university or vocational institution. Preference will be given to applicants attending academic institutions in Idaho. Applicants must apply through the 4-H College Scholarship application process by **December 15**. For instructions on how to apply, please follow *the Applying to the University of Idaho Guide* (PDF) instructions.

Murdoch Ranch and Home Supply 4-H Scholarship

The Murdoch's Ranch & Home Supply Scholarship offers \$1,000 college scholarships to Idaho 4-H members attending post-secondary schools. This is not limited to Idaho only. Scholarships will be offered for first year students at any university, college, technology or trade school. Applicants must be between the ages of 16-20 and have been a 4-H member for four years, with at least two of those years during high school. Applicants must apply through the 4-H College Scholarship application process by the **December 15** deadline. For instructions on how to apply, please follow *the Applying to the University of Idaho Guide* (PDF) instructions.

Quinn Family 4-H Food Preservation Scholarship

The Quinn Family 4-H Food Preservation Scholarship shall provide eligible Idaho 4-H students who have participated in food preservation projects with scholarships to support their post-secondary education. Applicants must provide 250-words detailing their participation in food preservation projects during their 4-H Career. This scholarship is available to students planning to attend a two-year trade school, two-year associates degree program, or a four-year college or university of the student's choice. Applicants must apply through the 4-H College Scholarship application process by **December 15**. For instructions on how to apply, please follow *the Applying to the University of Idaho Guide* (PDF) instructions.

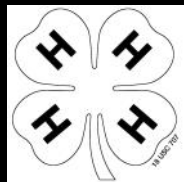
Bonner County Cattlewomen and Cattlemen Agricultural Scholarship

Any college Junior or Senior entering the field of Agriculture or pursuing a degree in Education or any other major, where the student could show an impact on Agriculture (preferably beef). The student must have received their High School diploma while residing in Bonner or boundary County and be entering their Junior or Senior year attending as accredited college in the State of Idaho. Applications are available at Bonner and Boundary County Extension Offices and are due on or before **April 15, 2024**.

Rotary Scholarship

The Rotary Scholarship is offered to any deserving citizen of Boundary County who is graduating or has graduated from Bonners Ferry High School or Home School Program, and wishes to pursue higher education at any accredited college in the State of Idaho. **Applications and deadline will be available early 2024.**

**ADVERTISE YOUR CLUB &
PROJECT MEETINGS IN THE
CLOVERTALK!!!**



LIVESTOCK BILL OF SALE

Livestock Bill of Sale

****This must be completely filled out in order to be accepted****

Seller Name:	Buyer Name:
Address:	Address:
City, State & Zip:	City, State & Zip:
Phone:	Phone:

Animal #1	Animal #2
Species:	Species:
Breed:	Breed:
Sex:	Sex:
Color:	Color:
Birth date:	Birth date:
State of Origin:	State of Origin:
Tag or ID #:	Tag or ID #:
Out of State permit #:	Out of State permit #:
Parasite Treatment:	Parasite Treatment:
Vaccines given:	Vaccines given:
Purchase Price:	Purchase Price:
Breeding Information:	Breeding Information:
As an affidavit is deemed by the USDA as an official record of Country of origin, I attest through first hand knowledge, normal business records, or producer affidavit (s) that all livestock referenced by this "bill of sale" are of _____ (list country) origin.	As an affidavit is deemed by the USDA as an official record of Country of origin, I attest through first hand knowledge, normal business records, or producer affidavit (s) that all livestock referenced by this "bill of sale" are of _____ (list country) origin.

Signature of Seller	Signature of Buyer
Date:	Date:

UI EXTENSION BOUNDARY COUNTY
P.O. BOX 267
BONNERS FERRY, ID 83805

RETURN SERVICE REQUESTED

NON-PROFIT
PRSR STD
U.S. POSTAGE
PAID
PERMIT NO. 145
BONNERS FERRY, ID

NOVEMBER/DECEMBER 2023

KEEPING OUR COMMUNITY CONNECTED



BOUNDARY COUNTY EXTENSION STAFF

Amy Robertson	Extension Educator Family & Consumer Sciences
Cody Beus	Extension Educator Agriculture & Horticulture
Debbie Higgins	4-H Program Coordinator
Hope Newman	4-H Friday Friends Program Coordinator
Angela Tucker	Administrative Assistant
Sheila Pruitt	Secretary

*Where trade names used, no discrimination is intended and no endorsement by the University of Idaho Extension System is implied.

College of Agricultural and Life Sciences

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