

# CURRICULUM VITAE FOR EXTENSION EDUCATOR FACULTY

University of Idaho

**NAME:** Mike Knutz

**DATE:** October 4, 2024

**RANK OR TITLE:** Associate Extension Professor

**DEPARTMENT:** 4-H Youth Development

**OFFICE LOCATION:**

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CSI, Evergreen Building

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**DATE OF FIRST EMPLOYMENT AT UI:** October 4, 2021

**DATE OF TENURE:** Untenured

**DATE OF PRESENT RANK OR TITLE:** October 4, 2021

**EDUCATION BEYOND HIGH SCHOOL:**

**Degrees:**

M.Ag., 1993, Agriculture Education, Oregon State University, Corvallis, Oregon.

B.S., 1992, General Agriculture, Oregon State University, Corvallis, Oregon.

**Certificates and Licenses: Year**

Collaborative Institutional Training Initiative (CITI), Basic Social/Behavior Researcher Certificate, 2021.

Youth Mental Health First Aid, National Council for Behavioral Health, 2018.

National Curriculum & Training Institute, Real Colors Facilitator, 2018.

Oregon State University Extension 4-H, Western Heritage Instructor, 2017.

Oregon State University Extension, National Safe Tractor & Machinery Operation, 2014.

**EXPERIENCE:**

**Teaching, Extension and Research Appointments:**

Extension Associate Professor and Area Extension Educator, University of Idaho, Twin Falls, Idaho, 2021- present.

Associate Professor and Youth Development Faculty, Oregon State University, Yamhill County, Oregon, 2007-2021.

Assistant Professor and Youth Development Faculty, Oregon State University, Polk County, Oregon, 2001-2007.

**Academic Administrative Appointments:**

County Leader, Oregon State University Extension, Yamhill County, McMinnville, Oregon, 2014-2019.

**Non-Academic Employment including Armed Forces:**

Agriculture Science & Technology Teacher, McMinnville High School, McMinnville, Oregon, 1997-2001.

Agriculture Science & Technology Teacher, Burnt River High School, Unity, Oregon, 1995-1997.

Agriculture Science & Technology Teacher, Tillamook High School, Tillamook, Oregon 1994-1995.

Agriculture Science & Technology Teacher, Dayton High School, Dayton, Oregon, 1993-1994.

Student Herdsman, Oregon State University Dairy Center, Corvallis, Oregon, 1991-1993.

**TEACHING ACCOMPLISHMENTS:****Areas of Specialization:**

4-H Youth Development  
 Leadership/Civic Engagement  
 Outreach to New Audiences  
 Building Rapport with Extension Stakeholders

**Intern/Students Advised:**

Salas, Jacqueline Salas, Oregon State University, Public Health, 2019.  
 Springstead, Alyssa, Oregon State University, Liberal Arts, 2018.

**Materials Developed:****Workbooks, Manuals:**

Knutz, M. Know Your Government Conference Handbook - Updated. University of Idaho Extension 4-H Youth Development. 2024.  
 Knutz, M. State Teen Association Convention Handbook. University of Idaho Extension 4-H Youth Development. 2024  
 Knutz, M., P. Damann, and C. Bruynis. Telling Extension's Story with Impact Guide. National Epsilon Sigma Phi. 2022.  
 Knutz, M. and K. Bloir. Facilitated Reflection Session Guide. 4-H Virtual Positive Youth Development Academy, National 4-H Council, 2021.  
 Knutz, M. Yamhill County 4-H Leaders Guide. 2019.

**Websites:**

Knutz, M. Know Your Government Website:  
<https://www.uidaho.edu/extension/4h/events/know-your-government> . 2021.  
 Knutz, M. Farm to School Website:  
<https://extension.oregonstate.edu/4h/yamhill/farm-school-program> . 2020.  
 Knutz, M. 4-H Camp Website: <https://extension.oregonstate.edu/4h/yamhill/camps> . 2019.

**Video Productions:**

Knutz, M. and M. Huffman. 2022 Youth Epsilon Sigma Phi, National 4-H Positive Youth Development Academy. For 4-H Youth Professionals, (two sessions 35 minutes each).

Knutz, M. 2020. The Four for Moving Forward, National 4-H Council Covid19 Webinar for Helping Youth Thrive. For 4-H Professionals.  
[https://us02web.zoom.us/rec/play/WonzRbsYjZ1rERtwU1512V9xpiHWFUoLwbg38TY\\_3Nyj2NbosbcZHHCuj\\_4DSkZZ8ZWr-sJZ\\_wl2cJC.tSfa8wMZYfYilqjJ?continueMode=true&\\_x\\_zm\\_rtaid=rXKWTJIsTcKAc2\\_8\\_aNywv.1643122147525.457d8a696f9862a5233094af4b85e661&\\_x\\_zm\\_rtaid=917](https://us02web.zoom.us/rec/play/WonzRbsYjZ1rERtwU1512V9xpiHWFUoLwbg38TY_3Nyj2NbosbcZHHCuj_4DSkZZ8ZWr-sJZ_wl2cJC.tSfa8wMZYfYilqjJ?continueMode=true&_x_zm_rtaid=rXKWTJIsTcKAc2_8_aNywv.1643122147525.457d8a696f9862a5233094af4b85e661&_x_zm_rtaid=917)

Knutz, M., C. Ashton, L. Hoskings, J. Gandy, and T. Middleton. Overview of the 4-H Thriving Model, for staff and volunteer training.  
[https://media.oregonstate.edu/media/t/0\\_e0wxvitx](https://media.oregonstate.edu/media/t/0_e0wxvitx). 2020.

Knutz, M. and V. Smith. ShoWorks Training for staff and Fair Superintendents. Oregon State University Extension 4-H Program. 2019.

**PowerPoint/Slide presentations:**

- Knutz, M. and I. Teixeira. Goal Setting. Developed for Extension Staff. 2024
- Knutz, M. and A. Pitts. Belonging and Program Quality. Developed for Extension 4-H Professionals. 2023.
- Knutz, M. Quality 4-H Experience. Developed for 4-H staff and volunteers. 2020.
- Knutz, M. Quality 4-H Experience. For staff and 4-H volunteer training. 2020.
- Knutz, M. 4-H Volunteer Orientation. For staff and 4-H volunteers. 2019.
- Knutz, M. 4-H Camp Evaluation. For use with camp staff & teen volunteers. 2019.

**Knutz, M.** 2020. 4-H Volunteer and instructor training Website:

<https://extension.oregonstate.edu/4h/volunteer-instructor-training>

- Youth Program Quality Principles for 4-H Clubs
- Youth Program Quality Principles for In-School 4-H Programs
- Youth Program Quality Principles for 4-H Camp

**Knutz, M.** 2020. Oregon Agriculture Learning Module for Farm to School Students:

<https://extension.oregonstate.edu/farmtoschool/education-school-gardens>

**Non-Credit Classes, presentations, Workshops, Seminars, Invited Lectures, etc.:****4-H Youth Development****National**

- Knutz, M. and G. Miner. 4-H Community of Practice: Lesson Study in Action, Certified 4-H Thriving Model Curriculum Trainers, National 4-H Positive Youth Development Committee, webinar, 2024.
- Knutz, M. and Pitts, A. Ensuring Program Quality and Belonging, Positive Youth Development Academy; Foundations of Positive Youth Development for Early Career 4-H Professionals, Webinar, 2023. Invited presentation.
- Campbell, K., **M. Knutz**, G. Miner. Enhancing Pedagogical Design Capacity through Lesson Study: A Reflective Model of Professional Development, Certified 4-H Thriving Model Curriculum Trainers, National 4-H Positive Youth Development Committee, webinar, 2023.
- Campbell, K., **M. Knutz**, G. Miner, and M. Smith. Pedagogy and Curriculum “Dissection” 4-H Thriving Curriculum. Certified 4-H Thriving Model Curriculum Trainers, National 4-H Positive Youth Development Committee, webinar, 2023.
- Knutz, M., G. Miner, and M. Smith. 4-H Thriving Curriculum Development and Curriculum Enactment. Certified 4-H Thriving Model Curriculum Trainers, National 4-H Positive Youth Development Committee, webinar, 2023.
- Knutz, M. Intentional Positive Youth Development Practices that Promote Youth Thriving. Purdue University 4-H Statewide In-service Training, Indianapolis, Indiana, 2022. Invited presentation.
- Knutz, M. Relationships are Key, Purdue University 4-H Statewide In-service Training, Indianapolis, Indiana, 2022. Invited presentation.
- Knutz, M. Engaging Volunteers with Program Quality Principles, Purdue University 4-H Statewide Inservice Training, Indianapolis, Indiana, 2022. Invited presentation.
- Knutz, M. and M. Huffman. 4-H Positive Youth Development Academy Youth Epsilon Sigma Phi Training, The 4-H Positive Youth Development Academy. webinar, 2022.
- Knutz, M., A. Jepsen., G. Miner, and M. Smith. Professional Development of the 4-H Thriving Model, The 4-H Positive Youth Development Academy. Webinar, 2021. Invited presentation.
- Knutz, M. Helping Youth Thrive – Four for Moving Forward Through COVID-19. Invited presentations:
- National 4-H Program Leaders Working Group, webinar, 2020.
  - National 4-H Program Leaders Working Group, Positive Youth Development Champion webinar, 2020.
  - North Central Region of Volunteer Development Specialists, webinar, 2020.
  - University of Idaho State 4-H Faculty and Staff, webinar, 2020.
- Knutz, M. and A. Jepsen. 4-H Thriving Model: Connecting Youth to Thrive in Our Programs, National 4-H

Military Partners Conference, webinar, 2020. Invited presentation.  
 Knutz, M. and A. Jepsen. Hitting the Mark with the 4-H Thriving Model, National 4-H Shooting Sports Program State Coordinators, webinar, 2020. Invited presentation.  
 Knutz, M. and C. Ashton. Youth Adult Partnerships. National 4-H CS Pathways Program, webinar, 2019. Invited presentation.

### **State**

Knutz, M. Know Your Government, Association of Idaho Cities Conference, Boise, 2024.  
 Knutz, M. Goal Management: A Systems Approach, North Idaho Teen Leadership Retreat, Rathdrum, Idaho, 2023.  
 Knutz, M. Thriving Indicators, North Idaho Teen Leadership Retreat, Rathdrum, Idaho, 2023.  
 Knutz, M. Sparks, North Idaho Teen Leadership Retreat, Rathdrum, Idaho, 2023.  
 Knutz, M. 4-H Program Quality Principles, Central District 4-H Volunteer Training, Filer, Idaho, 2023.  
 Knutz, M., S. Nash, and N. Shelstad. Crucial 4-H Conversations, Idaho 4-H Inservice, Boise, Idaho, 2023.  
 Knutz, M. Teen Focus Group, Idaho Teen Programs, Worley, Idaho, 2023.  
 Knutz, M. Teen Focus Group, Idaho Teen Programs, Boise, Idaho, 2022.  
 Shelstad, N., M. Knutz, S. Nash, D. Schwarting, and J. Wilson. New Faculty and Staff Orientation, Idaho 4-H Inservice, Boise, Idaho, October 2022.  
 Knutz, M. Developmental Relationships at Camp, Teen Leadership Tent Camp, Minidoka, Idaho, 2022.  
 Knutz, M., D. Schwarting, and N. Shelstad. Developmental Relationships, Idaho 4-H Inservice, Boise, Idaho, October 2021.  
 Knutz, M. 4-H Thriving Model, New 4-H Staff and Faculty Meeting, webinar, 2020.  
 Knutz, M., M. McCabe, E. Lampe, D. Lager, A. Lewis, and S. Mayhew. Promote Positive Youth Development through Service, Salem, Oregon, 2020.

### **County**

Knutz, M. Helping Youth Thrive, 4-H Swine Leaders, Twin Falls, Idaho, January 2024.  
 Knutz, M. Quality 4-H Experience, 4-H Beef Leaders, Twin Falls, Idaho, January 2022.  
 Knutz, M. 4-H Quality Clubs, 4-H leaders, McMinnville, Oregon, 2019.  
 Knutz, M. Youth Empowerment, 4-H leaders Training, McMinnville, Oregon, 2019.  
 Knutz, M. 4-H Policy & Procedures, 4-H leaders Training, McMinnville, Oregon, 2019.  
 Knutz, M. 4-H New Leader Orientation, McMinnville, Oregon, 2019.  
 Knutz, M. Youth Empowerment, 4-H leaders Training, McMinnville, Oregon, 2018.  
 Knutz, M. 4-H Policy & Procedures, 4-H leaders Training, McMinnville, Oregon, 2018.  
 Knutz, M. 4-H New Leader Orientation, McMinnville, Oregon, 2018.  
 Knutz, M. 4-H Quality Clubs. 4-H leaders, McMinnville, Oregon, 2017.

### **Leadership/Civic Engagement**

#### **National**

Knutz, M. What to Expect when coming to Washington D.C., Public Issues Leadership Development Conference, webinar, 2022, 2023, 2024. Invited presentation.  
 Knutz, M. and C. Ashton. Teens as Teachers. National 4-H Computer Science Pathways Program, webinar, 2019. Invited presentation.

#### **State**

Knutz, M. Growing Teen Leaders. Idaho 4-H Inservice, Boise, Idaho, 2023.  
 Knutz, M., D. Callister, T. Roland, and C. Vaughn. Idaho 4-H Know Your Government Steering Committee, Boise, Idaho, 2023.  
 Knutz, M. Pollinator Habitat Teen Ambassador Training, Central District, Rupert, Idaho, 2023.  
 Knutz, M. Pollinator Habitat Teen Ambassador Training, Northern District, Worley, Idaho, 2023.  
 Knutz, M. Real Colors, understanding yourself and others, Southern District Camp Counselor Training, Cascade, Idaho, 2022.  
 Knutz, M. Real Colors, understanding yourself and others. Central District Ambassador Retreat, Albion,

- Idaho, 2022.
- Knutz, M. Real Colors, understanding yourself and others. Southern District Ambassador Retreat, McCall, Idaho, 2022.
- Knutz, M., D. Callister, T. Roland, and C. Vaughen. Idaho 4-H Know Your Government Steering Committee, Boise, Idaho, 2022.
- Knutz, M. Teen Leadership Programs, Idaho 4-H Inservice, Boise, Idaho, October 2021.
- Knutz, M., C. Smith, and A. Derby. Telling Your 4-H Story, Webinar, 2021.
- Knutz, M., C. Ashton, J. Gandy, T. Middleton, and L. Hosking. Thriving with Hopeful Purpose, 4-H Staff Monthly Meet-up, webinar, 2020.
- Knutz, M., C. Ashton, J. Gandy, T. Middleton, and L. Hosking. 4-H Program Quality Principles, 4-H Staff Monthly Meet-up, webinar, 2020.
- Knutz, M., C. Ashton, J. Gandy, T. Middleton, and L. Hosking. Introduction to the 4-H Thriving Model, 4-H Staff Monthly Meet-up, webinar, 2020.
- Knutz, M., C. Ashton, J. Gandy, T. Middleton, and L. Hosking. Thriving with Hopeful Purpose, 4-H Staff Monthly Meet-up, webinar, 2020.
- Knutz, M., M. McCabe, and S. Carlson. 4-H Western Oregon Retreat on Leadership Development, Salem, Oregon, 2020.
- Knutz, M., and M. McCabe. Camp Leadership Training, virtual, April 2020.
- Knutz, M. Real Colors, 4-H Western Oregon Retreat on Leadership Development, Salem, Oregon, 2019.
- Knutz, M., and M. McCabe. Camp Evaluation Report, Camp Leadership Training, Salem, Oregon, 2019.
- Knutz, M. Writing Goals for Self-Improvement, Camp Leadership Training, Salem, Oregon, 2019.
- Knutz, M. Your Leadership Journey, 4-H Summer Conference, Corvallis, Oregon, 2018.
- Knutz, M. Youth Engagement, International Camp Staff, Salem, Oregon, July 2018.
- Knutz, M. Your Leadership Journey, International Camp Staff, Salem, Oregon, July 2017.
- Knutz, M. Camp Leadership Training, Salem, Oregon, February 2017.
- Your Leadership Journey
  - Difficult Conversations
  - Teamwork
- Knutz, M. Master Shooting Sports Leader Training, Canby, Oregon, 2017.
- Knutz, M. Oregon Experiencing Citizenship Conference, Salem, Oregon 2017
- Contacting your Legislator
  - Bill to Law Process

### **District**

- Knutz, M., Pathways to Growing Leadership, Eastern Idaho District 4-H Staff Development Meeting, Rigby, Idaho, January 2022. Invited presentation.

### **County**

- Knutz, M. Parliamentary Procedure, Emmett, Idaho, 2022.
- Knutz, M. Leadership Development for 4-H Ambassadors, virtual, 7 sessions, 2021.
- Knutz, M. Leadership Development for 4-H Ambassadors, virtual, 7 sessions, 2020.
- Knutz, M. and K. Watcherson. Oregon State University Extension Service; Impacts, McMinnville, Oregon, 2019.
- Knutz, M. Leadership Development for 4-H Ambassadors, virtual, 11 sessions, 2019.
- Knutz, M. and K. Watcherson. Oregon State University Extension Service; Impacts, McMinnville, Oregon, 2018.
- Knutz, M. and K. Watcherson. Oregon State University Extension Service; Impacts, McMinnville, Oregon, 2017.

### **Outreach to New Audiences**

#### **National**

- Knutz, M., and G. Manker. Juntos 4-H Clubs, National Juntos Training, Twin Falls, Idaho, 2022.

#### **State**

- Knutz, M. and J. Stables. Youth Tractor Safety Certification Course, McMinnville, Oregon, 2021.

Knutz, M. and J. Stables. Youth Tractor Safety Certification Course, McMinnville, Oregon, 2020.  
 Knutz, M. and J. Stables. Youth Tractor Safety Certification Course, McMinnville, Oregon, 2019.  
 Knutz, M. and J. Stables. Youth Tractor Safety Certification Course, McMinnville, Oregon, 2018.  
 Knutz, M. and J. Stables. Youth Tractor Safety Certification Course, McMinnville, Oregon, 2017.

### **County**

Knutz, M. Teamwork Done Right. Juntos Program, Twin Falls, Idaho, 2021.  
 Knutz, M. Real Colors, understanding yourself and others. Juntos Program, Twin Falls, Idaho, 2021.  
 Knutz, M. and M. Falcon. Farm to School, webinar, 5 sessions, 2021.  
 Knutz, M. and M. Falcon. Farm to School & Healthy Kids Club, McMinnville, Oregon, webinar, 6 sessions, 2020.  
 Falcon, M. and **M. Knutz**. Healthy Kids Program, Yamhill County, Oregon, 11 sessions, 2019.  
 Falcon, M. and **M. Knutz**. Healthy Kids Program, Yamhill County, Oregon, 11 sessions, 2018.  
 Falcon, M. and **M. Knutz**. Healthy Kids Program, Yamhill County, Oregon, 9 sessions 2017.  
 Falcon, M. and **M. Knutz**. Youth Advocates 4 Health, McMinnville, Oregon, 6 sessions 2017.  
 Knutz, M. and S. Mayhew. Science, Engineering, Technology with Robotics Spring Afterschool Program. McMinnville, Oregon. 64 sessions, 2017.

### **SCHOLARSHIP ACCOMPLISHMENTS:**

Description of personal contributions

\* Corresponding author

1. Developed project idea
2. Obtained or provided project funding/resources
3. Collected data
4. Analyzed data
5. Contributed significantly to writing
6. Contributed significantly to editing

### **Publications, Exhibitions, Performances, Recitals:**

#### **Refereed:**

##### **Journals:**

- Knutz, M. 2007. 4-H Delivery to Homeschool Audiences. Journal of Extension. 45(3) Available at: <https://archives.joe.org/joe/2007june/iw1.php> (1, 2, 3, 4, 5, 6)
- Bourdeau, V. and **M. Knutz**. 2006. Project WILD: A Tool that Provides Camp Counselors with Leadership Opportunities While Managing Risk. Journal of Extension. 44(5) Available at: <https://archives.joe.org/joe/2006october/tt5.php> (1, 2, 3, 4, 5, 6)

#### **Peer Reviewed/Evaluated:**

##### **Extension Publications:**

- Arden, P. and **M. Knutz**. 2011. Learning Styles. 4-H National Headquarters Fact Sheet. National Institutes for Food and Agriculture, United States Department of Agriculture. Available at: <https://nifa.usda.gov/sites/default/files/resource/Understanding%20Learning%20Styles.pdf> (1, 3, 4, 5, 6)

##### **New Curricula Developed:**

- Miner, G., M. Smith, A. Jepsen, **M. Knutz**, K. Campbell, Z. Garcia, and P. Ealy. 2023. 4-H Thriving Model Training Curriculum - Understanding Developmental Relationships. Washington DC: National 4-H Council. Available at: <https://helping-youth-thrive.extension.org/helping-youth-thrive-curriculum-part-one/> (1, 5, 6)

Miner, G., M. Smith, A. Jepsen, **M. Knutz**, K. Campbell, Z. Garcia, and P. Ealy. 2023. 4-H Thriving Model Training Curriculum - Understanding Program Quality (Belonging). Washington DC: National 4-H Council. Available at: <https://helping-youth-thrive.extension.org/helping-youth-thrive-curriculum-part-one/> (1, 5, 6)

Miner, G., M. Smith, A. Jepsen, **M. Knutz**, K. Campbell, Z. Garcia, and P. Ealy. 2023. 4-H Thriving Model Training Curriculum - Understanding Sparks. Washington DC: National 4-H Council. Available at: <https://helping-youth-thrive.extension.org/helping-youth-thrive-curriculum-part-one/> (1, 5, 6)

#### **Refereed (in press):**

Miner, G., **M. Knutz**, K. Campbell, and P. Ealy. 2024. 4-H Thriving Model: Challenge & Discovery- A Growth Mindset. Washington DC: National 4-H Council. (1, 5, 6)

Miner, G., **M. Knutz**, K. Campbell, and P. Ealy. 2024. 4-H Thriving Model Training Curriculum – Goal Setting & Management. Washington DC: National 4-H Council. (1, 5, 6)

Miner, G., **M. Knutz**, K. Campbell, and P. Ealy. 2024. 4-H Thriving Model Training Curriculum – Transcendent Awareness. Washington DC: National 4-H Council. (1, 5, 6)

M. Knutz, G. Miner, K. Campbell, and P. Ealy. 2024. 4-H Thriving Model Training Curriculum - Hopeful Purpose. Washington DC: National 4-H Council.

M. Knutz, G. Miner, K. Campbell, and P. Ealy. 2024. 4-H Thriving Model: Positive Emotions. Washington DC: National 4-H Council.

M. Knutz, G. Miner, K. Campbell, and P. Ealy. 2024. 4-H Thriving Model: Prosocial Orientation. Washington DC: National 4-H Council.

Knutz, M. 2024. 4-H Quality Experience Volunteer Multi-Media Training. Idaho 4-H Youth Development.

Fisher, M., **M. Knutz**, N. Shelstad, and S. Nash. 2024. New 4-H Staff Orientation Multi-Media Training.

Knutz, M., S. Nomee, and D. Scott. 2024. 4-H Know Your Government project manual. Idaho 4-H Youth Development.

#### **Other:**

##### **University of Idaho Impact Statements:**

Knutz, M., D. Callister, T. Roland, C. Vaughan, T. Balderrama, E. Rogers, and T. Tverdy. 2024. 4-H empowers youth to reach their full potential. <https://www.uidaho.edu/-/media/uidaho-rEpsilonSigmaPhiionsive/files/extension/admin/impacts/2024/7-24-mknutz-kyg-conference.pdf?la=en&rev=03150d1e078440f9ade45b71577ea32c> (3)

Fisher, M., **M. Knutz**, M. Toomey, R. Baumgartner, T. Miller, P. Wray, A. Statz, C. Lockard, C. Carter, and T. Tverdy. 2023. Idaho's 4-H Learn, Engage, Act, Develop, Summit (LEADS) builds youth leadership. <https://www.uidaho.edu/-/media/uidahoonsive/files/extension/admin/impacts/2023/55-23-mfisher-youth-leadership.pdf?la=en&rev=1e7175b2fc2d4071a5ab321ea95cc6d8>

Knutz, M., T. Tverdy, D. Callister, T. Roland, E. Rodgers, C. Vaughan, and T. Balderrama 2023. 4-H offers a high-quality youth development experience through Know Your Government Conference. University of Idaho Extension Impact Report.

Knutz, M., G. Wittman, T. Tverdy, K. Boice, C. Clarich, and N. Hampton. 2022. Idaho 4-H State Teen Association Convention (STAC) promotes Youth Thriving. University of Idaho Extension Impact Report. (1, 2, 3, 4, 5, 6)

Knutz, M., D. Callister, T. Roland, E. Rodgers, C. Vaughan, and T. Balderrama. 2022. IDAHO Teens gains valuable skills through 4-H Know Your Government Conference. University of Idaho Extension Impact Report.

##### **Oregon State University Impact Statements:**

Knutz, M. 2020. Reaching Youth with STEM Programming. Oregon State University Extension

**Impact Report.**

- Knutz, M. 2020. Cooking Healthy at Home. Oregon State University Extension Impact Report.
- Knutz, M. 2019. Camp Counselors use the Thriving Model to Improve Camp. Oregon State University Extension Impact Report.
- Knutz, M. 2019. Inspiring Youth to Make Healthier Food Choices. Oregon State University Extension Impact Report.
- Knutz, M. 2019. Making a difference in Thriving, Yamhill County 4-H Youth Development Program. Oregon State University Extension Impact Report.
- Knutz, M. 2018. Growing in Leadership in 4-H. Oregon State University Extension Impact Report.

**Research Reports:**

- Arnold, M. and **M. Knutz**. 2019. Oregon 4-H Computer Science Pathway Youth Outcomes Report. Oregon State University Extension 4-H Youth Development Program.

**Scholarly presentations and Other Creative Activities:****Displays and Posters:**

- Knutz, M. 2024. Harness the Power of Youth in Program Design & Delivery. National Association of Extension 4-H Youth Development Professionals Conference. Boise, Idaho.
- Miner, G., M. Smith, P. Ealy, K. Campbell, **M. Knutz**. 2023. Curriculum & Professional Development: Two Sides of the Same Coin. National Association of Extension 4-H Youth Development Professionals Conference. Pittsburg, Pennsylvania.
- Knutz, M. 2023. Program Theory to Design; Creating a Teen Program. Pacific Northwest 4-H Conference. Boise, Idaho.
- Knutz, M., T. Dodge, T. Johnson<sup>1</sup>, C. Ashton, M. Livesay, A. Fonseca, I. Carrasco, M. Mintken, C. Curiel, D. Hoynacki, S. Busler, J. Peters and M. Arnold. 2015. Healthy Communities Outreach Project. We are all Food Heroes: Internal and external capacity building to reach underserved audiences. Whole Grains Summit. Portland, Oregon. Poster presentation.
- Culbert, D., **M. Knutz, M.**, B. Claypoole, K. Wells, S. Cosgrove, E. Burton, M. Albright, and P. Lewis. 2014. Winning the Race for Professional Excellence. Epsilon Sigma Phi National Conference, Indianapolis, Indiana.
- Knutz, M. & J. Brandt. 2005. The Effect of Participation of Youth in Camp Counselor Programs. OSU Extension 4-H Spring Conference. The Dalles, Oregon.
- Knutz, M. & J. Brandt. 2005. The Effect of Participation of Youth in Camp Counselor Programs. OSU Extension Annual Conference, Corvallis, Oregon.
- Knutz, M. 2005. Reaching the Homeschool Audience in your County. OSU Extension 4-H Spring Conference. The Dalles, Oregon.
- Arnold, M., **M. Knutz**, J. Brandt, W. Davis, J. Jones, N. Kershaw, J. Meinhold, P. Olsen, P. and J. Williams. 2004. The Effect of Participation in Youth as Partner Opportunities on Positive Youth Development Outcomes in Older 4-H Youth. OSU Extension Annual Conference, Corvallis, Oregon.
- Knutz, M. and T. Skubinna. 2003. 4-H Program Delivery to Homeschooled Youth. Galaxy II Conference, Salt Lake City, Utah.
- Knutz, M. and T. Skubinna. 2003. Older Youth Can Lead. Galaxy II Conference, Salt Lake City, Utah.
- Knutz, M. and T. Skubinna. 2003. 4-H Program Delivery to Homeschooled Youth. Oregon State University Extension 4-H Spring Conference. Bend, Oregon.
- Knutz, M. and T. Skubinna. 2003. Older Youth Can Lead. Oregon State University Extension 4-H Spring Conference. Bend, Oregon.

**Professional Meeting Papers, Workshops:****National**

- Knutz, M. 2024. Building High Performing Teams, National Epsilon Sigma Phi Conference, Virginia Beach, Virginia.
- Knutz, M, K. Baker, R. Holcraft, J. Nagele, and M. Magana. 2024. What Can 4-H Staff Do to Serve

- ALL Youth? National Extension Urban Leaders Conference, Nashville, Tennessee.
- Knutz, M. 2024. Youth Leading Youth to Positive Youth Development Outcomes. Positive Youth Development Virtual Academy: Building Youth Resilience, Purpose, and Readiness through Positive Youth Development.
- Knutz, M. and L. Hosking. 2022. The Empower Volunteers to Apply Program Quality Principles and Emotional Wellness concepts to Build Youth Resiliency Virtual 4-H Positive Youth Development Academy.
- Knutz, M., P. Damann, and C. Bruynis. 2022. Talking about Extension doesn't have to be scary. Public Issues Leadership Development Conference, Alexandria, Virginia.
- Arnold, M. and **M. Knutz**. 2021. Inspire Your 4-H Youth Development Practice: Six Principles to Ensure Youth Thrive. National Extension Association of 4-H Youth Development Professionals Conference, Memphis, Tennessee.  
[https://cdn.ymaws.com/www.nae4hydp.org/resource/resmgr/events/2021/2021\\_Conference\\_Seminar\\_Sche.pdf](https://cdn.ymaws.com/www.nae4hydp.org/resource/resmgr/events/2021/2021_Conference_Seminar_Sche.pdf)
- Arnold, M., M. Walker, A. Guin, R. Guidugli, and **M. Knutz**. 2021. Advancing the 4-H Thriving Model. Pre-Conference Workshop, National Extension Association of 4-H Youth Development Professionals Conference, Memphis, Tennessee.
- Knutz, M. and R. Riggs. 2020. Building Rapport with Elected Officials. Public Issues Leadership Development Conference, Virtual.
- Knutz, M. Quality 4-H Clubs begins with Volunteer Training. 2019. National Association of Extension 4-H Youth Development Professionals Conference, White Sulphur Springs, West Virginia. <https://www.nae4hydp.org/page/mountainsofopportunity>.
- Knutz, M., J. Myers, and A. Berry. 2019. How far has Extension advanced in the inclusion of LGBTQ+ Individuals? Epsilon Sigma Phi National Conference, Colorado Springs, Colorado.
- Knutz, M. and M. Viebrock. 2019. Successful Fundraising Ideas When Everything Else Hasn't Worked! Epsilon Sigma Phi National Conference, Colorado Springs, Colorado.
- Knutz, M. and K. Watcherson, 2018. Building Rapport with Elected Officials, Epsilon Sigma Phi National Conference, Manhattan, Kansas.
- Knutz, M. and M. Blevins. 2018. Professional Leadership Development. Manhattan, Kansas, Epsilon Sigma Phi National Conference, Manhattan, Kansas.
- Knutz, M., K. Reddersen, W. Carpenter, and D. Bolton. 2017. Communicating the Impact of Extension, Epsilon Sigma Phi National Conference, Wilmington, North Carolina.
- Warnock, D., **M. Knutz**, and C. Smith. 2017. Productive Conversations in the workplace. Epsilon Sigma Phi National Conference, Wilmington, North Carolina.
- Knutz, M. and S. Northway. 2016. Brain Centered Teaching, Epsilon Sigma Phi National Conference, Cape May, New Jersey.
- Berry, A., and **M. Knutz**. 2016. Inclusive Extension; Public Issue #1, Epsilon Sigma Phi National Conference, Cape May, New Jersey.
- Knutz, M. 2016. Brain Centered Teaching. National Association of Extension 4-H Agents, Annual Conference, New Orleans, Louisiana.
- Knutz, M. and B. Brody. 2015 How is your Emotional Intelligence (EI)? Maximize Team Performance with EI, JCEP Leadership Conference, Las Vegas, Nevada.
- Knutz, M., B. Brody, and K. Tift. 2015. Impact through Community Coaching, Joint Council of Extension Professionals Leadership Conference, Las Vegas, Nevada.
- Knutz, M. and L. Santa Maria. 2014. Outreach Today to Serve Extension's Audience of Tomorrow. Epsilon Sigma Phi National Conference, Indianapolis, Indiana.
- Knutz, M. 2013. Camping Traditions to Enhance Experience. National Camping Association Western Conference. Palm Springs, California.
- Ashton, C., A. Fonseca, B. Sawyer and **M. Knutz**. 2014. The Oregon Sustainable Community Project (SCP): A Review of Two Latino and At-risk Youth Engagement Projects. Children, Youth, Families At Risk (CYFAR) National Conference, San Francisco, California.
- Knutz, M. and C. Ashton. 2010. Positive Youth Development with Teens. 90 minutes. Youth, Families At Risk (CYFAR) National Conference, Las Vegas, Nevada.
- Ashton, C., **M. Knutz**, and M. Lesmeister. 2010. The Influence of Generational Styles on Volunteerism: Recruitment, Training, and Recognition. Youth, Families At Risk (CYFAR)

- National Conference, Las Vegas, Nevada.
- Knutz, M. 2007. Camp Traditions. National 4-H Camping Institute, Salem, Oregon.
- Knutz, M. 2006. Kids @ Computers. Pacific Northwest 4-H and Family Community Development Conference, Boise, Idaho.
- Knutz, M. 2006. Kids @ Computers. National Association of Extension 4-H Agents Conference, Milwaukee, Wisconsin.
- Knutz, M. and V. Bourdeau. 2006. Project WILD: A Resource to Provide Camp Counselors with Leadership Opportunities. National Association of Extension 4-H Agents Conference, Milwaukee, Wisconsin.
- Knutz, M., B. Hobbs, M. Magaña, and J. Nagele. 2006. 4-H and the Latino Community: Developing Successful Programs. National Association of Extension 4-H Agent Conference, Milwaukee, Wisconsin.
- Knutz, M., L. Conroy, W. Hein, **M. Knutz**, M. Magaña, and D. Martin. 2005. How to Start a 4-H GPS/GIS Project. National Association of Extension 4-H Agent Conference, Seattle, Washington.
- Knutz, M. and J. Brandt. 2005. The Effect of Participation of Youth in Camp Counselor, National Association of Extension 4-H Agent Conference, Seattle, Washington.
- Knutz, M. 2005. 4-H & Homeschoolers: A Winning Combination. National Association of Extension 4-H Agent Conference, Seattle, Washington.
- Garst, B., V. Bourdeau, and **M. Knutz**, 2003. Incorporating American Indian Images & Culture into 4-H. Galaxy II Conference, Salt Lake City, Utah.

### State

- Knutz, M. and I. Teixeira. 2024. Setting Goals. UI Extension Annual Conference, Moscow, Idaho.
- Knutz, M. 2023. Communicating Extension Impact. UI Extension Annual Conference, Sun Valley, Idaho.
- Knutz, M. 2018. Community Partnerships and Grant Funding. Oregon State University Extension Annual Conference, Corvallis, Oregon.
- Knutz, M. and S. Northway. 2016. Top Brain/Bottom Brain, Oregon State University Extension 4-H & Family Community Health Spring Conference, Portland, Oregon.
- Hosty, M., B. Brody, **M. Knutz**, S. Northway, J. Rudolph, and L. Caruso. 2016. Get Financially Fit. Oregon State University Extension 4-H & Family Community Health Spring Conference, Portland, Oregon.
- Knutz, M. and Brody, B. 2015. How is your Emotional Intelligence (EI)? Maximize Team Performance with EI. Oregon State University Extension 4-H & Family Community Health Spring Conference, Portland, Oregon.
- Knutz, M. and L. Black. 2013. Understanding the Teen Brain. Oregon State University Extension 4-H & Family Community Health Spring Conference, Portland, Oregon.
- Curiel, C. and **M. Knutz**. 2012. Using Robotics in Afterschool Programs. Oregon State University Extension 4-H & Family Community Health Spring Conference, Wilsonville, Oregon.
- Knutz, M. 2009. International Work in Extension, My Experience in Russia and Mexico. Oregon State University, Extension Annual Conference, Corvallis, Oregon.
- Knutz, M. 2004. Delivering Environmental Education to diverse groups in the community. Environmental Educators of Oregon Annual Conference, Clackamas, Oregon.
- Knutz, M., P. Dawson, R. Emmons, D. Nelson, J. Nagele, P. Olsen, and R. White. 2004. 4-H Afterschool Partnerships, Portland, Oregon.

### Grants and Contracts Awarded:

- Knutz, M. and J. Villagomez. Military Teen Adventure Camp. Purdue University, 2024, \$180,900.
- Knutz, M. 4-H Know Your Government Conference. Idaho Law Foundation, 2024, \$1,500.
- Knutz, M. and M. Fisher. Agriscience & Technology Pathways (ATP). National Food & Fiber Institute, 2023-2026, \$750,000.
- Knutz, M. 4-H Know Your Government Conference. Idaho Law Foundation, 2023, \$1,500.
- Knutz, M. Pollinator Habitat Program. National 4-H Council, 2022-2023, \$15,000.
- Knutz, M. 4-H Know Your Government Conference. Idaho Law Foundation, 2023, \$500.

Knutz, M. Robotics Program. Oregon Robotics Tournament Outreach Program, 2022, \$2,000.  
 Knutz, M. Robotics Program. First Federal, 2021, \$1,800.  
 Knutz, M. Robotics Program. Oregon 4-H Foundation, 2020, \$1,300.  
 Knutz, M. Farm to School Hub Coordinator. Oregon Department of Education, 2020, \$6,000. Knutz, M. Farm to School Nutrition Education Program. Oregon Department of Education, 2020, \$79,999.  
 Knutz, M. Healthy Kids Club Program. Providence Health, 2019, \$29,500.  
 Knutz, M. Computer Science Pathway Explorers. National 4-H Council, 2019, \$25,000.  
 Knutz, M. Outreach to underrepresented Populations. Oregon Community Foundation, 2019, \$15,000.  
 Knutz, M. and R. Davis. 4-H Shooting Sports Program. Yamhill Chapter of Oregon Hunters Association, 2019, \$1,500.  
 Knutz, M. and M. Hosty. Camp Leadership Training. Oregon 4-H Foundation, 2019, \$3,000.  
 Knutz, M. Summer Camp Program. Oregon 4-H Foundation, 2018, \$3,500.  
 Knutz, M. National 4-H Poultry & Egg Conference. Oregon 4-H Foundation, 2017, \$2,000.  
 Knutz, M. Summer Camp Program. Oregon 4-H Foundation, 2017, \$3,500.  
 Knutz, M. 4-H Camp Leadership Training. Oregon 4-H Foundation, 2017, \$2,426.

### **Honors and Awards:**

#### **National**

Knutz, M. National Association of Extension 4-H Youth Development Professionals, Meritorious Service Award, 2019.  
 Knutz, M., and M. Falcon. Epsilon Sigma Phi. Multi-Cultural/Diversity Award, 2016.  
 Knutz, M. National Association of Extension 4-H Youth Development Professionals, Distinguished Service Award, 2015.  
 Knutz, M. Epsilon Sigma Phi. Mid-Career Service Award, 2015.  
 Knutz, M. National Association Extension 4-H Youth Development Professionals, Achievement in Service Award, 2008.

#### **Regional and State**

Knutz, M., M. Arnold, G. Miner, J. Golden, A. Guin, K. Holmes, K. Campbell, M. Terry, S. Tiede, and M. Walker. National Association of Extension 4-H Youth Development Professionals, Excellence in Peer Professional Development Award, Western Region, 2024.  
 Knutz, M. Epsilon Sigma Phi Theta Chapter. Distinguished Service Award, 2024.  
 Knutz, M., M. Fisher, P. Wray, T. Miller, T. Tverdy, T. Carter, C. Lockard, A. Statz, and R. Baumgartner. Idaho Association of Extension 4-H Professionals, Excellence in Teen Programming, 2024.  
 Knutz, M., M. Arnold, G. Miner, J. Golden, A. Guin, K. Holmes, K. Campbell, M. Terry, S. Tiede, and M. Walker. Idaho Association of Extension 4-H Professionals, Excellence in Peer Professional Development, 2024.  
 Knutz, M., M. Arnold, A. Jepsen, A. Guin, B. Anderson, D. McDonald, J. Loble, R. Guidugli, and N. Hegland. National Association Extension 4-H Youth Development Professionals, Excellence in Peer Professional Development, 2022.  
 Knutz, M. and M. McCabe. National Association Extension 4-H Youth Development Professionals, Excellence in Camping, 2020.  
 Knutz, M. and M. McCabe. National Association Extension 4-H Youth Development Professionals, Excellence in Science, Technology, Engineering, and Math, 2020.  
 Knutz, M. National Association Extension 4-H Youth Development Professionals, Excellence in 4-H Volunteerism, 2019.  
 Knutz, M. and M. Falcon. National Association Extension 4-H Youth Development Professionals, Excellence In Healthy Living Program Award, 2016.  
 Knutz, M. National Association Extension 4-H Youth Development Professionals. Excellence, Excellence in 4-H Club Support Award, 2013.

### **SERVICE:**

#### **Major Committee Assignments:**

**National:**

Program Leaders Working Group, 4-H Positive Youth Development Committee, 2022-present  
 Professional Development Co-chair, 2022-Present  
 4-H Positive Youth Development Academy: Foundations of Positive Youth Development for 4-H Professionals Planning Committee, 2023 and 2024  
 Positive Youth Development Spotlight Day Planning Committee, 2023  
 4-H Positive Youth Development Academy: Foundations of Positive Youth Development for 4-H Professionals Planning Committee, 2023  
 Program Leaders Working Group, Advancing the 4-H Thriving Model Taskforce, 2019-2022  
 Professional Development Co-chair  
 National 4-H Positive Youth Development Academy virtual webinar series Planning Committee, 2022  
 Youth Response Co-Chair  
 Joint Council of Extension Professionals Public Issues Leadership Development Conference Planning Committee, 2022, Past Chair, Washington, DC  
 Joint Council of Extension Professionals Board Member, 2020-2022.  
 National 4-H Positive Youth Development Academy virtual webinar Planning Committee, 2021  
 State Reflections, Co-Chair

**University:**

Search Committee for the Dean of the College of Public Health and Human Sciences, Member, 2015-2016

**College:**

CALS University of Idaho Extension CAFE Discovery Center Design Committee, 2021-2022  
 College of Public Health and Human Sciences Strategic Plan Task Force, Member, 2018-2019  
 College of Public Health and Human Sciences Promotion and Tenure Committee, Member, 2015-2018  
 Extension College of Public Health and Human Sciences Scholarship Task Force, Member, 2017

**Extension:**

University of Idaho Extension Northern District Area Extension Educator Search Committee, 2023  
 University of Idaho Extension Twin Falls County 4-H Juntos Coordinator Search Committee Chair, 2022  
 University of Idaho Extension Twin Falls County 4-H Educator Search Committee, 2022  
 University of Idaho Extension 4-H Youth Development Program Review Committee, 2021-2022  
 University of Idaho Extension 4-H, Fast Track Reviewer, 2022  
 4-H Faculty Mentoring Program, Mentor, 2016-2021  
 Oregon 4-H Thriving Model Taskforce, Chair, 2019-2021  
 Lane County 4-H Program Educator Search Committee, 2020  
 Oregon 4-H Program Strategic Planning Committee, 2017  
 Yamhill County Extension Office Manager Search Committee Chair, 2015

**Professional and Scholarly Organizations:**

National Association of Extension 4-H Youth Development Professionals, 2001-present  
 Professional Development Chair, 2023-2025

Idaho Association of Extension 4-H Youth Development Professionals, 2021-present  
 2024 NAE4-HYDP Conference Promotions Committee, 2024  
 PNW 4-H Youth Professional Conference, Co-chair, 2023

National Epsilon Sigma Phi, 2009-present  
 Membership Recruitment and Retention Committee, 2023-present  
 Past President, 2020-2021  
 Urban & Diverse Audiences Affinity Group (Liaisons), 2018-2021  
 Public Issue Committee Chair, 2020-2021  
 President, 2019-2020  
 Vice President, 2018-2019

Resources, Development, and Management Committee Chair, 2017-2019  
 2<sup>nd</sup> Vice President, 2017-2018  
 Chapter Relations Committee Chair, 2017-2018

Idaho Theta Chapter of Epsilon Sigma Phi, 2021-present  
 Membership Recruitment and Retention Committee member, 2023-present

Joint Council of Extension Professionals, 2001-present  
 Board Member, 2019-2022  
 Public Issue Leadership Development Conference Committee, 2018-2022  
 Conference Co-Chair, 2020-2021  
 Conference Co-Chair Elect, 2019-2020  
 Extension Leadership Conference Committee, 2018-2019

### **Outreach Service:**

#### **Classes, Workshops, Seminars, Share Fairs and Tours Organized:**

Knutz, M., T. Tverdy, M. Fisher, T. Miller. Idaho 4-H LEADS Steering Committee, Boise, Idaho, 2024.

Tiede, S., S. Femrite, A. Elpers, J. Farella, S. Femrite, S. Ferrari, M. Knutz, P. Wray, J. Murray, X. Bell, T. Cowger, D. Vandevoort, A. Benes, K. Oberstadt, J. Golden, T. De La Vega, A. Maille, and M. Arnold. 2024. Foundations of Positive Youth Development for 4-H Professionals. Online

Shelstad, N., C. Sponseller, M. Knutz, P. Wray, T. Goetz, R. Baumgartner. Idaho 4-H In-service. 2024.  
 Knutz, M. Idaho's Teen delegation facilitator (14 youth, 4 adults), Ignite by 4-H National Teen Summit, Washington D.C. 2024.

Knutz, M., T. Tverdy, T. Roland, T. Balderrama, and C. Vaughn. Idaho 4-H Know Your Government Conference Steering Committee, Boise, Idaho, 2024.

Knutz, M., T. Tverdy G. Silkwood, J. Van Buren, and P. Wray. Idaho 4-H State Teen Association Convention Steering Committee, Boise, Idaho, 2024.

Knutz, M., T. Tverdy, D. Callister, T. Roland, E. Rodgers, C. Vaughan, T. Balderrama. Idaho 4-H Know Your Government Conference, Boise, Idaho, 2024.

Arnold, M., K. Campbell, K. Deighan, A. Elpers, J. Farella, S. Femrite, S. Ferrari, J. Golden, R. Guidugli, **M. Knutz**, A. Lang, A. Maille, K. Ouellette, M. Sarver, S. Tiede, P. Whiten. 2023. 4-H Positive Youth Development Academy: Foundations of Positive Youth Development for Early Career 4-H Professionals. Online

Arnold, M., K. Campbell, J. Golden, A. Guin, K. Holmes, **M. Knutz**, S. McClaskey, G. Miner, M. Terry, S. Tiede, and W. Walker. 2023. 4-H Positive Youth Development Spotlight Day. Pittsburgh, Pennsylvania.

Knutz, M. Kimberly Research & Extension Center & Chobani Plant Tour. Central District 4-H Staff, Kimberly, Idaho, 2023.

Knutz, M., T. Tverdy, M. Fisher, T. Miller, C. Carter, T. Toomey, A. Statz, C. Lockard, and R. Baumgartner. Idaho 4-H LEAD Summit, Cascade, Idaho, 2023.

Knutz, M., Idaho's Teen delegation facilitator (10 youth, 2 adults), Ignite by 4-H National Teen Summit, Washington D.C. 2023. Coordinator.

Knutz, M., T. Tverdy, G. Wittman, P. Wray, K. Pierce, and G. Silkwood, Idaho State Teen Association Convention, Moscow, Idaho, 2023.

Knutz, M., T. Tverdy, D. Callister, T. Roland, and C. Vaughn, Idaho 4-H Know Your Government Conference, Boise, Idaho, 2023.

Knutz, M., T. Tverdy, D. Callister, T. Roland, E. Rodgers, and C. Vaughan. Idaho 4-H Know Your Government Conference Steering Committee, Boise, Idaho, 2023.

Knutz, M., D. Miller, T. Tverdy, C. Sponseller, N. Tienhaara, G. Silkwood, G. Wittman, T. Miller, M. Toomey, and R. Baumgartner. Pacific Northwest 4-H Conference, Boise, Idaho, 2023.

Knutz, M. Computer Applications (MS Teams, MS Forms, Canva) Training. Central District 4-H Staff, Shoshone, Idaho, 2023.

Knutz, M. Building Fences – Youth Emotional Wellness. Central District 4-H Staff, Burley, Idaho,

2023.

- Knutz, M. T. Tverdy, T. Miller, C. Carter, M. Toomey, A. Statz, C. Lockard, G. Silkwood, R. Baumgartner, P. Wray, and S. Nomee. Idaho 4-H Teen Focus Group, Boise, Idaho, 2022.
- Knutz, M. Hagerman Fish Culture Experiment Station Tour. Central District 4-H Staff. Hagerman, Idaho, 2022.
- Arnold, M., J. Golden, **M. Knutz**, et al. The 4-H Positive Youth Development Virtual Academy. National 4-H Council and Program Leaders Working Group, Webinar, 2022.
- Knutz, M., T. Tverdy, G. Wittman, P. Wray, K. Pierce, and G. Silkwood. Idaho State Teen Association Convention, Moscow, Idaho, 2022.
- Knutz, M., T. Balderama, D. Callister, C. Vaughan, and A. Taggart. Idaho 4-H Know Youth Government Conference. Boise, Idaho. 2022.
- Knutz, M., G. Manker, J. McShane, and D. Urieta. National Juntos Training. Twin Falls, Idaho. 2022.
- Knutz, M., T. Tverdy, G. Wittman, P. Wray, K. Pierce, G. Silkwood. Idaho State Teen Association Convention Steering Committee Meeting, Boise, Idaho, 2022.
- Arnold, M., **M. Knutz**, et al. The 4-H Positive Youth Development Virtual Academy. National 4-H Council and Program Leaders Working Group, National Webinar, 2021.
- Arnold, M., **M. Knutz**, J. Lingard, and M. Walker. Impact of COVID-19: Helping Youth Thrive. National 4-H Council & Program Leaders Working Group, Webinar, 2020.

#### **Interview Articles:**

- Knutz, M. Firsthand Lessons in Government, University of Idaho Extension. April 2024.  
<https://www.uidaho.edu/extension/news/story/2024/know-your-government>
- Knutz, M. and M. Fisher. Grant Teaching 4-Hers Ag Science, Tech. 4-H Matters, University of Idaho Extension. November 2023.
- Knutz, M. and M. Fisher. Grant to help UI Extension promote ag science skills, careers. Idaho Farm Bureau Federation. December 20, 2023.
- Knutz, M. and M. Fisher. U of I's 4-H Grant: Nurturing Tomorrow's STEM Trailblazers. Pacific Northwest Farm Network. December 20, 2023.

#### **Media presentations:**

- Knutz, M. Introduction to Idaho 4-H LEADS, Idaho 4-H Roundup Podcast. September 4, 2023.
- Knutz, M. 2020. Healthy Kids Club addresses food insecurity through home cooking skills.  
<https://ourimpact.oregonstate.edu/story/healthy-kids-club-addresses-food-insecurity-through-home-cooking-skills>.
- Knutz, M. 2020. On a Time for Grit. Oregon State University Extension 4-H, Helping Youth Thrive Blog. <https://blogs.oregonstate.edu/youththriving/on-a-time-for-grit/>.
- Knutz, M. 2020. On the Power of Growth Mindset. Oregon State University Extension 4-H, Helping Youth Thrive Blog. <https://blogs.oregonstate.edu/youththriving/on-the-power-of-a-growth-mindset/>.
- Knutz, M. 2019. On Hands to Larger Service. OSU Extension 4-H Practitioner Tip Tuesday. <https://blogs.oregonstate.edu/youththriving/on-hands-to-larger-service/>.

#### **Judging:**

- Leadership 4-H Project Interviews, Twin Falls County, Idaho, 2024.
- Agriculture college student presentation evaluations, North American Colleges and Teachers of Agriculture Conference, Twin Falls, Idaho, 2024.

#### **Review Activities:**

- Promotion and tenure review, West Virginia University, 2024.
- Removing Barriers to Create Sustainable Leaders in Extension: The Odyssey of Leadership Development. Journal of Extension, 2023. <https://tigerprints.clemson.edu/joe/>
- Promotion and tenure external reviewer, The Ohio State University, 2023.
- Critical Competencies of 4-H Camp Staff for Achieving High Performance, Journal of Extension, 2022. <https://tigerprints.clemson.edu/joe/>
- Promotion and tenure review, Utah State University, 2022.
- Promotion and tenure review, Oregon State University, 2022.

University of Idaho Extension Publishing, FastTrack reviewer. 2022, one publication.  
 Promotion and tenure review, University of Florida, 2021.  
 Ohio State University Extension Publishing, external reviewer. 2019.

## **PROFESSIONAL DEVELOPMENT:**

### **Outreach:**

National Association of Extension 4-H Youth Development Professional Conference.

- Boise, Idaho. October 2024
- Pittsburg, Pennsylvania. October 2023.
- Memphis, Tennessee. October 2021.
- Virtual. 2020.
- White Sulphur Springs, West Virginia. 2019.

National Epsilon Sigma Phi Conference.

- Virginia Beach, Virginia. October 2024.
- Billings, Montana. September 2023.
- Branson, Missouri. September 2022.
- Savannah, Georgia. October 2021.
- Virtual, October 2020.
- Colorado Springs, Colorado. October 2019.
- Manhattan, Kansas. September 2018.

National Urban Extension Conference, National Urban Extension Leaders (NUEL). Nashville, Tennessee, 2024.

National Epsilon Sigma Phi Urban and Culturally Diverse Audiences Affinity Group. Working with people with disabilities. Webinar, December 2022.

Protection of Minors, Office of the State Board of Education, Boise, Idaho, 2024.

Public Issues Leadership Development Conference, Joint Council of Extension Professionals.

- Arlington, Virginia, April 2022.
- Virtual, 2021.
- Virtual, 2020.

Extension Leadership Conference, Joint Council of Extension Professionals.

- San Antonio, Texas. February 2020.
- San Antonio, Texas. February 2019.
- Orlando, Florida. February 2018.

University of Idaho 4-H Youth Development Program In-Service.

- Boise, Idaho. October 2024.
- Boise, Idaho. November 2023.
- Boise, Idaho. October 2022.
- Boise, Idaho. October 2021.

4-H Positive Youth Development Academy, National 4-H Council & Program Leaders Working Group. Virtual Webinar.

- May 2022.
- May 2021.

4-H Helping Youth Thrive During COVID-19. National 4-H Council, Virtual Webinar. November, 2020.

Pacific Northwest 4-H Youth Development Conference.

- Boise, Idaho. April 2023.
- Bend, Oregon. April 2019.

University of Idaho Extension Annual Conference.

- Moscow, Idaho. April 2024.
- Sun Valley, Idaho. April 2023.
- Moscow, Idaho. April 2022.

Oregon State University Extension Annual Conference, Corvallis, Oregon. 2019.

Western Extension Leadership Development Program, Phoenix, Arizona. 2005-2006.